

December 13th - MJH Band Concert @ NCHS 7:00 pm

IESA Speech contest 5:00 MJH

Dates to Remember:

December 16 - 6th Grade Chicago Wolves Trip

NGS Christmas Carols (school celebration of the holidays)

December 17th - Dismiss for Holiday Break! 1:15 MJH; 1:30 NGS; Classroom parties End of Quarter 2

Dec. 18 - Jan 2 - Winter Break

January 3rd - Teacher Institute

January 4th - Students return; PTO meeting 6:00 pm

January 7th - Q2 Report Cards go home

January 14th - SIP Day 1:15 MJH/1:30 NGS dismissal

January 17th - No School - Martin Luther King, Jr. Day

January 18th - Board of Education Meeting 6:30 pm.

Download the Mobile APP! Search Newark CCSD 66, IL on Android or Apple.

ollow us on Facebook and Twitter and Instagram!

Website: www.ngsd66.org

Youtube channel: Newark School District

**District E-News** 

**December 10. 2021** 

## Newark CCSD 66

815.695.5143

www.ngsd66.org

Newark Families and Staff,

Thank you to Mrs. Hager for putting together the very fun That 70's Game Show Christmas Program last Thursday! We were so happy to have an in person performance. We were full with our families! Thank you for being flexible and supportive with our requests for limited persons in attendance. You can watch the video here you missed it: https://www.youtube.com/watch?v=OdJWz16KErg

The Holiday Penguin Patch store is this week at NGS. Preview day is Monday during PE classes. Students will bring home their wishlists and have the opportunity to buy presents for their families on Tuesday and Wednesday. The store closes on Wednesday. Thanks to our PTO moms for all of their help.

This is the last week before the holiday break and our last ENEWS for 2021! We have many learning activities planned this week to celebrate. Be sure to check your classroom newsletters for K - 4 and the pages below for MJH activities.

Good luck to our boys' basketball team as they play their final tournament of the year. We celebrated our 8th grade boys and their families last Tuesday. Did you see their pictures on our Facebook page?

Daddy Daughter dance is in the planning stages, but we need your help! Will you attend if we have to wear masks? Please take the 1 - question survey here! https://forms.gle/3VQ4pwYKZqfKPxDL8

It's hard to expect our littles to dress in their 5 things when the weather is so inconsistent! Our 5 Things are: Coat, hat, gloves, snow pants, and winter boots. We recess outside every day. Hopefully - we can sled in snow after we return from the holidays!

If we ever get snow or the weather forces us to call school, our ELearning plan will be in place. We are finalizing times and classes and will post on our website and send out more information when we return from the holiday. Speaking of the holiday - on behalf of our entire Newark CCSD 66 family - we wish you and yours a very Merry Christmas and a healthy, safe, prosperous New Year! ENEWS will return on Sunday, January 2, 2021.

Don't forget to download our Mobile App and check out the website! Have a great week and Happy Holidays!! Partners in Education,

Mrs. Turman & Mrs. Rowe







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## MICCBROOK MINUTE:

12/13/2021

A One-Minute Read of Celebrations, News & Reminders for Millbrook Junior High Families

Celebrations: Tonight is our Band Concert! Seeing our student musicians' individual practice and group rehearsals come to that final performance is exciting! This week brings the end of our Boys Basketball and Cheer Team season. Congratulations to our athletes for sharing your talents and for learning and growing in your sport! Many thanks to our coaches for your time and commitment to our student athletes!

This week we also host our own Speech Team competition. We wish our team members great performances and good luck!

News: It's Christmas Spirit Week at MJH! Take a look at the information here in ENews for details about each day!

Sports pictures will take place on Monday! Boys Basketball, Cheer Team and Speech Team will have pictures taken. Send those uniforms!

**Reminders:** This week will be a warmer than usual week. Students still need to dress for the colder morning temperatures. Jackets, long pants and appropriate shoes are expected for all. Also, students should check Lost and Found this week for those missing sweatshirts, jackets, lunchboxes, water bottles, books -- oh, the list goes on! Anything left in Lost and Found on Friday will be donated to charity.

