

CK Drama Jocks too much for Lincoln, Omaha

CK VB falls to Mullen in Subdistrict action at ACHS


## MEME me up, sCKotty <br> 



## Office Notes: When You Come Home

By Carrie Ford

## CK Front Office

There is something in the comfort of your hometown. It's the sights, sounds, and smells. The familiar people and ease of conversations that start with a nod to your neighbors. It may be a pat on the back or the 'way to go' whoops of the community at a school event. It could be the honking of horns for every touchdown and the pump-up music before a game shattering the sound barrier. Perhaps it's when you're up at the crack of dawn to witness a full moon waning over the frosted Sandhills. Or maybe it's the smell of homemade bread in your school? Sometimes it's that one song taking us back to a time and place that is home in our hearts. This week has been a challenge. A young
cowboy is faced with a mountain to climb before he can come home. He is surrounded by a community holding him up in love and a family of schoolmates that miss him dearly. There are times when you just want to go home, to crawl up in your mom or dads lap and snuggle in. Some days I still feel that way even at 50 . We all remember the essence of those moments. They are not lost nor forgotten. I was reminded the other day of the power of a hug. I'm not a touchy feely kind of gal. I usually laugh at inappropriate times, thank-you social anxiety. But a hug was freely given and received and it was that feeling of home, a feeling of thanksgiving and gratitude. Tears of joy flow freely when you see a little boy sharing a miracle with his hometown.

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## SPONSOR

 George ArnoldSchool District \#30 Board of Education Agendas are kept continuous and are available at the office of the Superintendent. 360 West 4th Street, Cody, NE 69211


## Comments, Questions?

E-Mail them to cknews@cody-kilgore.com or mail to CKHS: 360 West 4th Street, Cody, NE 69211 Please note that all contributions will be previewed by the CKUS administration. Publication for each edition of the CKBeat will be the 20th of each month.

## Point : Counterpoint with Kamryn and Max

By CKBeat Staff

CKBeat

CK Sophomores Kamryn Tucker and Maxwell Pruitt are tackling the issues that matter. In this series, these two gentleman will debate the merits of a variety of hard-hitting controversies impacting society. Whether they argue the merits of classifying a hotdog as a sandwich, or determining the appropriate way to hang a roll of toilet paper, Kamryn and Maxwell will not hesitate to discuss, debate, and determine the the truth's truth.

> This is Point : Counterpoint

Issue 2: The Best Type of Shark
Kamryn: The Goblin Shark is without a doubt the best shark. Period.
Maxwell: No, the Great White Shark is the best shark
Kamryn: Just look at a picture of him (Goblin shark). He's absoultely adorable. Looks alone carry this shark to number one. Maxwell: I mean mine's the most agressive shark. What are you going to do about that?
Kamryn: Ok, in terms of pure aesthetics, the Goblin Shark is by far the best. Maxwell: The bite pressure of the Great White Shark is 4,000 p.s.i.


## Counselor's Corner: Anxiety Awareness

By Kristin Fay<br>CK Guidance Counselor<br>October is Emotional Wellness Month. I'm going to attempt to tackle the overwhelming topic of anxiety and stress in children and teens. While young children and teens vary greatly in maturity and situations, they do share some similarities.

Anxiety and stress can be misinterpreted in young children and teens. Young children may not have the ability to appropriately or accurately express their emotions, and teen anxiety and stress can be misunderstood as normal teenage behavior. The CDC (2021) states that anxiety may present in the
form of fear or worry and children may also become irritable or angry. Anxiety may also have physical symptoms such as headaches, stomachaches, or difficulty sleeping. Older children and teens may also begin to draw away from activities, social situations, friends, or new experiences.

Currently, anxiety is the most common mental-health disorder in the United States. Why the increase? Increased awareness and emphasis on mental health could be one reason. Research shows that a student's mental health is just as important as academics and there is a correlation between a student's mental health status and their academic performance. Dr. Tim

Moore (2018) attributes the rise in youth anxiety to the four over's: overwhelmed, overcommitted, overexposed, and overprotected. Overwhelmed: Students and adults are expected to accomplish more in a day than they ever have before. Multi-tasking has become the norm and children and teens are overstimulated by everything happening in their environments.
Overcommitted: Children also have more opportunities to be part of extracurricular activities and organizations. While we often feel that this makes for a well-rounded individual, students and kids are being pulled in multiple directions with each activity demanding their attention.

# Counselor's Corner: Anxiety Awareness Cont. 

Overexposed: Technology can be an amazing tool, however young children and teens are constantly receiving updates and notifications. They are never given a break from a constant stream of information and don't have the skills to put their technology away to give themselves a break. By adolescence, kids are on their phones the equivalent of a full-time job. At 18 years old, the average child has witnessed 16,000 murders on TV and 200,000 assaults (Moore, 2018, p. 13).
Overprotected: Dr. Moore (2018) believes children and teens, "have very little grit...We've prepared the path for the child instead of the child for the path" (p.14). Children and teens don't know how to deal and cope when faced with adversity.

