

January 2023

NACS Bobcat Café

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Chicken Nuggets Dipping Sauces WGR Goldfish Macaroni & Cheese Carrot Coins Applesauce Milk Variety	4 Tacos W/ Meat Sauce WGR Tortilla Chips Lettuce, Tomatoes Cheese Lite Sour Cream Peaches Milk Variety	5 Brunch 4 Lunch E: French toast Sticks W/ Yogurt M/H: French toast Tornado Hash Brown Rounds Mandarin Oranges Milk Variety	6 E: Stuffed Crust Pizza M/H Specialty Pizza Carrot Sticks Cucumber Coins W/ Lite Ranch Apple Slices Milk Variety
9 Soft Baked Pretzel W/ Cheese Sauce Cheese Stick Green Beans Pears Milk Variety	10 Tacos W/ Meat Sauce WGR Tortilla Chips Lettuce, Tomatoes Cheese Lite Sour Cream Peaches Milk Variety	11 Michigan or Hot Dog On WGR roll Maple Bacon Baked Beans Baked French Fries Applesauce Milk Variety	12 Popcorn Chicken Mashed Potatoes W/ Gravy Steamed Corn WGR Dinner Roll Mixed Fruit Milk Variety	13 Personal Pan Pizza Carrot Sticks Cucumber Coins W/ Lite Ranch Apple Slices Milk Variety
16 No School (MLK Jr. Day)	17 Tacos W/ Meat Sauce WGR Tortilla Chips Lettuce, Tomatoes Cheese Lite Sour Cream Peaches Milk Variety	18 Mini Corn Dogs WGR Dinner Roll Maple Bacon Baked Beans Baked Smile Fries Mixed Fruit Milk Variety	19 Early Dismissal Chicken Patty On WGR Roll Cheese Slice Corn Applesauce Milk Variety	20 E: Stuffed Crust Pizza M/H Specialty Pizza Carrot Sticks Cucumber Coins W/ Lite Ranch Apple Slices Milk Variety
23 Chicken Tenders On WGR Wrap Lettuce, Tomato, Cheese Seasoned Rice W/ Mixed Vegetables Applesauce Milk Variety	24 Tacos W/ Meat Sauce WGR Tortilla Chips Lettuce, Tomatoes Cheese Lite Sour Cream Peaches Milk Variety	25 Meatball Sub WGR Roll Topped W/ Marinara Sauce & Mozzarella Cheese Baked French Fries Pears Milk Variety	26 Spaghetti W/ Meat Sauce WGR Dinner Roll Garden Salad Green Beans Pears Milk Variety	27 E: Stuffed Crust Pizza M/H Specialty Pizza Carrot Sticks Cucumber Coins W/ Lite Ranch Apple Slices Milk Variety
30 Chicken Nuggets Dipping Sauces WGR Goldfish Chicken Noodle Soup Carrot Coins Applesauce Milk Variety	31 Tacos W/ Meat Sauce WGR Tortilla Chips Lettuce, Tomatoes Cheese Lite Sour Cream Peaches Milk Variety	<div> <h3>Did you know?</h3> <p>As of January 3, 1959, Alaska officially became the 49th state of the United States.</p> </div>		

Daily Breakfast

Monday
 Cereal Bar
Tuesday
 Apple Cinnamon Muffin
Wednesday
 Mini Banana Bread Loaf
Thursday
 Blueberry Waffles
Friday
 Assorted Pop tarts

*Breakfast served with fruit
 or juice and 1% white milk
 M/W/F-Fruit
 T/TH- Juice

Available Daily

Elementary
 Chef Salad
 Chicken Wrap
 Lunch able:
 M/W/F- Chicken Nugget
 Lunch able
 T/TH- Pizza Lunch able
M/H
 Salad Bar-Chef or Garden
 Assorted Wraps-Meat or
 vegetable
 Assorted Subs
 Fruit Tray w/ Yogurt

*Each meal served with
 Fruit, vegetables and flavored
 or white milk

*Menu subject to change
 without notice

*This institution is an
 equal opportunity provider