

Do you need Food Stamps?



FNS is the name for Food Stamps in North Carolina. To apply, contact Emily Kraft with the Food Bank of Central & Eastern North Carolina.

***(910) 587-0995 or
ekraft@foodbankcenc.org***

HELPFUL ITEMS

- **Proof of ID**
- **Proof of Residency**
- **Proof of Income**
- **Proof of Immigration Status**
- **Proof of Medical Bills (for ages 60+ OR disabled individuals)**

