
BRES WILDCAT NEWS

Kindness

Responsibility

Self-Control



FOOD DRIVE



DECEMBER 6TH-17TH AT BRES!

ON THE FOLLOWING DAYS, STUDENTS CAN BRING A CANNED FOOD
ITEM TO DONATE TO THE FOOD PANTRY AND PARTICIPATE IN:

TUESDAY DECEMBER 7TH- FLANNEL DAY & HAT DAY!

TUESDAY DECEMBER 14TH- "UGLY" HOLIDAY SWEATER &
HOLIDAY ATTIRE DAY!

PLEASE BRING CANNED GOODS, DRIED GOODS, TOILETRIES SUCH AS: GREEN BEANS-CANNED
TOMATOES-CANNED CORN-CANNED POTATOES-JERKY-DRIED SEAWEED-PAPER TOWELS-CANNED
BEEF-SALTINE CRACKERS-NAPKINS-PAPER CUPS-CANNED SOUP-RICE-CANNED CARROTS

LET'S SEE HOW MANY ITEMS WE CAN COLLECT FOR OUR COMMUNITY!!

— BOOTHBAY —

RAILWAY VILLAGE MUSEUM

— EST. 1964 —

North Pole EXPRESS



DECEMBER 4+5, 11+12, 18+19

*Calling all children!
Please come visit me
on the North Pole Express this
December. Bring your family and
friends. I want to see your merry
faces and send you all good cheer.
All aboard! **Santa**
P.S. Please write back with your
holiday wish!*

North Pole EXPRESS



Arrive at Freeport Station, write your letter to Santa, then board the train to the North Pole to hand deliver your letter to Santa!

Return from the North Pole to enjoy festivities around the Village—hunt for elves, make smore's around the bonfire, visit the ice harvesting exhibit, shop at the Iron Horse Antiques Holiday Market, and more!

Tickets are very limited and available online only:
RAILWAYVILLAGE.ORG

Mask required on train and inside buildings.



TRAIN SCHEDULE

Train every 45 minutes

DECEMBER 4+5, 11+12, 18+19

Saturdays & Sundays

10:45AM	11:30AM	12:15PM	1:00PM	1:45PM	2:30PM	3:15PM	4:00PM
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PLAN ONE EVENT PER DAY TO GIVE YOUR BABY ENOUGH DOWN TIME THEY NEED.



CHOOSE SHATTER PROOF DECORATIONS AND KEEP YOUR TREE OUT OF REACH TO STOP DISASTERS.



PRACTICE SELF CARE DURING THIS TIME OF THE YEAR. CHILDREN CAN FEED OFF YOUR FEELINGS.

PARENTING TIPS

Holiday Tips

The holiday season can be very stressful for a baby. During this time, a child's schedule is taken off track, and routines are disrupted making your baby become restless. Make sure to keep as close to their schedule to help them feel safe and calm. The well-being of your child is the most important.



Happy Holidays



TRADITIONS ARE IMPORTANT PART OF FAMILY BONDING. TRY MAKING A NEW TRADITION THIS YEAR



MAKE SURE YOU HAVE SOMETHING TO OCCUPY YOUR CHILD WHEN VISITING FAMILY OR FRIENDS



TELL YOUR CHILD ABOUT TRAVEL OR UPCOMING EVENTS THAT WILL DISRUPT THEIR SCHEDULE

PARENTING TIPS

Holiday Tips

The holiday season can be very stressful for a child. During this time, a child’s schedule is taken off track, bedtimes get pushed back, and routines are disrupted. When routines are disrupted in children they can start to feel anxiety and be disruptive. To help your child, make sure they get back on track once a party or event is over. If you must stay out late one night, make sure the next night is spent quietly at home and with a normal bedtime.



Happy Holidays

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chef Salad Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	2 Teriyaki Chicken Rice Bowls Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk	3 Pazzo Bread W/ Dipping Sauce Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Chicken Nuggets Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich French Fries Assorted Fruit Milk	7 Hamb/CheeseBurger WW Roll Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk 	8 Pulled Pork Sandwich Sunbutter & Jelly Sandwich Pick-n-Go Vegetable, Asst Assorted Fruit Milk	9 Chicken Casserole Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	10 Assorted Pizza Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Beef Hotdog Pick-n-Go Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk	14 Beef Taco Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Assorted Pizza Milk	15 Caesar Salad w/ Chic Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk	16 ROAST PORK LOIN Sunbutter & Jelly Sandwich Apple Sauce Mashed Pots, scratch Rolls Milk	17 Bosco Cheese Stick Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Lasagna Roll Up w/ Meat Sauce Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	21 Crispy Chicken Sandw Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk 	22 Assorted Pizza Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk	23 	24  CHRISTMAS HAPPY HOLIDAY
	28 	29	30	31 

