



Cardinal Country Highlights

Upsala Area Schools District #487
Positive Attitudes Create Excellence

SUMMER 2019



Postage paid by
Upsala Lions Club

District: (320) 573-2174

K-12: (320) 573-2175

(320) 573-2176

Knowledge Bowl Team Headed to State Tournament



Pictured with their accumulated awards are L - R: Collin Prom, Peyton Guthrie, Shanna Campbell, Isaiah Wardlaw, and Alex Roerick.

Knowledge Bowl is an extra curricular activity coached by Mrs. Jen Henry and Mrs. Mindy Klosowski. Students in grades 7 through 12 are able to compete. Grades 7 through 9 compete at the Junior High level while grades 10 through 12 compete at the senior high level. Students form teams of five to six students against other teams while working together to solve problems and answer questions that cover all subject areas. There is usually a written round followed by several oral rounds. Sourcewell sponsors our regional competition. After competing in January, February, and March, the top teams advance to the state level competition.

One of the Upsala High School knowledge bowl teams placed 2nd at the regional competition held at Central Lakes College in Staples on March 1. This qualifies them for the State Knowledge Bowl competition to be held at Cragun's on April 10-11. Other qualifying teams came from Brainerd (1st place), Wade-na-Deer Creek (3rd place), and Little Falls (4th place).

The Upsala team members are currently juniors. They have competed together since 7th grade and have earned many awards along the way.

We would also like to acknowledge the hard work of our second team. After beginning the competition in 28th place, they were able to climb to 8th. Congratulations to all!



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UPCOMING EVENTS

- 4/8 MCA Testing Begins
- 4/10 Band Solo/Ensemble
CE PotSpot Figurines 3:15pm
- 4/12 Spring Musical 7:30pm
- 4/13 Spring Musical 7:30pm
- 4/14 Spring Musical 3pm
- 4/16-4/27 Europe Trip
- 4/18 Early Out
- 4/19 No School
- 4/22 Snow Day Makeup- School In Session
- 4/27 Teen Lit Con
- 4/29 Summer Ball Coaches Meeting 6pm
- 4/30 Author Visit: Stephen & Trisha Shaskan
- 5/2 Elementary Spring Program
- 5/4 Prom 7pm
- 5/6 Spring Band Concert Gr. 5-12 7:30pm
- 5/22 CE Medicare Class
- 5/24 CE Minecraft LAN Party 3:15-5:15pm
- 5/28 Snow Day Makeup School In Session
- 5/29 Snow Day Makeup School In Session
- 5/30 Snow Day Makeup School In Session
- 5/31 Staff Inservice
- 6/3 Staff Inservice
CE Summer Ball Starts
CE Gymnastics Starts
CE Driver's Training Starts 1pm-4pm
- 6/4 CE Summer Reading Program Starts
- 6/25 CE Advisory Council Meeting 6pm
- 7/15 Fall District Newsletter Submission
Deadline



Greetings -

Rituals of Spring

As I write this article, the signs of Spring arriving are evident outside. The days are longer, birds are singing and the snow is melting. The rituals of Spring never cease to amaze me and, as a science educator, I

can't help but think of the natural wonders that are prominently displayed each and every day.

One of the most important Spring rituals that occurs at UAS is the commencement of our graduating seniors. On May 25, 34 seniors will graduate from UAS and we will wish them the best as they embark on the newest stage in their journey through life. A central component of our mission here at UAS is to make sure that each of our graduating seniors is prepared for whatever future path they have selected. This may involve attending a post-secondary institution to receive additional education and/or training in preparation for a desired career, or transitioning directly into the workforce. Whatever option our students choose, we have worked diligently to prepare them for what they will experience.

The career and college readiness of our students is one of the pillars of our mission here at UAS. Each student is guided in the process of developing a personal learning plan to prepare for post-secondary success. UAS has implemented many different programs and options for students to begin their preparation while in high school. For many years, our course offerings have provided options for students to acquire college credit for elective courses that they successfully complete. We have a robust College in the Schools program, where students earn dual credits for high school and college, while receiving instruction from our high school teachers. In addition, to courses taught by UAS staff, we access courses delivered by teachers

from other school districts through our ITV system. The College in the Schools program has enabled many students to earn as much as two years worth of college credits while in high school, in fact, we have had students graduate from high school with an Associate Arts degree in addition to their diploma. This program has enabled many students to save time and money earning college credits, which gives them a significant advantage if they choose to continue their education after graduation.

Acquiring college credits in high school is an excellent option for many students, but it is not necessarily the option for all students. Many of our students have skills and interests that do not require college coursework. For this reason, we have also developed vocational and technical education programs that provide students with many options to prepare for post-secondary success. We have rigorous programs in agricultural sciences, welding, woodworking/carpentry, robotics, and technology education, to name a few. Students who choose courses in this pathway learn skills that they can utilize after graduation to pursue training in related fields that will lead them to successful careers. Some of these programs even provide articulation credits to technical colleges so students get a head start in their post-secondary training/education.

We are continually pursuing new and innovative ways to provide UAS students with the educational experiences that will prepare them for post-secondary success. Next year, we hope to increase the vocational and technical offerings through a partnership with the other school districts in Morrison County. This pilot program will provide the high schools with courses that, individually, each school may not be able to offer. For example, we will have the opportunity to offer an auto mechanics course through this partnership that we have not been able to offer in the past. More information will be provided in the near future as we finalize the details of this innovative program.

In addition to our course offerings and programming, we strive to provide quality guidance to our students as they develop their personal

learning plans. Guidance in course selection, career interests, the college application process, placement testing and many other areas is provided by Mr. Klug and Ms. Glaser, as well as staff advisors. UAS staff work with students to ensure that they acquire the skills and knowledge necessary for their post-secondary success.

Very soon, the Class of 2019 will celebrate their graduation from Upsala Area Schools. As they go forward on their journeys, we are confident that

the education they have received from UAS has prepared them for success and we look forward to their individual accomplishments with gratitude and pride. If you have any questions, or would like more information regarding our programs, please do not hesitate to contact us.

Cardinal Pride!!

Sincerely

Vern Capelle

Superintendent

Vern Capelle Named Administrator of Excellence

The Minnesota Association of School Administrators (MASA) has named Vern Capelle, Superintendent of the Upsala Area Schools, a 2019 Administrator of Excellence. Capelle received this award in recognition of his leadership, concern for students, and active involvement in professional and community affairs. He was honored at a statewide recognition ceremony during the MASA/MASE Spring Conference, March 7-8, 2019, at the Minneapolis Marriott Northwest in Brooklyn Park.

Capelle's achievements reflect his ability to lead important changes in the educational system. He encompasses what an exemplary career educator looks like in Minnesota and in MASA's Region 5. Capelle is a leader in his district and Region 5 in bringing new and innovative opportunities to students, demonstrating a passion for exploring unique avenues to create pathways for student success. He understands that the definition of success for each student at Upsala may look different depending upon each student's expectations, passions, and desires. Under Capelle's leadership, Upsala Public Schools has become a leader in innovative professional development for their staff.

Capelle has spent his entire career at Upsala Public Schools as a teacher, coach, mentor, and administrative leader. Prior to the superintendency, he was a K-12 Dean of Students and a science teacher.

Capelle is an active MASA member and serves on the Federal Advocacy Committee. He also serves on the Sourcewell Superintendent Advisory Committee, Mid State Educational District Executive Committee, Minnesota High School Coaches Association, Minnesota Basketball Coaches Association, Region 5 Minnesota State High School League (MSHSL) Committee, and a MSHSL Football and Basketball Official.

Capelle earned an educational specialist degree and a master's degree in Educational Leadership from Concordia University, St. Paul. He received a bachelor's degree in Secondary Education/Biology from the University of Wisconsin-River Falls.

Each year, MASA recognizes members for their contribution to public education. MASA is a professional organization of Minnesota's school leaders, including superintendents, assistant superintendents, directors of special education, and other central office administrators, as well as state department administrators, college and university professors, and other educators throughout Minnesota dedicated to educational leadership for students.

From the Dean's Desk



Hello

I hope everyone is doing well! I usually make a comment about the weather this time of year, but I am going to refrain from doing that because when I do we get a foot of snow! As usual, it was a busy winter here at Upsala Area Schools.

