

Alternative Methods of Instruction (AMI)

Daily Schedule

Although it is a long name, AMIs simply allow for the continuation of learning while students miss days of regular instruction. AMIs are being utilized by several districts throughout our country in cases of inclement weather or other emergencies.

It is our hope that students will stay sharp by keeping a routine and taking advantage of the academic opportunities teachers have provided. These lessons may be skill reinforcement, remediation, or enrichment through electronic or paper lessons. At any time if you have questions or your child is struggling, please email the teacher and he or she will answer within 24 hours.

Time	Activity	Examples
Before 9:00 am	Morning Routine	Eat breakfast, make your bed, get dressed, etc..
9:00-9:30	Read	Read a book, newspaper, magazine, etc..
9:30-10:00	Exercise	Get outside, go for a walk, do jumping jacks, walk your dog, ride your bike, etc..
10:00-11:00	Academic Time	Work on your AMI assignments
11:00-12:00	Creative Time	Play music, cook, bake, play with Legos, draw, paint, build with blocks, etc..
12:00-12:30	Lunch	Make sure you clean up after you eat
12:30-1:00	Chore Time	Help around the house, clean your room, take out trash, wipe down bathrooms, vacuum, dust, etc..
1:00-2:00	Quiet Time	Take a nap, puzzles, read, etc..
2:00-3:00	Academic Time	Work on your AMI assignments
3:00-4:00	Exercise/Games	Spend some time playing outside, playing a board game inside, etc..
After 4:00 pm	Evening Routine	Eat dinner, take a shower, watch TV, etc..

Please encourage your child(ren) to follow this schedule to remain in a routine.