This Friday (12/17) is the end of 2nd Quarter grading. Check TeacherEase and contact teachers with any questions before grades are finalized. Have a very Merry Christmas and a Happy New Year celebration, from all of us at Millbrook Junior High! Jingle, Jingle, Jingle, - Mrs. Rowe

# Millbrook Junior High School Activities Update December 13 - 17 2021

Reminder to self-certify COVID symptoms everyday! Call the school if your child has a fever 100.4 or higher or any other symptoms by 6:30 for bus riders and 7:45 for drop offs.

Mon, Dec. 13 8th Graders report to NCHS for Spanish I and Algebra I 8am

Winter Sports Pictures -- Boys Basketball, Cheer Team, Speech Team -BRING UNIFORMS

Winter Band Concert for 5th - 8th @ NCHS 7:00 pm

Tues, Dec. 14 8th Graders report to NCHS for Spanish I and Algebra I 8am

Jr. 10 BBB tournament at Paw Paw 6:30 pm - no bus

Annie Jr. Rehearsal - 3-5pm

IESA Speech Contest @ MJH 5:00 pm

Board of Education Meeting @ MJH 6:30pm

Wed, Dec. 15 8th Graders report to NCHS for Spanish I and Algebra I 8am

Jr. 10 BBB tournament at Paw Paw 6:30 pm - no bus (with win on Tuesday)

7th/8th Girls Basketball Open Gym 3:00-4:00

Annie Jr. Rehearsal 3-5pm

Thurs, Dec. 16 8th Graders report to MJH 8am

Jr. 10 BBB tournament at Paw Paw 6:30 pm - no bus (with win on Wednesday)

Annie Jr. Rehearsal 3-5pm

Fri, Dec. 17 8th Graders report to NCHS for Spanish I and Algebra I 8am

Dismiss at 1:15 pm for Winter Break

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# MJH Student Council Presents Spirit Week!



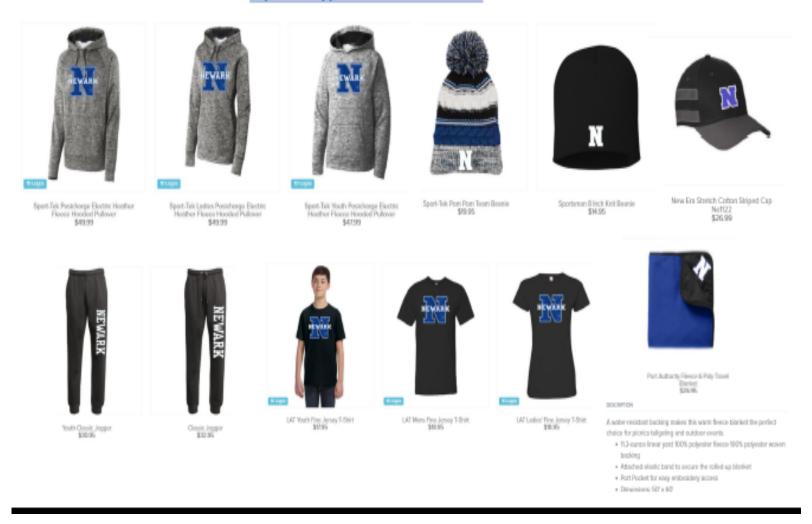
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# Newark Sports Boosters Sportswear Sale

Online store closes: Monday, December 13, 2021

## https://msbapparel21-22.itemorder.com/



Link to order sports boosters apparel - The online store closes on Monday, December 13. Orders should be ready for Christmas!

### https://msbapparel21-22.itemorder.com/

Don't forget the Sports Boosters Valentine Raffle Tickets! Any MJH student in activities has tickets to sell. \$10 each. Winners everyday in February! 1 - \$500 winner!

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District COVID19 data will be reported weekly:

Note: we only report our students and staff employed with the district. If a family member is COVID positive, that results in a healthy quarantine for a staff or students.