First of all, congratulations to the Upsala Senior High Knowledge Bowl on making it to the State Competition on April 10th and 11th in Brainerd. The members of the team are Alex Roerick, Isaiah Wardlaw, Shanna Campbell, Peyton Guthrie, and Collin Prom. They are coached by Jennifer Henry. We wish them good luck and I know they will represent our school very well!

On March 7th, we had a presentation for our students in Grades 5-12. Ben Rudrud from RIPL (Relational, Impactful, Preventive Leadership) presented to our students on how to be respectful and kind to each other. His message was very powerful! He did a great job and students were very engaged.

Senior Dylan Van Wienen and Junior Raymond Kokett were selected for the Students of Character Award for 2018-2019. The award is sponsored by Sourcewell and they will be honored at a banquet with other students from Region 5 in April. Congrats to both of them!

Along with those students, we had a couple of our staff members honored as Teachers of Excellence by Sourcewell. Second Grade teacher Vicki Pangrac and High School Tech/ AVID Teacher Curtis Robertson were named Teachers of Excellence for the 2018-2019 school year. They will be honored at a banquet in May at Grand View Lodge in Brainerd.

Thanks again for the great school year! Don't forget to join us on May 25th at 1:30pm as we say goodbye and wish the best of luck to the class of 2019!

Take care.

Nick Klug

K-12 Dean of Students



We are writing to tell you about the kindergarten readiness class that will again be

offered in the Upsala School District tentatively beginning July 29, 2019. The purpose of the program will be to provide a preschool experience to children before they enter a formal school program in Kindergarten. Therefore, the program will be available to any child who will be five years old on or before September 1, 2019 and is not yet enrolled in Kindergarten.

Some of the skills that we expect children to learn by attending this program include: following a routine in a classroom, becoming more comfortable with a brief separation from family or daycare provider, learning to play and work cooperatively with other children, becoming more comfortable with unfamiliar adults, learning about school bus transportation, and other preschool experiences. This Kindergarten Readiness Class is not intended to emphasize academic skills such as alphabet and numbers.

The Upsala Kindergarten Readiness Class is tentatively set to run Monday thru Thursday the weeks of July 29th - August 8th and will be held at the Upsala Elementary School. Children who are enrolled in the program will attend morning sessions from

9:00 - 11:30 am. Students will either go Monday/Wednesday or Tuesday/Thursday each week.

Attached is a registration form that needs to be completed and returned to the school office.

Busing information will be mailed or phoned in July.

We hope many families will take advantage of this exciting opportunity for their children. ***If you would like additional information about the program or to register your child, please call the Upsala School at 573-2175.***

UPSALA SUMMER PROGRAM

Kindergarten Readiness

July 29th thru August 8th

REGISTRATION

Please complete this registration form and
return to the school office ASAP

Child's Name _____

First

Nickname

Last

Address _____ City _____

Home Phone _____ Date of Birth _____

Mother's Name _____ Work # _____ Cell _____

Father's Name _____ Work # _____ Cell _____

Other emergency numbers:

(doctor, dentist, etc. we may call in event of illness or emergency)

Name

Phone

Daycare Provider _____ Phone _____

Address _____

Food/Other Allergies _____

Other Health Concerns _____

The following people have permission to transport my child:

_____ Phone# _____

_____ Phone# _____

Thank you for providing this information. If you have any questions regarding the program, please call Upsala
Area Schools at 573-2175 or Mary Jo Peterson at 573-4121

Upsala Area Schools 2019-2020 Calendar

Month	Su	Mo	Tu	We	Th	Fr	Sa	Total Days	Wk	Notes
Aug	25	26	27	28	29	30	31	T=3		Aug. 26-28 = Teacher Workshop/Aug. 28 = K-12 Open House
Sep 19	1	2	3	4	5	6	7		1	Sept. 2 = Labor Day/Sept. 3 - First Day of School
	8	9	10	11	12	13	14		2	
	15	16	17	18	19	20	21	S=20	3	
	22	23	24	25	26	27	28	T=20	4	Sept 27 = Early Release - Professional Development
	29	30	1	2	3	4	5		5	
Oct	6	7	8	9	10	11	12		6	
	13	14	15	16	17	18	19	S=21	7	Oct 17-18 = Ed Minnesota Conference Days
	20	21	22	23	24	25	26	T=21	8	
	27	28	29	30	31	1	2		9	Nov 1 = End of Quarter 1
Nov	3	4	5	6	7	8	9		10	Nov 4 and 7 = K-12 PT Conferences
	10	11	12	13	14	15	16		11	Nov 11 = Veteran's Day - No School (Trade Day)
	17	18	19	20	21	22	23	S=18	12	
	24	25	26	27	28	29	30	T=19	13	Nov 27 = Early Release - (Trade Day-PM) Nov 28-29 = Thanksgiving Break
Dec	1	2	3	4	5	6	7		14	
	8	9	10	11	12	13	14		15	
	15	16	17	18	19	20	21	S=15	16	
	22	23	24	25	26	27	28	T=15		Dec 23 - Jan 3 = Winter Break - Dec. 25 - Christmas
	29	30	31	1	2	3	4			Jan 1 = New Year's Day
Jan 2020	5	6	7	8	9	10	11		17	
	12	13	14	15	16	17	18	S=19	18	End Fall Semester
	19	20	21	22	23	24	25	T=20	19	Jan 20 = Martin Luther King Day - In-Service
	26	27	28	29	30	31	1		20	
Feb	2	3	4	5	6	7	8		21	
	9	10	11	12	13	14	15		22	Feb 14=In-Service
	16	17	18	19	20	21	22	S=18	23	Feb 17 = Presidents' Day
	23	24	25	26	27	28	29	T=19	24	
Mar	1	2	3	4	5	6	7		25	
	8	9	10	11	12	13	14		26	
	15	16	17	18	19	20	21	S=22	27	Mar 20=End Quarter 3 - Early Release
	22	23	24	25	26	27	28	T=22	28	Mar 23 and 26 = K-12 PT Conferences
Apr	29	30	31	1	2	3	4		29	
	5	6	7	8	9	10	11		30	Apr 9 Early Release/Apr 10=Spring Break
	12	13	14	15	16	17	18	S=20	31	Apr 13=Spring Break (Trade Day)
	19	20	21	22	23	24	25	T=21	32	
May	26	27	28	29	30	1	2		33	
	3	4	5	6	7	8	9		34	
	10	11	12	13	14	15	16		35	
	17	18	19	20	21	22	23	S=19	36	
	24	25	26	27	28	29	30	T=20	37	May 25 = Memorial Day/May 28=Last Student Day-Early Release/May 29=Workshop
31	1	2	3	4	5	6				

Total Days Students(S)=172 Teachers(T)=180

Quarters/Semesters

Quarter 1: September 3-November 1	42 Days
Quarter 2: November 4-January 17	42 Days
Fall Semester = 84 Days	
Quarter 3: January 21-March 20	42 Days
Quarter 4: March 23-May 28	46 Days
Spring Semester = 88 Days	

Make Up Days

In the event of school closing, make up days will be assigned as follows:

- First Day = No Make Up
- Second Day = January 20 (MLK Day)
- Third Day = February 17 (President's Day)
- Fourth Day = April 13 (Easter Monday)
- Fifth Day and on = May 29, etc.

* The Upsala Area School Board will make final decision on any calendar revisions.

** The Superintendent's decision shall be final regarding school closings.

In accordance with MN Stat. 126.13 and 645.44, Upsala Area Schools will be in session on Columbus Day



Upsala: 4 Year Old Preschool Registration

Monday April 22nd in Upsala Commons
 5:30 - 6:30pm (stop in when you can) 4 Year Old Registration
 Child must be 4 by Sept 1, 2019
 Come fill out some simple paperwork & reserve your child's spot for 2019-2020 preschool!

Preschool Super Readers

In February, our students celebrated I Love to Read Month. They ended the month strong by dressing up as Super Readers!



Early Childhood Literacy Night

In March, we held our Old McDino themed literacy night. Everyone had a blast listening to the story and completing activities.



