

# Herbert Green Parent Bulletin

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GOODBYE

NOVEMBER



HELLO

DECEMBER



## Principal's Message

November is one of my favorite months of the year. The temperature is finally where it is cold in the morning and beautiful during the day. The fall colors are in full swing, and the holidays that are focused on family and gratitude and caring are upon us. We have much to be grateful for here at Hebert Green. We have a wonderful, caring staff from our custodians, our librarian, our yard supervisors, our paraprofessionals, our office staff, our counselors, to all our teachers. I am grateful every day for the opportunity to work with all of them and I know your children are in good hands with them. We have supportive parents and community, with a giving and engaged PTO at the forefront, to which we all say thank you for all that you do to make Herbert Green Middle School a great place to be. Finally, we have incredible students, who challenge themselves every day to learn and be engaged as well as challenging us to become better people. They are why we are here every day!

We want to invite you to become more connected to Herbert Green Middle School. Please make sure our office has the correct email for you. You should receive email updates from us. If you don't, then we want to make sure that you do. For some of you, it may be that your email settings block our messages and for others, it may be that we do not have accurate information. Our website, <https://hg-mlusd-ca.schoolloop.com/>, has contact information as well as calendar information that you can use to help plan your year. We try to keep it up to date as well with our Newsletters and important information throughout the year. We are on Facebook as well, [www.facebook.com/HerbertGreenMiddleSchool](http://www.facebook.com/HerbertGreenMiddleSchool), and we post regular updates on there. Like us on Facebook and let your friends know about us, too!

Mary Beal

## Important Dates

**11/22-11/26—No School for Thanksgiving break**

**11/29—Return to School**

**12/3—PTO Holiday Movie 2:30-4:00 PM**

**12/7—Coffee with the Principals Zoom, 8:00 AM**

**12/7—Winter Band Recital, 6:00 PM**

**12/8—District Board Meeting, 5:00 PM**

**12/9—PTO Meeting, 6:00 PM**

**12/17—Minimum Day, 12:00 PM Dismissal**

**12/20-1/3—No School, Winter Break**

**1/4—Return to School**



A Message from the  
**PTO**



We have received word from Otis Spunkmeyer that due to the current shipping issues, our cookie dough will not be guaranteed to arrive until after the holidays. We understand that many planned on their arrival for holiday baking and more and we apologize for any inconvenience. Please be sure to communicate with those who ordered.



Don't forget that for just \$1.00, you can put a shout-out on the school marquee. Wish someone a happy birthday, tell them good luck or just say Hi! Proceeds are used to fund school-wide activities. Please contact the front office to place your marquee request.

# Happenings on Campus...

Last month, each Connections class participated in a Halloween Door Decorating Contest. After a school-wide tour of all doors and a vote by all students and staff, Ms. Wyant's Connections class were the winners! They received a donut party for their prize.



Mrs. Atkinson and the Leadership class put together a River of Kindness for our school. Students and staff all painted rocks in bright colors with positive words, quotes and affirmations on them. The rocks were then placed in a meandering pattern to mimic a flowing river in the bark near Room 9. It has become a bright, cheerful place on campus and was truly a school-wide effort!



## Save-the-Date!

PTO will be hosting a holiday movie "night" on Friday 12/3 from 2:30-4:30. More details to come as the date gets closer.



The 2nd installment of our student-run newspaper, The Herbert Green Chronicle, is now available on our website! Read all about our Spirit Week, activities on campus and the winning story of Horror Writing Contest in October by clicking here:



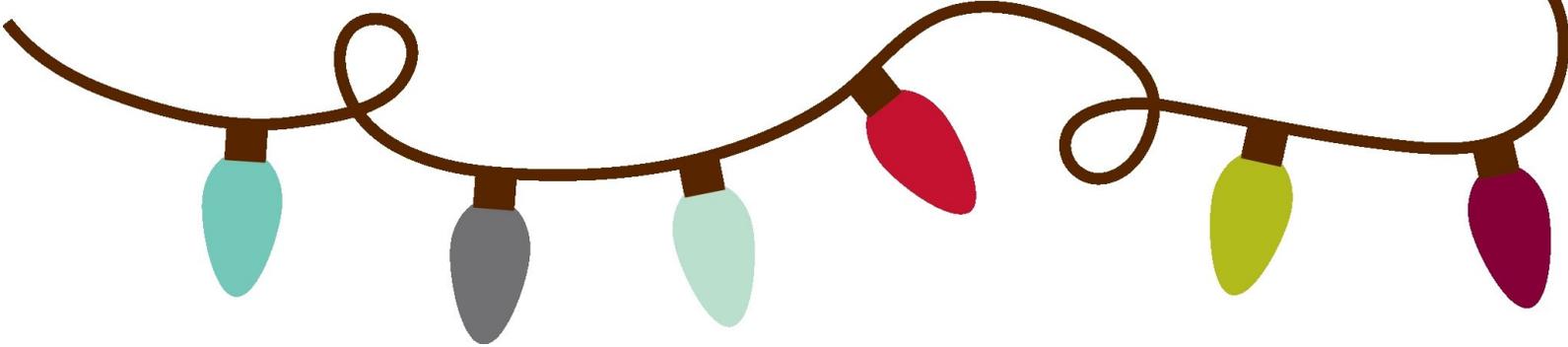
Please join us for the Herbert Green Winter Band Recital on Tuesday, December 7th at 6:00 pm. It will be held in the cafeteria and all are welcome!



October was National Principal's Month. To celebrate, our Connections classes each came up with words of appreciation for Principal Beal and Assistant Principal Dupree. They also made a huge collage of flowers. The flowers were decorated all around their office doors and have made the office a bright and cheery place to be. Thank you Mrs. Beal and Mr. Dupree for all that you do!

- The students and staff of HG

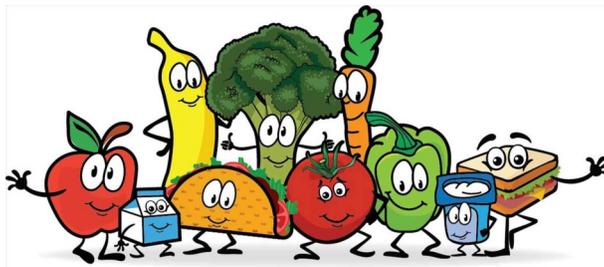




## From Nutrition Services...

Did you know that school cafeteria food is formulated differently than store-bought food. Manufacturers of school foodservice items use different recipes that include smaller serving size, fortification, whole grains, complex carbohydrates, and natural colors and flavors. Let's look at the Kellogg's Frosted Strawberry Pop-Tart:

Item	Store-bought	Cafeteria
Serving Size of 1 Pastry	52 grams	48 grams
Calories	200	170
Flour	Enriched Flour	51% Whole Wheat Flour
Sweetener	High Fructose Corn Syrup	<b>NO</b> High Fructose Corn Syrup
Coloring	Yellow #6, Blue #1	Vegetable Juice/Paprika Extract
Calcium	None	10% Daily Recommended Value



Mother Lode nutrition services participates in the Offer Versus Serve (OVS) program that is a concept that applies to menu planning and meal service. OVS allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of the program are to reduce food waste and allow students to choose the foods they want to eat.

### What Does Offer Vs. Serve Mean?

- o A school that is 'serve only', gives every component (fruit, vegetables, grains, meat, and milk) to every student purchasing a reimbursable meal.
- o A school that practices 'Offer Vs. Serve' offers every component to students as part of a reimbursable meal, but students are allowed to reject up to 2 components and still have a reimbursable meal. For a reimbursable meal, a student must take at least one serving of fruit or vegetable and 2 other components.

### Why participate in Offer Vs. Serve?

The purpose of offer vs. serve is to reduce plate waste and allow students a choice in what they wish to have for breakfast and lunch. However, the student may take every component offered.