Staff members who are not vaccinated are tested weekly.

Week ending	Positive Reported District Cases	% of Population	# in Healthy Quarantine	# Test to Stay (properly masked)	% of Population	Staff/Students- 256
8/27/21	1	<1%	1		<1	1 staff
9/3/21	0	0	5		<1	0
9/10/21	1	<1%	13		5%	1 student
9/17/21	0	0	5		<1%	0
9/24/21	2	<1%	10		4%	2 students
10/1/21	0	0	11		4%	0
10/8/21	0	0	6		1%	0
10/15/21	2	<1%	5		1%	2 students
10/22/21	0	0	1		<1%	0
10/29/21	0	0	5		1%	0
11/5/21	2	<1%	9		1%	2 students
11/12/21	5	2%	19	8	11%	5 students
11/19/21	3	2%	32	6	15%	3 students
11/26/21	4	2%	19	0	11%	4 students
12/3/21	2	1%	3	2	2%	1 student; 1 staff
12/10/21	1	<1%	3	2	2%	1 student
12/17/21						



# Teacher Ease Daily Symptom Checks in Teacher Ease

Part of our back to school mitigation plan includes the parent responsibility of daily symptom checks in your Teacherease Portal. You should see the link below when you login. Please click on it and then answer the questions for each child in the morning. Thank you for your help and support as we try to keep everyone safe and healthy.

COVID-19 Screenings

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# December 2021

# What is happening in PTO

- 12/7 PTO Meeting 6pm @ NGS
- 12/8- Time to Dine @ Rosatti's in Yorkville 4pm-8pm (bring flyer with you)



HAT AND MITTEN DRIVE -SEE FLYER ATTACHED

PENGUIN PATCH HOLIDAY SHOPPE .2/13 - 12/15 SEE FLYER ATTACHED





SILENT AUCTION &50/50 RAFFLE AT THE HOLIDAY CONCERT ON 12/9

PARENTS NIGHT OUT - MOVIE NIGHT FOR KIDS 12/10 - FORMS DUE 12/3
SEE FLYER ATTACHED



PTO wishes everyone a very Merry Christmas and a safe and Happy New Year

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## **Wellness Weekly**

#### Protecting Your Mental Health and Well-being during the Holidays

Excerpted from an article by Tim Newman, printed November 19, 2018, on https://www.medicalnewstoday.com/articles/323598

As the holiday season approaches many people experience feelings both of eager anticipation but also of dread, anxiety and fatigue. There are gifts to buy, family to visit, meals to cook, and events to plan and attend. Time is limited and money is tight. Many people have stressful lives before the added pressures of the holiday season; sometimes, the extra cognitive weight can leave people feeling overwhelmed and exhausted. In this brief article there are seven simple tips that might help a person keep their mental well-being intact across this year's festive season.

#### 1. A family affair

If you find your family challenging to be around, you are not alone. Make sure you set boundaries early on — stay for 1 night instead of two or three, for instance. If you are hosting an event, you can set boundaries before the event. Perhaps only one or two alcoholic beverages will be consumed by each guest; or the party will be over by 10:00 or 11:00 instead of "whenever".

Instead of busting a gut trying to visit every relative across multiple states, limit who you go to see. Make apologies in advance to those who you might miss, and save yourself that 12-hour round trip. This goes for all aspects of holiday planning: be realistic. Don't take on more than is comfortable. Not even a super hero could plan the office party, a family party, and the school Christmas play; then cook Christmas dinner, buy gifts for everyone, and still be smiling.

Don't be afraid to say "no" to some people; they probably won't mind — they might even be relieved. If you do have to travel long distances, build in some wriggle room with the timings— if you expect delays, they won't seem quite as stressful in the likely event that they crop up.

#### 2. Planning cash flow

It is very difficult to avoid spending too much money during Christmas. Gifts, food, drink, outings, guests, more food, more gifts; it quickly mounts up. Although many people know they are likely to overspend during the holiday period, very few make sensible plans in advance.