Early Childhood Screening

Upsala will provide appointments for Early Childhood Screening on Friday, April 12th. Families can call Kandice at 320-360-7698 or email ecs@midstate.k12.mn.us to begin scheduling their appointment. Early Childhood Screening is required by the State of Minnesota for all kiddos ages 3 and above. Early Childhood Screening is a process that supports children being ready for kindergarten. The program helps find children with possible health or developmental concerns that may impact learning. The process includes a check of vision and hearing, child development and a review of the child's health. The program helps families access services for their children that will help them to be ready for kindergarten.

Upsala Public Schools recommends that children be screened at age 3.

Three reasons to screen at age 3* (*State law requires all children to be screened before entering kindergarten.):

1. Screening can assist your child to be ready for school.
2. Any health or developmental concerns can be found earlier and help provided sooner.
3. Because screening is free, it's easy and it's good for your child!

Early childhood screening helps:

1. You find out how your child is doing.
2. Connect you with early childhood programs and services.
3. Answer your parenting questions.

Outside Fun

Our preschool students enjoy spending time outside. During the warm days in March, before the snow melted, the students enjoyed playing in the snow and spending time in the sunshine.



Top Typers



Upsala's 5th graders Isaiah Sobiech, Hannah Heesen, and Sierra Bense jump started the new year in Mr. Drill's 5th grade Language Arts class by reaching 55wpm with no mistakes using 10fastfingers.com!

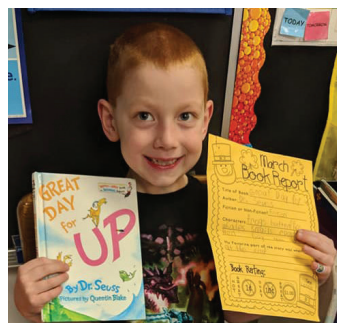
Engineering with Tech Mobile

The 5th Grade students recently enjoyed practicing their engineering skills with the help of Tech Mobile. The students built various structures and even trapped Mr. Drill!



First Grade Super Readers

Mrs. Bengston's class is full of super readers! The students have enjoyed sharing some of their favorite stories with their classmates.



January Elementary Students of the Month:



Back Row Left to Right: Mr. Riitters' 4th Grade- Lydia Kokett, Miss Eichers' 4th Grade- Noah Ripplinger, Mrs. Fuchs' 2nd Grade- Bryce Roerick, Mr. VanSloten's 3rd Grade- Abbi Eggert, Art- Owen Klug
 Front Row Left to Right: Mrs. Bengston's 1st Grade- Ella Achmann, Phy Ed- Emmett Warga, Mrs. Peterson's Kindergarten- Jonah Larson, Mrs. Wolbeck's Kindergarten- Alba Eggert, Mrs. Pangrac's 2nd Grade- Jackie Ainali
 Not Pictured: Mr. Drill's 5th Grade- Riley Westbrook, Mrs. Klosowski's 6th Grade- Lois Wardlaw, Music- Holly Johnson, Phy Ed- Emily Walker, Library- Colton Bladow

February Elementary Students of the Month:



Back Row Left to Right: Phy Ed- Devin Schulte, Mr. Riitters' 4th Grade- Cal Leners, Mr. Van Sloten's 3rd Grade- Owen Sobiech, Miss Eichers' 4th Grade- Alexa Pilarski, Mr. Drill's 5th Grade- Hannah Heesen, Mrs. Klosowski's- Isabel Ripplinger
 Front Row Left to Right: Mrs. Bengston's 1st Grade-Cassidy Ressemann, Mrs. Peterson's Kindergarten- Vincent Bahn, Library- Dominic Stuns, Mrs. Fuchs' 2nd Grade- Riley Kerfeld, Phy Ed- Jakson Blenker, Mrs. Wolbeck's Kindergarten- Gavin Blenker, Music- Lars Hanson, Mrs. Pangrac's 2nd Grade- Avery Kleve

Upsala Elementary Spring Concerts are coming! Thursday, May 2, 2019!



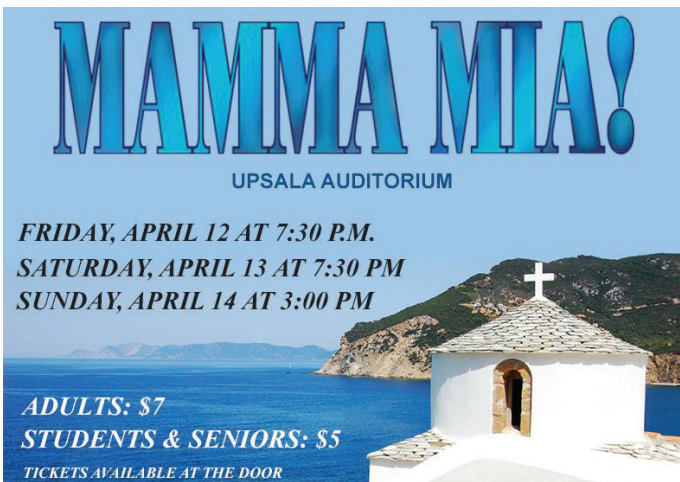
Bada Bing, It's Spring! by Jill Gallina will be performed by students in kindergarten, first, second and third grades at 12:30 p.m. and 6:30 p.m. "Spring is just around the corner, but the flowers have yet to bloom. The children are waiting for nice weather, the weeds have popped out of the earth, but the flowers remain steadfastly hidden underground. It takes the clever Dandelion Queen to figure out why and bring about the first blossoms of the season!"



Lights! Camera! Action! by John Jacobson and John Higgins will be performed by students in fourth, fifth and sixth grades at 1:00 p.m. and 7:00 p.m. "Quiet! Quiet on the set, everyone! Take your seats and prepare to be thrilled with songs and special appearances by some of Hollywood's biggest stars!"

Congratulations to Senior High Band for receiving a Superior Rating at Large Group Contest!

Upsala Drama Club Presents "Mamma Mia!"



Set at a small hotel in the Greek islands, the show features the songs of ABBA including "Dancing Queen," "SOS," "The Win-

ner Takes It All," "Take A Chance On Me" and many more. Kennedy Allen plays Donna, the owner of the hotel and Audrey Thomas plays her daughter Sophie. Brandon Young, Collin Prom and Devin Prokott play three men from Donna's past. Annika Gunderson and Cheryl Zimmerman play Donna's best friends. Alex Roerick plays Sophie's fiance, while Sophie's best friends are played by Caitlyn Douvier and Peyton Guthrie. Braedan Rene and Bryce Westrich also have speaking roles.

The rest of the cast includes Alexis Krebs, Olivia Hollerman, Shelby Krebs, Alice Hebig, Anna Blonigen, Kylie Roerick, Zaidee Lundeen, Jessi Lange, Kaitlyn George, Karlee Warga, Emily Blonigen, Gracie George, Hannah Luedtke, Molly Leners, Paige Gerads, Anders Aleckson, and Ryan Johnson. Shows are April 12-14. Friday and Saturday shows are 7:30 while the Sunday matinee is at 3:00. Tickets will be available at the door.

Winter Athletic Awards

Girls Basketball

All Conference
 Amber Biniek
 Laura Lange
All Conference Honorable Mention
 Alison Harren

Boys Basketball

All Conference
 Alex Thieschafer
 Jorgan Kiley
 Riley Johnson

Robotics



“The Upsala Robotics Team went up to Duluth to Compete March 7th-9th. Through a tough competition, the Team was ultimately chosen to participate in finals with the 3rd place alliance. After two successful quarterfinal matches, the team moved forward to Semi-finals ultimately to lose to the grand-champions. The team performed the best they ever had, and are now getting read for Summer Parades and the Conference event to take place in Mid-October.”

1000 Points



Upsala Junior Laura Lange scored her 1,000 career point on Friday Feb. 8th against Royalton. Congratulations Laura!

FFA News

UPSALA SCHOOL GREENHOUSE

Grand Opening: May 11th 8am to Noon
 Wednesday to Friday: 3:15pm to 6:30pm
 Saturdays 8am to Noon
 Final Day: June 1st
 Closed Memorial Day

Our **Petting Zoo** is scheduled for May 9th at the Community Rec building as in the past, from 9 AM to 2 PM. Hope to see everyone there!