Now what can I do to help my child cope with anxiety?
Unplug: Young children and teens need to find time within their day for quiet. This means time away from technology and even other people. Creating quiet time within their day to read or relax can help students to decompress.
Practice Mindfulness: Make sure teens and children are getting enough sleep, they have boundaries and time limits with technology, spend time outside, practice deep breathing techniques, and get enough physical exercise. Model Positive Coping Skills: With young children and teens, it is important to help them learn to deal with triggers. A child that is upset doesn't need to be removed from a situation or stimuli but needs to learn how to handle the situation. Dr. Clark Goldstein
(2021) emphasizes that validation of feelings doesn't always mean agreement. Talk through the fear with your child and help them to find healthy solutions. Dr. Goldstein also recommends not reinforcing a child's fears. Parents and adults may inadvertently communicate their own fears for their child through their questions, tone of voice, or body language.

Anxiety and stress are real factors in a student's daily life. Learning how to cope with and handle these triggers can contribute positively toward their overall mental health. If you would like more information, I would suggest Stressed Out: Five Research-Based Methods to Help Teens Beat Stress and Anxiety by Dr. Tim Moore.

# From the desk of Superintedent Orrock 

By Ryan Orrock
CK Superintendent

Cody-Kilgore Title 1-A Program

The Title I-A program provides financial assistance to LEAs and schools with high numbers or high percentages of poor children to help ensure that all children meet challenging state academic standards. Federal funds are currently allocated through four statutory formulas that are based primarily on census poverty estimates and the cost of education in each state.

The Cody-Kilgore School operates a Title 1 K-5 schoolwide program. Being a schoolwide program allows for all students at the elementary to receive services. Meaning that anything that the school pays for with the Title 1-A dollars can be used by any student in the building.
I cannot stress enough how impor-
tant it is to return the Free and Reduced Applications at the beginning of the year. Filling out the application is important even if you think you will not qualify. If for some reason you did qualify your children would get free or reduced meals and it factors into how many federal dollars we will receive. For the 20212022 school year the district will receive $\$ 36,481$. Which is not a lot of money compared to other school districts, but it does cover expenses. The use of the Title 1 funds is limited. We cannot purchase items that we could have purchased with our General Fund dollars. If we have purchased in the past with the Title dollars than it is allowable. Currently we are paying two elementary teachers to prevent combined classrooms.
We currently have an Elementary Title 1 Planning team. The team consists of elementary teachers, parents,
board member, and administration. The team meets at least twice a year to go over the Title 1 Schoolwide Plan. In this plan the needs of the school are addressed. We talk about strategies the district uses to address the learning needs. High quality and ongoing professional development for staff. Strategies to increase parent and family engagement, and a Transition Plan. Through the first few meetings we have received great feedback from parents and it is a good time for teachers and administration to highlight the great things that are already happening in the school.
Please visit our website to see our Title 1 Schoolwide Plan. The new plan will be up by the middle of November. If you are interested in being on the Planning Team, please let me know.

# CKUS October School Board Minutes 

| By Ryan Orrock | Minutes of the <br> Board of Educa- <br> tion Meeting |
| :---: | :--- |
|  | October 11, 2021 |

Kilgore Elementary School

1. The regular Board of Education Meeting was called to order by President Adam Naslund at 6:37 p.m. Roll call - Five members were present; Bethany Swendener is excused. Ryan Orrock, Donna Blocker \& 3 guests were also in attendance. President Naslund verified the posting of the Open Meetings Act, the meeting time \& place.
2. It was moved by Kurt Busenitz \& seconded by Tim Nollette to approve the agenda as presented with the addition of one item for discussion during executive session concerning a student. Roll call vote. Motion carried 5-0.
3. It was moved by Tim Nollette \& seconded by Landon Miller to approve the consent agenda as presented. The Board approved the claims in the amount of $\$ 246,451.95$ and the minutes from the September, 132021 meetings. Roll call vote. Motion carried 5-0.
New Business:
4. President Naslund welcomed the visitors to the meeting. Andrew Ward, Josh Whipple \& Brett Adamson were present to discuss the options for the Kitchen sewer system at the elementary school. We have three options: put in a completely new system, tie into a system that Josh Whipple is installing for his business or transport prepared meals from the Cody Kitchen. After lengthy discussion it was decided to hire an architect to determine the feasibility of tying into the new system at Mr. Whipple's business. 5. It was discussed \& agreed by all present to approve a bus supervision agreement with Joella Peterson for \$20/day. 6. It was moved by Kurt Busenitz \& seconded by Tim Nollette to approve Bethany Swendener as the official NASB Delegate Assembly representative for Cody Kilgore. Roll call vote. Motion carried 5-0.
5. It was moved by Shannon Ravenscroft \& seconded by Landon Miller to amend and approve Policy \#6020 Multicultural Education; Policy \#5057 District Title I Parent and Family Engagement Policy;

