




Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Welcome Back!</b> Whether you are back in class or at home E-learning, be sure to always have a nutritious lunch!</p> 				
			<p><b>12th Chicken Ham &amp; Cheese Croissant *</b></p> <p>1.15 oz Chicken Ham &amp; Mozzarella 2 oz WG Croissant 1 cup Fresh Spinach 1/4 c Tomato Slices 1/2 c Craisins Ranch Dressing Mustard</p>	<p><b>13th Cheese Pizza</b></p> <p>2 oz Cheese 2 oz Crust 1/2 c Green Beans 1/4 c Grape Tomatoes 1/2 c Fresh Plum Cereal Bar Ketchup</p>
<p><b>16th French Toast &amp; Turkey Sausage</b></p> <p>1.5 oz Turkey Sausage Links 2.25 oz French Toast Sticks 1/2 c Baby Carrots 1/4 c Tater Tots 1/2 c Diced Pears Cup Maple Syrup Ketchup</p>	<p><b>17th BBQ Popcorn Chicken *</b></p> <p>2 oz Popcorn Chicken 1 oz Breading 1/2 c Fresh Broccoli 1/4 c Seasoned Black Beans * 1/2 c Fresh Kiwi Ranch Dressing</p>	<p><b>18th Chef Salad</b></p> <p>2 oz Turkey Bologna &amp; Cheese 2 oz Dinner Roll 1 cup Spinach Salad 1/4 c Sliced Tomatoes 1/2 c Craisins Ranch Dressing</p>	<p><b>19th Bean Burrito Bowl *</b></p> <p>2 oz Beans / Cheddar Cheese 2 oz Brown Rice 1/4 c (Corn) 1/2 c Mild Salsa Cup 1/2 c Fresh Plum 1 oz Apple Smiley Delight</p>	<p><b>20th Cheeseburger</b></p> <p>2.5 oz Beef Patty / Cheese Slice 2 oz WG Burger Bun 1/2 c Cucumber Slices 1/4 c Sweet Potato Fries 1/2 c Apple Juice Ketchup</p>
<p><b>23rd Turkey Ham &amp; Cheese Grilled Sandwich</b></p> <p>2 oz Turkey Ham &amp; Cheese 2 oz WG Bread 1/2 c Sunset Sip Juice 1/4 c Baby Carrots 1/2 c Fresh Orange Ranch Dressing</p>	<p><b>24th Chiken Filet Sandwich</b></p> <p>2 oz Chiken Filet 2 oz WG Burger Bun 1/2 c BBQ Three Bean Salad 1/4 c Fresh Cauliflower 1/2 c Grape Juice Ranch Dressing</p>	<p><b>25th Cheese Pizza</b></p> <p>2 oz Cheese 2 oz Crust 1/2 c Green Beans 1/4 c Fresh Jicama 1/2 c Fresh Pear 1 oz Animal Crackers</p>	<p><b>26th Popcorn Chicken Salad</b></p> <p>2 oz Popcorn Chicken 1 oz Breading 1 cup Spinach Salad 1/4 c Mexicali Corn * 1/2 c Diced Peaches Cup Ranch Dressing 1 oz Apple Smiley Delight</p>	<p><b>27th Mini Turkey Corn Dog</b></p> <p>2 oz Turkey 2 oz Breading 1/2 c Dragon Punch Juice 1/4 c Sweet Potato Fries 1/2 c Craisins Ketchup Mustard</p>
<p><b>30th Cheesy Tortilla</b></p> <p>2 oz Shredded Mozz, Cheddar 1 oz 6" Tortilla 1/2 c Fresh Jicama 1/4 c Baby Carrots 1/2 c Fruit Punch Juice Ranch Dressing</p>	<p><b>31st Buffalo Popcorn Chicken</b></p> <p>2 oz Popcorn Chicken 1 oz Breading 1/2 c French Fries 1/4 c Fresh Celery 1/2 c Fresh Apple Ranch Dressing Ketchup</p>	<p>* New Item!</p>		