The **school greenhouse** will have some different hours this year. We want you to take notice of the new hours so you can tell your friends and neighbors! We will not be open for sales after school on Mondays or Tuesdays. We will be open as follows: Grand Opening Saturday, May 11th, from 8 AM to Noon. Other Saturdays May 18 and 25, and June 1 from 8 AM to Noon. Weekdays Wednesday, Thursday, Friday, beginning Wednesday May 15th, 3:15 to 6:30 PM. Last day is June 1. Our students will also plant up custom pots or baskets for you to order. The Upsala FFA Alumni will be having a bake sale on April 20th from 9-10:30am in conjunction with the Lions Club Easter Egg Hunt. There will be fresh caramel rolls, coffee, and hot chocolate available.

FFA Summer Camps

State Greenhand Leadership Camp

June 17-21
 7-10 grades

\$210 per attendee (\$100 for Upsala FFA members)

Deep Portage Conservation Reserve in Hackensack, Minnesota
<http://www.mnffa.org/Conferences/StateGreenhand-LeadershipConference.aspx>

Chapter Leaders Camp

State Leadership Conference
 1. June 26-28
 2. June 30- July 2
 9-12 grade

\$190 per attendee (\$90 for Upsala FFA members)

Deep Portage Conservation Reserve in Hackensack, MN
 For more information about these conferences, please see <http://www.mnffa.org/Conferences/StateLeadershipConferenceforChapterLeaders.aspx>

Subject Area Students of the Month

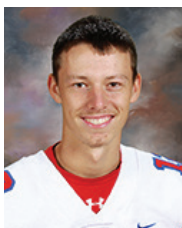
Senior High

Ag/ Voc. Tech:	Jorgan Kiley
Art:	Matthew Pundsack
Language Arts:	Gracie George
Math:	Myra Arvig
Music:	Isaiah Warlaw
Physical Ed.:	Zachary Bartkowitz
Science:	Jessica Langer
Social Studies:	Joe Bartkowitz
Technology:	Matthew Tholl
FACS	Desiree Dingmann
World Language:	Ana Juarez-Lucio

Junior High

Ag/Voc. Tech:	Brayden Bushaw
Art:	Gracie George
Language Arts:	Madalin Koetter
Math:	Anders Aleckson
Music:	Mitchell George
Physical Ed.:	Jacob Gunderson
Science:	Axel Johnson
Social Studies:	Paige Gerads
Technology	Kaylea Loscheider

Athletes of the Month



Boys Basketball
Jorgan Kiley



Girls Basketball
Jenna Ripplinger



Wrestling
Gage Louden



The Upsala staff are proud to announce Collin Prom as January Senior High Student of the Month. Prom is the eleventh grade son of DJ and JoAnn Prom. His sister is Rachel.

Prom plays football and basketball. He participates in track and field, knowledge

bowl, student council, National Honor Society, drama, and band. He has consistently been on the A honor roll and received multiple student of the month awards. He was also named Academic All- District for football. Prom is Junior Class president.

Prom says his favorite class is Mr. Weber's psychology class because he is able to learn something new. He also enjoyed learning about the theories on different behaviors. He feels his most valuable activity is track and field because it has taught him hard work and perseverance.

Outside of school, Prom enjoys hunting, playing cars, being outdoors, and spending times with friends and family. He sings in the choir, serves for Mass, and volunteers with meals at St. Mary's Church in Upsala. He also helps to plan youth group events as a youth group leader. He works at Lange Oil.

After graduation, Prom plans to attend a 4 year university. His advice to his classmates is taken from fictional character Newt Scamander, "If you worry, you suffer twice."



Congratulations to Jacob Lezer on being named January Junior High Overall Student of the Month. Lezer is the 8th grade son of Troy and Pamela Lezer. His sister is Ariel.

Lezer has enjoyed being a part of school plays. His favorite class is art because he likes to draw. His advice to classmates is

"Stay in school."

Character is just another word for having a perfectly disciplined and educated will. A person can make his own character by blending these elements with an intense desire to achieve excellence. Everyone is different in what I will call magnitude, but the capacity to achieve character is still the same. -- Vince Lombardi

February Students of the Month

Subject Area Students of the Month

Senior High

Ag/ Voc. Tech:	Logan Janssen
Art:	Anna Blonigen
FACS	Shelby Krebs
Language Arts:	Emma Rahn
Math:	Emma Kramers
Music:	Audrey Thomas
Physical Ed.:	Matthew Tholl
Science:	Matthew Pundsack
Social Studies:	Isaiah Wardlaw
Technology:	Michael Young
World Language:	Journey Wenker

Junior High

Ag/Voc. Tech:	Kaylea Loscheider
Art:	Brayden Bushaw
Language Arts:	Savannah Stumpf
Math:	Molly Leners
Music:	Bryce Westrich
Physical Ed.:	McKenna Graves
Science:	Monica Nieneaber
Social Studies:	Emma Scepaniak

Athletes of the Month



Boys Basketball
Riley Johnson



Girls Basketball
Laura Lange



Wrestling
Bryce Binek



The Upsala staff are proud to announce Abigail Ripplinger as February Senior High Student of the Month. Ripplinger is the eleventh grade daughter of Myron and Kristy Ripplinger. Her siblings are Chris, Kayla, Katie, Myron, Jenna, Isabel, Noah, Morgan, and Benjamin.

Ripplinger plays volleyball, basketball, and softball. She is also a member of the National Honor Society and has consistently been on the A Honor Roll.

Ripplinger says her favorite class is Human Development because it is a small class and she enjoys learning about the growth of human, especially children. She believes her most valuable activity is basketball because it has taught her teamwork and confidence. She has grown close to her teammates and learned not to let little things bother her.

Outside of school, Ripplinger enjoys spending time with friends and family, playing sports, and babysitting. She also likes to spend time outdoors. Ripplinger is employed at Lange's and as a summer custodian at Upsala Area Schools.

After graduation, Ripplinger plans become an Early Childhood Teacher. Her advice to her classmates is to have fun because the time goes fast.



The Upsala staff are proud to announce Hunter Steuck as February Junior High Student of the Month. Steuck is the eighth grade son of Cindy Jacobs. His siblings are Aiden, Dominic, and Levi.

Steuck plays basketball and participates in robotics. Outside of school he is active in his church. He enjoys hunting and fishing.

Steuck says his favorite class is science because he enjoys participating in the class activities. He feels that phy ed is his most valuable class because it helps him get in his daily exercise.

After high school, Steuck hopes to attend a 4 year college to earn a bachelors degree in Animal Science. He would like to become a conservation officer. His advice to his classmates is "If you have a problem, talk to someone you trust."

A Honor Roll

Grade 12

Caitlyn Douvier
MaKayle Ganz
Annika Gunderson
Bailey Hayes
RaeAnn Koetter
Alexis Krebs
Mason Lange
Brandon Young
Cheryl Zimmerman

Grade 11

Amber Biniek
Shanna Campbell
Peyton Guthrie
Raymond Kokett
Laura Lange
Collin Prom
Abigail Ripplinger
Isaiah Wardlaw

Grade 10

Myra Arvig
Paige Binek
Anna Blonigen
Tanisha Dingmann
Shanna Dobmeier
Darcey Hayes
Olivia Hollermann
Carter Johnson
Damon Kleve
Shelby Krebs
Emma Kremers
Wil Leners
Grace Maciej
Ethan Moon
Olivia Peterson
Audrey Thomas
Journey Wenker
Zoe Wiegers
Michael Young

Grade 9

Rachel Ainali
Brooklyn Bense
Kristine Biniek
Christen Fouquette
Gracie George
Kaithlyn George
Luke Harren
Abigail Klein
Levi Lampert
Jessica Lange
Zaidee Lundeen
Bennet Pundsack
Christian Ripplinger
Micah Ripplinger
Kylie Roerick
Taylor Soltis

Grade 8

Andrew Aleckson
Mitchell George
Paige Gerads
Axel Johnson

Nicholas Kulla
Molly Leners
Hannah Luedtke
Riley Meyers-Quirk
Emma Scepaniak
Hunter Steuck
Savannah Stumpf
Elija Wardlaw
Natalie Wensmann
Bryce Westrich
Mikal Woidyla Wood