This year, try to set a reasonable <u>budget</u> that you think you can stick to. Wherever possible, only spend cash or use a debit card. Credit cards might seem like a good idea when you are in full festive flow, but we all know they can come back to haunt us in the doldrums of January. When you do use a credit card, always pay the full amount owed each month to avoid costly and unnecessary interest payments.

#### 3. Alcohol overload

There are many opportunities to drink alcohol over the holidays. Before the festivities begin, remind yourself that you do not have to drink alcohol at every single event.

Try to make a plan before you arrive; decide what you will drink and when, and stick to it.

Perhaps decide to make every other drink a nonalcoholic drink. Pace yourself. This can be more difficult than it sounds, but it is worth it.

Excess alcohol often causes interpersonal problems that wouldn't have arisen otherwise, especially when people are feeling more stressed than usual.

During the aftermath of a night out, dealing with relatives or making plans might be much more challenging and stressful than they would have been otherwise.

Alcohol feels like it reduces stress at the time but, in the long run, it might make things worse.

#### 4. Calorie overload

There is no point pretending that we are going to stick to a pure and healthful eating regime for the entire holiday period. Anyone who can maintain dietary goals throughout the season receives a gold star but, for most people, it's just not a reasonable ask.

Don't put too much pressure on yourself to eat healthfully for the duration of the holidays. At the same time, make solid attempts to moderate yourself. Choose the more healthful option now and again, and don't go back for second helpings.

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The guilt of falling off the wagon can really dent our happiness and confidence. Attempting to minimize this guilt will help your sense of mental well-being both during the holidays and well into the days and weeks that follow.

#### 5. Don't let it all slide

Exercise routines tend to go out of the window, too. This, to a certain extent, is both understandable and acceptable. We all need to take our foot off of the gas at some point during the year, so it may as well be while the weather is awful and there are plenty of good movies on the television.

Share on PinterestJust being in nature can lift your spirits.

That said, exercise is a great way to sharpen the mind and lift a person's mood.

This is the time of year when we most need a boost, yet most of us cut out physical activities entirely.

Be sure to cut yourself some slack, but also make sure to get some exercise when you can. Even light exercise, such as <u>walking</u>, can be enough to stave off the festive blues.

If you can, get out into nature; so-called green exercise has been shown to boost self-esteem and improve mood.

6. Approaching Ioneliness and Ioss

Not everyone struggles with an overly busy calendar during the holidays. For some people, it can be a lonely, isolated time.

To beat this, planning is necessary. There are plenty of things to do; it is just a matter of looking around and diving in. You could join a group, start a new hobby, or, even better, volunteer for a local charity.

For many of us, the holiday season can be a reminder of loved ones we have lost. Starting new traditions can be a useful way to turn this into a positive. Perhaps consider incorporating that particular loved ones' interests into the new tradition to help keep their memory alive.

It's also a good idea to seek out people who are going through a similar experience; they will understand and might be able to offer advice, or simply a listening ear.

#### 7. Manage your expectations

When we daydream about the holiday season, we might picture a harmonious, well-dressed, gleeful family sitting at a beautiful oak table, a huge Christmas tree, and a roaring open fire. That, sadly, is unlikely to match reality.

Before the celebrations begin, be realistic. Mental well-being can take a substantial hit if the reality doesn't match up with our preconceived ideas. However, if we have realistic expectations, we are much more likely to be happy with the results.

We do not live in a movie; we inhabit the real world — a messy, unpredictable world; expect less and roll with the punches.

#### The take-home message

Sadly, as is often the case, moderation is key. When approaching food and drink, exercise some reserve; when people expect too much from you, push back; if being with family stresses you out, limit the time you spend with them. All of the above are simple in theory but can be difficult in practice. Setting yourself some guidelines ahead of time might do a world of good. Happy holidays.

