



# Regional School Unit #34

## Alton, Bradley, and Old Town

### Special Education Department

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**December 13, 2021**

**Special Education Enrollment as of 12/13/2021: 355/1460 24%** of total enrollment

**Schools Attending:** Old Town Elementary, Viola Rand School, Alton Elementary, Leonard Middle School, Old Town High, Orono Middle School, Orono High School, Brewer Community School, Brewer Alternative Program, Bangor Regional Program, Stillwater Academy and Easter Seals, NH

**Referrals:** 33

### State Reports:

EF-S 04 a/b State Agency Client billing

### Professional Development/Updates/Links:

**Staff vacancies:** We are continuing to advertise for educational technicians in the district. We currently have 2 vacancies, K-12 with 2 more anticipated. The posting can be found on the RSU #34 website, ServingSchools.com and on Indeed. The positions were also shared at the RSU #34 job fair.

### Social and Emotional Learning Supports in RSU #34

Resiliency/Resilience: The capacity to recover quickly from difficulties: toughness.

Self-care Strategies for Youth:

- Make time for yourself
- Stay connected with loved ones and trusted friends
- Power Pose! Be Superman and Wonder Woman!
- Distract with a good book, music, or re-watching favorite Tv show/movies
- Find physical activity that is meaningful to YOU.

### Students currently being served:

Pathways-Jenny Metzger 21      Karen Grotton Pelletier- 21

Substance Abuse and Prevention Services- Tona Evans 5

Northern Light Hospital- Maranda Drouin 46      Shelly Dyer 26

**No matter how tired you feel, no matter how much you want to quit, no matter what obstacle is in your way, keep moving toward the vision you have for your future. ~ Jon Gordon**