Grade 7

Bryce Binek
Brenna Graves
Jacob Gunderson
Daniel Kokett
Dillon Krebs
Isabelle Leners
Monica Nienaber
Madison Tschida
Alyssa Young

B Honor Roll

Grade 12

Laurie Breth
Zachary Bruder
Dylan Depa
Shelby Gilbertson
Jorgan Kiley
Connor Meagher
Jayden Mueller
Alex Theischafer
Mathew Tholl
Dylan VanWienen
Jeron Wensmann
Alexandra Wuebkers

Grade 11

Nakomis Becker
Kennedy Allen
Heidi Goodrich
Nathan Graves
Alison Harren
Shannon Johnson

Michael Lange
Ethan LaRue
Tiffany Loscheider
Gage Louden
Marta Maccagno
Devin Prokott
Alex Roerick

Grade 10

Zachary Bartkowicz
Joseph Bartkowitz
Anthony Boeckermann
Austin Breth
Alice Hebig
Nicholas Herzog
Ana Juarez-Lucio
Gavin Koetter
Gracie Leners
Jonathan Mayer
Matthew Pundsack
Rebeka Snedker

Austin Wensmann
Dylan Yurczyk

Grade 9

Emily Blonigen
Michael Blonigen
Zachary Boeckermann
Chloe Mayer
Jeremy Mugg
Anthony Nienaber
Julia Peterson
Emily Press
Tyler Smieja
Peyton Soltis
Nyah Walker
Wyatt Woidyla

Grade 8

Alexis Gilbertson
Ryan Johnson
Madalin Koetter

Tyson Leners
Jacob Lezer
Ty Poppenhagen
Jacob Roerick

Grade 7

Hunter Boeckermann
Noah Boeckermann
Brayden Bushaw
Alexis Eggert
Mason Eischens
Peyton Gerads
McKenna Graves
Joseph Guthrie
Kalea Loscheider
Brooke Opatz
Yesenia Payne
Erica Roske
Dustin Yurczyk

Congratulations Class of 2019



Please join us in honoring
the 2019 graduating class
of Upsala Area Schools
at their
Commencement Ceremony
Saturday, May 25
at 1:30pm
Upsala Big Gym

Class Colors:

Carolina Blue, White, Silver

Class Flower:

Carnation

Class Song:

“Don’t Blink”- Kenny Chesney

Class Quote:

“It always seems impossible
until it’s done.”

-Nelson Mandela

Class Officers:

President: Annika Gunderson

Vice President:

Erica Hollermann

Secretary - Jorgan Kiley

Treasurer - Dylan VanWienen

Class Representatives:

Caitlyn Douvier &

Cheryl Zimmerman

Graduates and their parents

Anna Boeckermann - Pete & Joan Boeckermann

Laurie Breth - Dale & Stacy Breth

Zachary Bruder - Darryl & Becky Bruder

Dylan Depa - Scott & Lynn Depa

Dalton Dingmann - Shawn Dingmann & Laura Hoffman

Desiree Dingmann - Shawn Dingmann & Laura Hoffman

Caitlyn Douvier - Allen & Heidi Douvier

Quade Evoniuk - Erica Evoniuk

MaKayla Ganz - Dean & Sonya Ganz

Shelby Gilbertson - Pete & Lisa Reimers

Annika Gunderson - Charlie & Beth Gunderson

Bailey Hayes - Randy & Tory Hayes

Erica Hollermann - Ryan & Sarah Hollermann

Sofia Holthaus - Joe & Nichole Holthaus

Logan Janssen - Dawn Janssen

Riley Johnson - Rollie Jr & Joan Johnson

Jorgan Kiley - Mike & Janice Kiley

RaeAnn Koetter - Paul & Kathy Koetter

Alexis Krebs - Donald & Marsha Krebs

Mason Lange - Duke & Jayne Lange

Connor Meagher - Danny & Tammy Meagher

Jayden Muellner - Randy & Jodi Muellner

Katy Panek - Jim Panek

Emma Rahn - Dennis & Stephanie Rahn

Jenna Ripplinger - Myron & Kristy Ripplinger

Alexis Soltis - Trevor and Melissa Soltis

Alex Thieschafer - Randy & Amy Thieschafer

Mathew Tholl - Sherry Ramsey & Nick Tholl

Dylan Van Wienen - Scott & Karla Van Wienen

Jeron Wensmann - Jim & Julie Wensmann

Andrew Woidyla - Wayne Woidyla & Amanda Woidyla

Alexandra Wuebkers - Dale & Diane Wuebkers

Brandon Young - John & Lori Young

Cheryl Zimmerman - Tracy Zimmerman and † Steve Zimmerman

Upsala Area Schools is proud to announce its top 5 graduates for 2019. Please join us in congratulating these students on their academic achievements.

Valedictorian

Cheryl Zimmerman of Elmdale, is the daughter of Tracy and †Steve Zimmerman and the Valedictorian of



her class. During high school, she has participated in Knowledge Bowl, manager of Varsity Volleyball, Varsity Basketball, Varsity Softball, Drama Club, Concert Choir, National Honor Society Vice President, Student Council President, Senior Class Representative, and the M & M Student Mentoring Program. Zimmerman intends to major in Health Information Management at the College of St. Scholastica, Duluth. She graduates with a 3.976 GPA.

Salutatorian

Annika Gunderson of Upsala, is the daughter of

Charlie and Beth Gunderson. Annika is the Salutatorian of her class. During high school, she has participated in Varsity Volleyball, Varsity Basketball, Varsity Softball, National Honor Society President, M & M Student Mentoring Program,



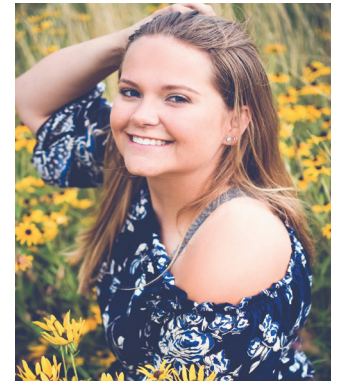
Student Council Vice President, Senior Class President, Knowledge Bowl, Concert Choir, 4H, Concert Band, Jazz and Pep Band, and Drama. Gunderson has a 3.964 GPA and plans to attend the Minnesota State University, Moorhead for a degree in Graphic Design.

Alexis Krebs of Sobieski is the daughter of Donald & Marsha Krebs. During her high school career, she has been involved in Volleyball, Varsity Track, National Honor Society Treasurer, Student Council, M & M Student Mentoring Program, Drama, Concert Band, 4-H, FFA President, and Knowledge Bowl. Krebs has also been active in her church with numerous volunteer work. She plans to attend the College of Saint Benedict, majoring in pre-medicine. She has a 3.933 GPA



Caitlyn Douvier of Freeport is the daughter of Allen

and Heidi Douvier. During her high school career, she has been involved in Varsity Softball, Varsity Volleyball Manager, M & M Student Mentoring Program, National Honor Society Secretary, Student Council Treasurer, Senior Class Representative, Drama, Knowledge Bowl, and Concert Choir. Douvier has been admitted to the College of St. Benedict for Nursing. She has a 3.883 GPA.



Brandon Young of Grey Eagle, is the son of John & Lori Young. During his high school career, he has been involved in FIRST Robotics, Upsala Concert Band, Jazz & Pep Band, Boy's State, Speech, Upstage Player's Theatre, Concert Choir, Albany Community Band, Knowledge Bowl and the Drama Club. Brandon has received the ExCEL Award, AAA Award, and been named 2018 Team Member



of the Year for the Northern MN Robotics Conference. He has a 3.872 GPA. His plans are to attend North Dakota State University for a degree in Computer Science/Software Engineering.



Community Education News

Upsala Area Schools
415 South Main, PO Box 190
Upsala, MN. 56384
[https://sites.google.com/a/upsala.k12.mn.us/
community-ed](https://sites.google.com/a/upsala.k12.mn.us/community-ed)

Lisa Newhouse
Community Ed Coordinator
(320) 573-2176 ext 173
lnewhouse@upsala.k12.mn.us

At Upsala Community Education our goal is to provide opportunities for people of all ages and to enrich their lives through many different offerings beyond the regular school day and school year. We work with other groups including civic, non-profits and local businesses to enrich the lives of our community members.