#### Resources:

Holiday budgeting: https://www.thebalance.com/how-to-stick-to-vour-holiday-budget-2385688

Boundary setting: <u>Boundaries</u>, by Henry Cloud and John Townsend, <u>https://www.amazon.com/Boundaries-When-Take-Control-Your/dp/0310247454</u>

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Guess Who's Coming to Our School...

# Penguin Patch KIDS' HOLIDAY SHOP

## Dear Parents,

Your child will be receiving a very special gift this holiday season...the joy of giving! Your awesome school volunteers will be hosting a Penguin Patch Holiday Shop during the school day. Students will have the chance to select gifts for their loved ones, wrap it up and have it just in time for the holidays.

## Create a memorable experience for your child... and for you!

- 1. Plan and budget with your child using the money envelope provided.
- 2. Every gift is inexpensive, with kid-friendly pricing from 25¢ to \$12.
- Join the fun and excitement Sign up at your school to volunteer during the Penguin Patch Holiday Shop \*.



# Be sure to ask your child why they chose a particular item... their response will be the real gift!

"Mommy I know how sad you were when you lost your wedding ring in the sand in Florida. You cried for a long time when we couldn't find it and I wanted to help you feel happy again, so I picked out a diamond ring. Now daddy doesn't have to buy you a new one!"

 Samantha Cooper Mom to Sadie, Lincoln and Jack Katy, Texas

## Adivina quien viene a nuestra escuela...

# Padres de familia,

Su hijo(a) estara recibiendo un regalo muy especial esta temporada festiva... la felicidad de compartir! Sus excelentes voluntarios de la escuela los atenderan en el Penguin Patch Holiday Shop durante el dia de escuela. Los estudiantes tendran la oportunidad de seleccionar regalos para sus seres queridos, envolverlos y tenerlos justo a tiempo para los dias festivos.

#### CREA UNA EXPERIENCIA MEMORABLE PARA TU HIJO(A)... Y PARA TI!

- 1. Ten un plan y presupuesto con tu hijo usando el sobre de dinero que se entregara.
- 2. Cada regalo no es caro, con precios amigables para tu hijo(a) desde 25c a \$12.
- Unete a la diversion y entretenimiento inscribete en tu escuela como voluntario durante el evento de Penguin Patch Holiday Shop \*.

# Pregunta a tu hijo(a) por que decidio ese articulo en particular...Su respesta sera el regalo real!

"Mami yo se como te sentiste triste cuando perdiste el anillo de boda en la arena en Florida. Lloraste por mucho tiempo cuando nosotros no pudimos encontrarlo y yo quiero ayudar a que te sientas feliz otra vez, Yo escogi un anillo de diamante. Ahora papi no tendra que comprar uno nuevo!"

SamanthaCooper Mama a Sadie, Lincoln y Jack Katy, Texas



11/5/2021

Newark-Millbrook PTO 503 Chicago Rd Newark, Il 60541

Dear Parents,

We are writing you on behalf of the Newark-Millbrook PTO to request donations for our annual Daddy/Daughter Dance scheduled for March 5, 2022. The donations collected to make the baskets and the sales of the tickets will go towards repairs to the school playground equipment, classroom supplies, and other essential educational materials for both the Newark Grade School and Millbrook Junior High.

We are creating gift baskets filled with fun merchandise, gift cards and services generously donated by local businesses (or parent donations) that will be part of the raffle ticket fundraiser at the event.

Should you make a cash donation or donation of goods or services, your business will be recognized at the Daddy/Daughter Dance as well as in the school newsletter. We will also provide a donation receipt letter with the PTO's tax exempt ID number for your records.

Donations can be sent directly to Newark Grade School, or we can pick-up at your convenience. We ask that donations are received no later than Monday, January 31, 2022. If you have any questions or need further information, please contact either Gilly Fordyce or Amber Schmitt.

On behalf of the students, parents, and faculty of Newark Grade School and Millbrook Junior High, thank you for your consideration.

