

DECEMBER 2021

Fairfield City Schools K-5 Menu

LUNCH



School Information: All menus are subject to change due to nationwide shortages. Milk variety and fruit served at all meals.



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY



Beef Patty Sliders
Fries
Fruit
Milk

6

TUESDAY

Chicken Teriyaki
Fried Rice
Italian Mixed Vegetables
Fruit
Milk

7

WEDNESDAY

E-Learning Day

1

Salisbury Steak w/roll
Creamy Potatoes
Sweet Peas
Fruit
Milk

8

THURSDAY

Mac& Cheese
Carrot Packs
Fruit choices
Milk

2

Pizza Cruncher
Steamed Carrots
Garden Salad
Fruit
Milk

9

FRIDAY

PB& J sandwich
Steamed broccoli
Fruit choices
Milk

3

Chicken/beef nuggets
Baked Beans
Fruit
Milk

10

Spaghetti w/meat sauce
Seasoned green beans
Garden Salad
Fruit
Milk

13

Grilled Cheese
Caramelized carrots
Fruit choices
Milk

14

Baked Chicken
Collard Greens
Mini Sweet Potato Pies
Corn Bread
Fruit

15

Ham & Cheese sandwich
Sweet Potato fries
Fruit
Milk

16

Pizza
French fries/tots
Fruit
Milk

17

happy
HOLIDAYS

20

happy
HOLIDAYS

21

happy
HOLIDAYS

22

happy
HOLIDAYS

23

happy
HOLIDAYS

24

happy
HOLIDAYS

27

happy
HOLIDAYS

29

happy
HOLIDAYS

29

happy
HOLIDAYS

30

happy
HOLIDAYS

31