If you have a talent, interest, or area of expertise; consider sharing your talents or interests with your community by becoming a Community Education instructor.

Please refer to our Registration/ Policies on page 17 for questions about Out-of-District registration or email lnewhouse@upsala.k12.mn.us.

How to register for classes online

1. Visit our webstore <https://upsala.revtrak.net>
2. Click the **Community Ed** button
3. Select the **program**
4. Select the **class** you want to register for
5. Select the **Click here to register** link
6. In the sign-in screen
 - a. Enter your email address and password if you are a returning customer. **OR**
 - b. If you do not have an account, select **create account**
 - i. Enter your contact information
 - ii. Create a password
7. The participant window will open. Select the participant's name and complete the required fields.

If your child's name does not appear in the participant's list, select **A New Person** Enter their name and click submit. Proceed to fill out the required fields
8. If you have another child to register, click on **Continue to Shop**. If you are finished, click **Checkout** to add your class to the shopping cart and make payment. Your shopping cart window will open.
9. Verify the information for accuracy and click **Go to Checkout**.
10. Verify your registrations. Enter the payment information and click **Place Order** Payment will be processed. Your receipt can be viewed and printed.
11. **View & Print Receipt** Click Log out in the lower left corner. Credit card statements will show payment made to the school district.

activities will be held when school has been cancelled or closed early due to bad weather. Please right to cancel classes if enrollment is below needed minimum. Registrants will be notified and a rtiles are announced on our website.
Schools and its employees are not responsible for accidents or injuries resulting while participat

Summer Reading Program



Free Registration!

AR SUMMER READING PROGRAM

Hook A Book

Cora Eckstrom Media Center

Tuesdays	Wednesdays	Thursdays
9:00 – 11:00 am	9:00 – 11:00 am	6:00 – 8:00 pm
June: 4, 11, 18, 25	June: 5, 12, 19, 26	June: 6, 13, 20, 27
July: 9, 16, 23, 30	July: 10, 17, 24	July: 11, 18, 25
		August: 1

Registration is required for setting up AR lists, liability reasons and for state reporting data.

Students will be able to check out books and take quizzes using the Accelerated Reader program.

Students can accumulate AR points and use them in the AR store.

Each time you meet your goal you can turn in a slip for the weekly goal drawing.

(PK-1= 2 points, 2nd-3rd=3 points, 4th-6th=4 points)

Program Leader Shelly Schumer will be on hand to check out books and to help with quizzes.

Students entering Kindergarten or first grade are asked to have a parent or older sibling with them to help them read.

Volunteers to read with children are welcomed.

Let our kids see and hear you READ!

Gymnastics

Participants should wear a leotard or tight fitting shorts & t-shirt with tennis shoes.

Minimum 5. Maximum 12.

Registrations for session 1 are due May 24th.

Registrations session 2 are due July 1st.



Preschool Gymnastics

Open to Ages 3-5

Session 1:

Mondays June 3-24
9:30-10:30am
UAS Cafeteria
Fee: \$30

Session 2:

Mondays July 8-29
9:30-10:30am
UAS Small Gym
Fee: \$30

This is an introduction to gymnastics. We will start each class with a game, work on stretches that keep us safe while doing gymnastics, work on floor and beam skills, work on strengthening our muscles and end with a game (or outside activity).

Beginner Gymnastics

Open to Grades K-2

Session 1:

Mondays & Thursdays
June 3-27
10:30-11:30am
UAS Cafeteria
Fee: \$40

Session 2:

Mondays & Thursdays July
8-Aug 1
10:30-11:30am
UAS Small Gym
Fee: \$40

This is a class to learn how fun gymnastics can be. We will start each class with a team building game, we will do stretches that help gain flexibility, work on tumbling and jumps on floor and beam, and end with some strength building exercises and a game.

Intermediate Gymnastics

Open to Ages 3-5

Session 1:

Mondays & Thursdays
June 3-27
11:30am-12:30pm
UAS Cafeteria
Fee: \$40

Session 2:

Mondays & Thursdays July
8-Aug 1
11:30am-12:30pm
UAS Small Gym
Fee: \$40

This class we will introduce some harder skills and more difficult workouts. We will start each class with a team building game, we will do stretches that help gain flexibility, work on tumbling and jumps on floor and beam, and end with an inside or outside game.

Prairie Fire Children's Theatre



Join the summer play!
No experience necessary!

August 12-17,
2019

Fee: \$30 (UAS/District
Student)

The Golden Age of Hollywood comes to life in this over the top version of the classic tale. Set on a movie set in the 1930's, everything that can go wrong does! Two professional actor/directors from Prairie Fire Children's Theatre's staff will assign roles and direct the production. They will play the roles of The Hypnotist and The Queen Diva of all Stage Mothers.

Auditions for Prairie Fire Children's Theatre's original musical production of "Sleeping Beauty" will be held at Upsala Area Schools Auditorium on Monday, August 13 at 2:00pm. Open to all students grades 1 through 12 (2018-19 school year).

Roles for students include: Rose, Mallory, Colin, Eugene, Becki, Gwen, Julia, Anna and the rest of the Movie Stars; The Director, Assistant Director, Producer, Cameraman, Assistant Cameraman, Make-Up Girl, Soundman, Dance Coach, Sheep Wrangler, Coffee Girl, Chauncy, Chancy, Chintzy, The Reporter, The Henchmen and The Sheep. The audition may last up to two hours and all are required to be in attendance the entire time. No preparation is necessary. A portion of the cast will be required to stay following the auditions for a rehearsal session.

Performances are planned for Friday, August 16 at 7:30pm and Saturday, August 17 at 10:00am.

Registration is due by Monday, July 22nd

Minimum 20. Maximum 60

Transportation is not provided, but ride share with other families may be available.

Youth Recreation - Summer Ball

Dates & Times are Tentative. Schedules will be set by May 3rd.



Game schedules will be on the master calendar and paper copies will be handed out as soon as they are available.

Cardinal uniform jerseys will be used for the JO Softball League and JVL League. We will be ordering additional softball jerseys and new jerseys for JVL baseball, so it is very important to get your registration with size information in by the deadline! These uniforms should be turned in to your coach at the last game or returned to school (no later than September 14, 2019).

Evening practice times for league teams are set by the coaches. Coaches will be set after teams are organized. Game schedules will be on the master calendar and paper copies will be handed out as soon as they are available.

Junior Victory League Baseball

The Junior Victory League is organized through Little Falls Community Services. The pur-

pose of JVL is to provide a well-organized league to promote youth baseball in Morrison County in a fun, yet competitive atmosphere. League play is in June and July only. There will be NO JVL GAMES July 1st through 5th.

Cardinal uniform jerseys will be used for JVL Baseball. Jerseys should be returned to the coach or the school (Community Ed) at the end of the season.

Introductory Grades 2-3 (2018-19)

Practices: Mondays, 4:45-5:45pm starts June 3

Games: 6:00pm Thursdays starts June 13

This level plays one 6-inning game. Extra innings are up to the coaches.

Field: City Park

Fee: \$45

Rookie Grades 4-5 (2018-19)

Practices: Mondays 5:45-7:00pm starts June 3

Games: 5:45pm Tuesdays starts June 4

This level plays double headers, 1 night a week.

Field: UBA Field

Coach: Randy Leners

Fee: \$45



Minor Grades 6-7 (2018-19)

Practices: Mondays 7:00-8:15pm starts June 3

Games: 5:45pm Wednesdays

This level plays double headers, 1 night a week.

Field: UBA Field

Fee: \$45

Complete JVL league rules for each level are posted on the Community ed website.

Central MN Babe Ruth Grades 8-9

(Must not be older than 15 by May 1, 2019)

Founded in 1951, Babe Ruth Baseball League was created for ballplayers ages 13-15 who wished to continue their baseball playing experience beyond the age of 12. In this division, teams are eligible to enter tournament competition and move along the tournament trail, culminating in a World Series.

USA Patriots baseball uniforms will be used for Babe Ruth League. Uniforms should be returned to the coach or the school at the end of the season.