Sincerely,

Gilly Fordyce PTO President gillyfordyce@gmail.com Amber Schmitt PTO Vice President aschmitt99@yahoo.com



GET YOUR FUNK ON AT OUR ANNUAL DADDY DAUGHTER DANCE 80'S STYLE

SATURDAY, MARCH 5TH, 2022 6:00PM - 8:00PM

OPEN TO NEWARK/MILLBROOK AND LISBON SCHOOLS



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#### New for 2021: Parent Portal and Video Individual Score Reports

Illinois Assessment of Readiness for English Language Arts/Literacy (ELA/L) and Mathematics

Dear Parent or Guardian:

Newark CCSD 66) is pleased to inform you of a new and innovative method for presenting your student Illinois Assessment of Readiness (IAR) test results.

- IAR Parent Portal Introducing https://il-results.pearsonaccessnext.com, where you can access individual student results and resources to support everything you need to know about your child's performance on the Illinois Assessment of Readiness for English Language Arts and Math. This portal also allows you to add your student's Spring 2021 test results to your user account and access them in the future.
- Video Individual Score Reports (Video ISRs) Video ISRs are personalized videos created specifically for your student that walk through the information presented on their student's score report. Delivered via the IAR Parent Portal, video ISRs combine student-specific animation and voiceovers to help you better understand your student's assessment results and direct you to resources that are tailored for your student's needs. We encourage you to watch these videos with your child and discuss any questions with your student's teacher.

As in the past, you will continue to receive paper copies of the Individual Student Reports (ISRs). However, new this year, included on the ISR, will be an individual claim code unique to your student. With this code you will be able to securely access your student's test results in the IAR Parent Portal.

The IAR Parent Portal and Video Individual Score Reports will be available October 26, 2021.

We are excited about the opportunity to strengthen our efforts with you to effectively communicate your student's performance on the Illinois Assessment of Readiness.

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#### Newark CCSD 66 | 2021-2022 CALENDAR

4 Independence Day

JULY '21										
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11	12	13	14	15	16	17				
18	19	20	21	22	23	24				
25	26	27	28	29	30	31				

- 3 Teacher Institute
  4 Students return
  14 SIP 1:15/1:30
  17 M.L. King Day No School

3 – late registration 1:00 – 6:00 pm

. 16 Teacher Institute 17 Teacher Institute

18 First Day of Student attendance

	AUGUST '21											
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29	30	31										

FEBRUARY '22

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6 7 8 9 10 11 12

13 14 15 16 17 18 19

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27 28

18 SIP 11:15 /11:30 21 Presidents' Day – No School

6 Labor Day No School 9 SIP day 11:15/11:30

	SEPTEMBER '21									
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26	27	28	29	30						

18 SIP 1:15/1:30 21 – 25 Spring Break 28 School resumes

8 Teacher Institute 11 Columbus Day – No School

20 PT conferences 4 – 7 21 1:15/1:30 Dismissal

PT conferences 2 – 7

22 No School

31 Halloween

	OCTOBER '21											
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10 11 12 13 14 15 16

17 18 19 20 21 22 23

24 25 26 27 28 29 30

15 Good Friday – No School
17 Easter Sunday
18 No School – East Monday

29 SIP 11:15/ 11:30

23 SIP day 1:15/1:30

24 No School

25 Thanksgiving Day

26 No School

	NOVEMBER '21											
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08 Mother's Day 11 SIP 1:15/1:30 27 Last Day of Student Attendance 1:30 dismiss 30 Memorial's Day

17 SIP Day 1:15/1:30 20 First Day of Winter Break 25 Christmas Day

	DECEMBER '21										
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19 20 21 22 23 24 25
26 27 28 29 30

19 Father's Day

Calendar Template © calendarlabs.com

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# **New Viking Spirit Wear**

PTO has partnered with a new Spirit Wear provider this year. All ordering will be done using the following website.

http://newarkvikings.company.site/

There will be no charge for shipping and all orders will be delivered to your child's school.

We are offering several new designs!



You can also find the link on our PTO Facebook page

Newark/Millbrook PTO