Important Dates

Tuesday, Dec. 14

BRES Picture
Retake Day

Thursday, Dec. 23 - Jan -2

Christmas Break

BRES Picture Retake's



BRES Picture retake day is scheduled for Tuesday, December 14th. If you did not have your picture taken it can be taken on this day. If you did not like your picture it can be retaken, just bring in the pictures you want redone. If you had something printed on your picture you did not want, is incorrect or you did not request please send in as soon as possible and it will corrected.

Feel free to call the main office should have any questions 633-5097.



Keep Maine Healthy

What to Do if You Have COVID-19

If you have tested positive for COVID-19, you must separate yourself from others and watch yourself for symptoms such as fever, cough, shortness of breath, chills, headache, muscle pain, fatigue, nausea, vomiting, diarrhea, sore throat, nasal congestion, runny nose or loss of taste or smell. This is to protect yourself, your family, and your community.

If you need medical care, follow the instructions on the back page.

Separate yourself from others (Self-Isolation)



Stay home. Do not go to work, school, or any other place outside the home. Do not have visitors in your home. Stay home until all three of these things are true:

- You feel better. Your cough, shortness of breath, or other symptoms are better. **and**
- It has been 10 days since you first felt sick. **and**
- You have had no fever for the last 24 hours, without using medicine that lowers fevers.



Stay away from other people in your home. As much as possible, stay and sleep in a separate room and use a separate bathroom, if available. Avoid eating with others and do not share food, even with your family.



Wear a facemask if you need to be around other people, even members of your own family, and cover your mouth and nose with a tissue when you cough or sneeze. Wash hands thoroughly afterward.



Avoid sharing personal household items. Do not share food, dishes, drinking glasses, eating utensils, towels, or bedding with other people in your home. After using these items, wash them thoroughly with soap and water. Clean all frequently touched surfaces in your home daily, including door knobs, light switches, or faucets.



Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer containing at least 60% alcohol. Avoid touching your face with unwashed hands.

Please carefully review additional information provided to you by the health department and CDC's webpage on [Cleaning and Disinfection for Households \(www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html\)](https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html).

Family Christmas Ornament Decorating Contest!

Cash Prizes will be awarded!
Grand Prize - \$250.00



Prizes for adults and children in 5 age categories.



Drive thru ornament pick up will be at Brown's Wharf parking lot at 121 Atlantic Avenue on December 4th from 10 - 2.

Mr. & Mrs. Clause will deliver the ornament bags to your car! Look for the elves! Ornaments are free!

If you choose to enter the contest ornaments should be placed in a bag with entrant's name and contact information with a \$5.00 entry fee and returned to the Elves at Brown's Wharf on Saturday, December 18th between 10 and 2. Ornaments will be judged at 3:00 and winners will be notified that afternoon. If you choose not to enter the contest, hang your decorated ornament on your tree at home!

We hope you will join us in celebrating the spirit of the season!

Pre-Screening Tool for School Attendance

Within the past 24 hours have you had a fever* or taken fever reducing medicine?

YES =



Do you feel sick, had vomiting/diarrhea, fever*, sore throat, or felt unwell?

YES =



Have you been told to stay home and isolate/quarantine due to COVID-19 exposure?

YES =



Stay home with any YES response to the questions above.

Attend school when all answers are NO and your child is feeling well with no other symptoms of illness. Call or see your school nurse or other designated person at school if you have questions.

IF YOUR CHILD HAS ANY ILLNESS THEY SHOULD STAY AT HOME UNTIL NO FEVER FOR 24 HOURS WITHOUT TAKING FEVER REDUCING MEDICATION AND SYMPTOMS ARE IMPROVING OR GONE.

*A fever is 100.4F/38C or greater.



Updated 8.16.21



ACTIVE PARENTING First Five Years

Building a strong foundation for children from Birth to Age 5



Classes held through Zoom

December 2nd & 9th 1:00pm

For more information

Email: mcorrell@tidewater.net

or call 563-1818 to sign up

Here's what you'll learn

- * What a baby's cry means
- * Ages and Stages of development
- * Building a strong bond
- * Our child's growing brain
- * Using Mindfulness to keep your cool
- * Effective discipline
- * Choices and consequences