Practices: TBD

Games: Tuesdays and Thursdays (possible Monday games) at 1:00pm

Fields: Swanville and Upsala Varsity Fields

Fee: \$45

All summer ball registrations & orders are due by Friday, May 3rd.

Upsala Community Education is committed to serving the residents of our community through affordable learning and enrichment classes. Please email or call the Community Education office for more information about scholarships and/or fee assistance.

Dates & Times are Tentative. Schedules will be set by May 3rd.

JO League Softball

June-July

Upsala will be joining the JO St. Cloud Area Fast-Pitch League this year. This a non-competitive league which emphasizes on students learning fundamentals of the game. In this league teams will play double headers. Game 1 will be play to win, with starting the best players. Game 2 is for developing younger players and everyone will play. We will play league games, but not participate in Tournaments.

All practices and home games will be played on the Upsala Softball Field unless otherwise noted.

****Players are asked to wear black softball pants in addition to their jersey.***



10 U

Grades 3-4 (2018-19)

Practices: Mondays, 4-5pm

Games: Tuesdays

Field: Upsala Softball Field

Uniform: Cardinal Softball Jersey

Fee: \$45

12 U

Grades 5-6 (2018-19)

Practices: Mondays, 6:00-7:00pm

Games: Tuesdays

Field: Upsala Softball Field

Uniform: Cardinal Softball Jersey

Fee: \$45

14 U

Grades 7 & 8 (2018-19)

Practices: Mondays 7:00-8:00pm

Games: Tuesdays

Field: Upsala Softball Field

Uniform: Cardinal Softball Jersey

Fee: \$45

All summer ball registrations & orders are due by Friday, May 3rd.

Upsala Community Education is committed to serving the residents of our community through affordable learning and enrichment classes. Please email or call the Community Education office for more information about scholarships and/or fee assistance.

16 U

Grades 9 + (2018-19)

Practices: Tuesdays, 9:00-10:00am

Games: Tuesdays

Weight Training from 8:00-9:00am

Field: Upsala Softball Field

Uniform: Cardinal Softball Jersey

Fee: \$45

Summer Ball Coaches Meeting



**Monday, April 29th
6pm**

UAS Commons

We are currently hiring summer ball coaches. Our summer ball program is dependent on community members stepping

up to coach. If we do not have enough coaches, programs will be cancelled. Practice times are somewhat flexible and will be fixed at the coaches meeting. If you are able to coach, please contact Lisa Newhouse at lnewhouse@upsala.k12.mn.us

If you plan to coach summer ball, please attend this meeting. We will meet in the commons. We will review rosters, finalize practice and game times, pick up equipment and place orders for what is still needed. Mrs. Newhouse will be out beginning May 10th, so all will need to be settled at this meeting. Thank you.

Umpires Needed

Contact Lisa Newhouse at (320) 573-2175 if interested. Must be 16 and able to learn basics rules of baseball or softball.





Minecraft LAN Party

Open to Grade 3-6

Friday, May 24th

3:15-5:15pm

High School Media Center Computer Lab

\$10 per student

Do you have a deep deep burning desire to play Minecraft? Never played it but would like to try it out? How about the idea of playing it at school? Well soon there will be your chance to do so! The Upsala Robotics Team, in conjunction with Upsala Community Education, is going to be hosting a 30 person Minecraft LAN-Party right here in the Upsala High School Media Center. This event is where we will be playing with others from your grades on the same server!

100% of Proceeds go to the Robotics Team.

**Registration open until noon Monday, May 17th
Maximum 28 students.**

T-Ball/ Toss Ball (Co-ed)

These levels meet June 3-26 on Mondays and Wednesdays. Additional dates may be added by coaches' choice. Games may be scheduled with neighboring towns.



T-Ball is for children who are in grades PK-1 this 2018-19 school year age (must be 5 by August 1). This program will teach basic fundamentals of playing ball. They will learn how to throw, catch and hit off of a t-stand, progressing to coach pitch format.

Toss Ball is for students who are in grades 1-3 this 2018-19 school year and can consistently hit soft pitching. The goals of toss ball are to teach basic skills and good sportsmanship. Students will rotate and play all positions on the field.

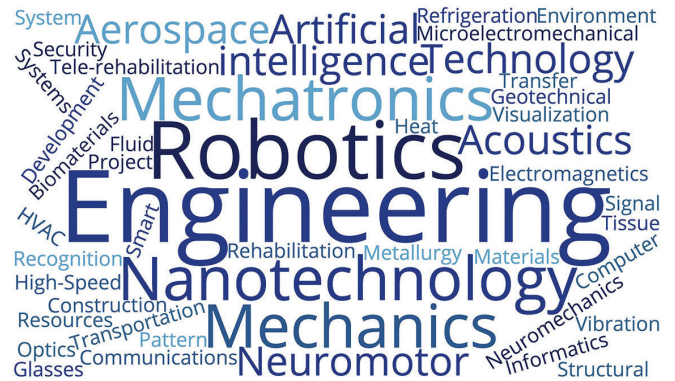
Dates: June 3-26, Mondays & Wednesdays

Time: 6:00-7:00pm

Field: City Park

Fee: \$30

Summer Technology & Robotics



Eureka Engineering

Open to Grade 3-5

August 5th- 8th

9am- Noon

High School Media Center

\$100 per student

Eureka introduces students to the core skills of robotics and other STEM areas through engaging, hands-on learning opportunities. Student groups will work with Lego Mindstorm kits, which include both programming and mechanical components. The small groups will be mentored by experienced and passionate students from both high school and collegiate level robotics teams. For those interested in getting involved in FIRST Robotics, Eureka serves as a marvelous transition into a FIRST Lego League team!

Registration open until noon Monday, July 29th.

Minimum 8. Maximum 30.

Tech Trek

Open to Grade 6-8

August 5th- 8th

1-4pm

High School Media Center

\$100 per student

Tech Trek provides students with opportunities to create and apply knowledge of STEM topics in a group setting. Students will work with Tetrax kits which integrate electrical, programming, and mechanical concepts. Enthusiastic members from high school and collegiate level robotics teams will guide students as they navigate through engineering challenges. Tech Trek builds a concrete foundation of robotics concepts, which will especially benefit those looking into joining a FIRST Tech Challenge team.

Registration open until noon Monday, July 29th.

Minimum 8. Maximum 30.

DRIVER'S TRAINING PACKAGE

A complete Driver's Education Package consisting of 30 hours of classroom instruction and 6 hours of behind-the-wheel will be offered at Upsala High School through Today's Driving School.

After students obtain their permit, two hour behind-the-wheel sessions can be set up. Cost of the entire package is \$355. **Students enrolling must be 14 years of age by June 14, 2019** and 15 before applying for a permit (14 for a farmers permit)

It is important that students attend every class. A makeup session may be added due to an emergency absence. If you will need to make up a class, please contact Today's Driving School

at 320-293-0352.

An instructor will come to Upsala Schools for the 2 hour behind the wheel sessions.

Please include student's birth date and full name (first, middle, last) when registering.

Once a student has enrolled they will receive a contract, this must be filled out, signed and returned to the school office or a parent must attend the first class to fill it out.

June 3-14

Monday-Friday

Time: 1:00-4:00 pm

UHS Cardinal Media Center

Fee: \$355

Payment is required with registration. We are offering a two pay option. Half \$175 is due at signup and remaining half \$175 is due by Monday, June 3. *Late payment will incur an additional \$10 fee.* Payments may be in person at the school office. Please contact Lisa Newhouse with questions.

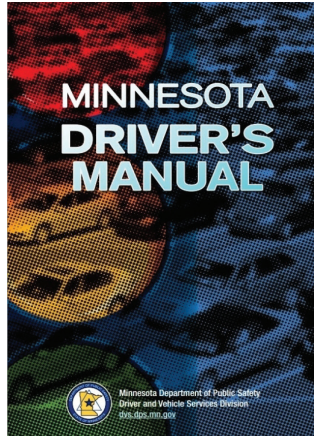
Minimum 10 students

Registration open until filled or by June 3

Required Materials: pencil/pen, notebook and *MN driver's manual

The MN Driver's manual may downloaded and printed from the MN DPS website or purchased at class for \$6.00.

Fall/Winter Driver's training class dates will be announced soon!



The ABCs & Ds of Medicare©

Wednesday, May 22nd

Time: 6pm

UHS Cardinal Media Center

Free.*

Preregistration Preferred

This workshop is designed to help you understand Medicare- one letter at a time; in a no-pressure setting hosted by an experienced, knowledgeable agent. We will discuss Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage), and Part D (Medicare Drug Coverage). Including various costs and benefits with each part of Medicare. We will also cover: Initial Enrollment Periods, Annual Enrollment Period (AEP), the 2 types of "secondary" insurance available in our area: Medicare Supplements and Medicare Advantage Plans, and some agent "pro tips" on how to navigate your Medicare Plan choices. The ABC's&D's of Medicare is strictly educational, no sales will occur, no specific products will be discussed, the presenter will not ask you for contact information. All you need to bring are your questions!

Instructors Wanted

Community Ed is currently seeking individuals to fill the following positions:

- Youth Summer Ball Coaches
- Youth Tennis Coach
- Youth Soccer Coach
- Youth Dance Teacher
- Youth Martial Arts Instructor
- Adult/Teen Self-Defense Instructor
- Permit to Carry Instructor

If you have a class idea or would like to teach a class, please contact Lisa Newhouse at lnewhouse@upsala.k12.mn.us or 320-573-2175

Registration & Policy Information

Register Early Please register by noon on the deadline indicated, so we can make enrollment decisions. If there is not a deadline listed, please register at least 3 business days in advance. Late registrations will be accepted provided space is available with a \$5 late fee.

If registering with a paper, please use one form per student and staple together with the total for all on the last form.

Are you registered? If you provided an email you will automatically get a confirmation invoice. If there is an error on your registration invoice, please let us know ASAP. We will only contact you for cancelled or rescheduled classes.

Adult Programs Unless otherwise noted, Adult Programs are open to ages 16 and older. (Parental signature is required until 18.)

Inclement Weather No classes or activities will be held when school has been cancelled or closed early due to bad weather. Please check our website www.upsala.k12.mn.us or follow us on social media for cancellation notices.

Cancellation Policy We reserve the right to cancel classes if enrollment is below needed minimum. Registrants will be notified and a full refund given. Cancellations and rescheduled games and other activities are announced on our website.

Refund Policy We will issue a credit voucher or refund only if you notify the Community Education Office at least 48 hours prior to the beginning of the class. Written requests via email are preferred. Pro-rated refunds may be given for most classes with multiple meeting times. *Exceptions include trips with advance ticket sales.

Statement of Release Upsala Area Schools and its employees are not responsible for accidents or injuries resulting while participating in any activity. Photographs may be taken at events and used for advertising.

Advisory Council Vern Capelle, Superintendent; Kathy Blonigen, Chairperson /Community Member; Denise Cheney, Staff /Community Member; Lisa Newhouse, CE Coordinator; Elizabeth Gunderson, Community Member; Jonathan Leither, Assistant AD/Youth Rec. Coordinator; Carie Leners, Coach/Community Member; Karin Nelson, School Board Member; Wendy Rene, Community Member; Stephen Roerick, School Board Member; Jessica Wenker; Community Member; Jennifer Servatius, Community Member

Special Needs If you have special needs such as childcare, wheel chair, interpreter, etc. please call at (320) 573-2175, ext. 173. Every attempt will be made to assist you with advance notice.

Fee Assistance Upsala Community Education is committed to serving the residents of our community through affordable learning and enrichment classes. Please email or call the Community Education office for more information about scholarships and/or fee assistance.

Transportation Upsala Community Ed does not provide transportation to its activities, with the exception of trips (example Disney on Ice). Other participants may be willing to rideshare.

Out of District We welcome participation in our after school and adult activities. Out of district registration (non-UAS student /non-district resident) for athletics is only accepted if there is room on teams after our registration due date with the additional out of district fee. We charge a \$20 per out of district participant fee.

Income Tax Deduction and Credit for Education Related Expenses The MN deduction allows parents to subtract from their taxable income up to 2500 for qualifying expenses on behalf of each child in grades seven to 12 and up to 1,625 for each child in grades kindergarten to six. The list of qualifying expenses includes Community Education classes, tutoring and academic summer school and camps.

Community Ed Meetings

Join the advisory board!!! It is low commitment, only four or five meetings a year. Make suggestions for new and current programs.

All are welcome to attend. Meetings are held in the HS Cardinal Media Center.

- Tuesday, June 25th @ 6:00 pm

117 Main St.
Upsala, MN 56384
Phone: 320-573-4282

Open Hours:

Mon: 10:00-3:00
Tues: 3:00-6:00
Wed: 2:00-8:00
Fri: 2:00-8:00
Sat: 10:00-1:00

<http://www.griver.org>



The Big Fun Show

All Ages

Monday, June 10th

10:30-11:30am

Mr. Big Fun Dave Walbridge will surprise and delight with comedy, juggling, magic, and more in this one-man circus event! A Legacy event.

Between the Covers BOOK CLUB

Adult Book Club

Meets 4th Monday of the Month 7:00pm

Join members of GRRL~Upsala's bookclub, "Between The Covers," as new titles are read and discussed. Each month a new title is chosen by the group for the following month's discussion.

Stop in for a copy of the book in print or on compact disc/sound cassette/ebook (when available) ahead of the date

Friends of the Upsala Public Library

All Ages

Meets 4th Monday of the Month

6:00-7:00pm

Join the group that makes the library GO! Help us raise funds and awareness of library programs. Friends meets the fourth Monday of each month.



Knitty Gritty Craft Group

Adults & Teens

Meets 4th Friday of the Month

6:00pm

Crochet, knit, quilt, cross stitch! Bring a project, Bring a challenge, BRING A FRIEND!! Talk and share and work together. Hosted by Friends of the Upsala Public Library Fourth Friday of each month.



Pinktacular

Ages 4-9. Limit 20.

Monday, June 10th

10:30-11:30am

Join us for a celebration of all things pink. Think princess,

think glitter, think pink! Listen to pink-y stories. Make fancy pink crafts. And, for a grand finale, model your pinktastic accessories on the royal runway! Parents are welcome.



Mobile Sign Shop

All Ages. Limit 60 signs.

Friday, June 21st

5:00-8:00pm

Come take a stop at the Mobile Sign Shop! Make your own cabin-style, carved sign you draw on a wooden sign blank, we carve it with a router, and you paint it! Two artists will be on hand to facilitate this three-hour drop-in outdoor event. Art-making is for grown ups too! Young children will need adult assistance. A Legacy event.



Remarkable Reptiles

All Ages.

Monday, July 8th

10:00-11:00am

Pet a boa with herpetologist and author, James Gerholdt, as he uses a variety of artifacts and live reptiles to teach about reptiles. Artifacts like shells, skulls and skins will be displayed along with live turtles, lizards and snakes, including a boa constrictor that you can touch and sometimes hold! All species used are harmless! A Legacy event.



Summer Reading Program Kicks Off June 10th!

Please contact GRRL-Upsala for more information about the programming on this page or register online at www.griver.org.

Upsala Area Schools
 415 South Main Street
 PO Box 190
 Upsala MN 56384
 www.upsala.k12.mn.us

OR CURRENT RESIDENT

Bulk Rate
 US Postage Paid
 Non-Profit Org
 Permit No. 2



Spring Book Fair

MAY 13TH -15TH
 8AM-7PM
 UPSALA HIGH SCHOOL CARDINAL MEDIA CENTER

Upsala Area Schools Accepts:
 Teals Receipts
 Box Tops for Education*
 Loaves for Learning
 *Please check expiration dates
 We no longer accept: Label for Learning or
 Campbells Soup Labels

Dollars for SCHOLARS
 A Program of Scholarship America®
 Thank you to all who supported our **Dollars For Scholars Senior Auction**. Thank you to Schultz Auctioneers for helping to make this event a success. We were able to raise \$2750 for our Class of 2019!



Administration: Vern Capelle, Superintendent Nick Klug, Dean of Students Mark Herbes, Athletic Director Colleen Harren, Business Mgr.	School Board: Dean Peterson Karin Nelson Ryan Thomas Trevor Soltis Stephen Roerick Andrew Wensmann
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