Policy \#5045 Student Fees; Policy \#5054 Student Bullying; Policy \#5018 Parent and Guardian Involvement In Education Practices; Policy \#5012 Testing and Assessment Program; Policy \#4030 Evaluation of Certificated Employees; Policy \#4031Evaluation of Probationary Certified Employees; Policy \#3040 School Safety and Security; Policy \#5001 Compulsory Attendance and Excessive Absenteeism. Roll call vote. Motion carried 5-0.
8. It was moved by Tim Nollette \& seconded by Kurt Busenitz to approve the surplus an old refrigerator and old iPads. Roll Call Vote. Motion carried 5-0. Superintendent Report:
Mr. Orrock shared about Covid 19 and how it seems to be better in our area. The committee will meet again to analyze the situation. Donna will submit a claim for the first HVAC payment of $\$ 96,000$. He provided a General Fund financial update. After visiting with Lynn he said the fundraising website should be up and running soon. He has been working with a Hobart representative to find a dishwashing system that

1 of 2

## Cody Kilgore Unified Schools Board

 MinutesOctober 11, 2021
will work in our kitchen. He shared the notes from the latest student council meeting. Our annual financial audit is complete. This company will no longer be able to do our audit so we will be looking for a new company to work with. He talked about board goals \& plans for the future. Homecoming went very well this year and we had great attendance. There are a few building \& grounds issues to be taken care of and he is working on it. The superintendents house needs some ceiling work done upstairs \& he will be hiring someone to take care of this. He will give the board his evaluation paperwork at the next meeting.
9. It was moved by Kurt Busenitz \& seconded by Landon Miller to move into executive session at $8: 46 \mathrm{pm}$ for the purpose of discussing a legal situation and a student matter. Roll call vote. Motion
carried 5-0.
10. The Board came out of executive session at $9: 11 \mathrm{pm}$.
11. It was moved by Tim Nollette \& seconded by Kurt Busenitz to adjourn the meeting at 9:12 pm. Roll call vote. Motion carried 5-0. 12. The date for the next regular Board meeting will be November 8, 2021, at 6:30 pm in Cody. Claims submitted \& approved: Amazon Capital Services, supplies, \$1,132.18 Bomgaars, custodial supplies, $\$ 169.50$ Cardmember Services, supplies, \$322.31 Cody Oil, fuel, \$3,069.53 Creativetime Solutions, time clocks, \$31.25 Dietz Music, instrument repairs, \$175.00 ESU 17, service contract, $\$ 10,482.80$ Fire \& Ice Mechanical, AC unit - Superintendent house, $\$ 7,489.17$ Great Plains Communications, telephone, \$1,110.98 Hand's Lawn Service, football field work, $\$ 1,254.00$ Heinert Ag Service, bus parts \& repairs, \$1,017.23 Hometown Lumber, custodial supplies, \$242.89 Innovative Office Solutions, colored paper, \$144.20 Jones, Beth, ins ded met, \$525.00 Kadlecek, Tara, spray paint, \$29.18 KBR, electricity, \$2,736.13 KSB School Law, legal service, \$308.00 Menards Norfolk, supplies, \$259.18 NK Waste, trash service - Kilgore, \$107.00 Presto-X, exterminator, \$107.00 RehabVisions, P/T \& $\mathrm{O} / \mathrm{T}$ services, $\$ 1,407.07$ Valentine Medical Clinic, bus physical - Michelle, \$125.00 Valentine Midland News, board minutes, $\$ 71.85$ Village of Kilgore, water fee, $\$ 14.00$ Xerox, copiers - 2 months, \$1,344.92 Zaner-Bloser, elementary supplies, \$1,000.89
General Fund Payroll \& Benefits, \$211,775.69
Respectfully Submitted, $\qquad$
Secretary
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## CKBeat

## HOCO ‘21 CK Kicks



## Minatare to the stars



## Cowboys dominate Sioux Co. Warriors 86-8



CK senior Cactus Millar in the open field during action in the SC at Harrison game.

## By Cactus Millar

CKBeat

The CK Cowboys went on the road for their second to last regular season away game. The Cowboys cleaned house with a final score of 86-8. The Cowboys had a very well put together and well-rounded game. The Cowboys won the coin toss, and in normal Cowboy fashion opted to receive in the first half. Senior Cactus Millar had an electrifying return for 45 yards. Senior Peyton Sterkel finished off the drive putting in a 6-yard touchdown run. The leading Cowboys rusher of the game was Sophomore Dom Fresquez with a whopping 97 yards. The Cowboys also had a very successful game on defense, but I mean they would have to, when only allowing one score in the whole contest. Senior Gage Davis led the Cowboys with 10 total tackles, and other Senior Cactus Millar was right behind him with 7 total tackles, 1 of those being a tackle for loss. Head Coach Landon Miller had this to say about the game. "Sioux County didn't play up to the team we watched on film. Our boys were on point and made every play they needed to make. Our running game was on point, especially up front in the trenches. Our passing attack was crisp and executed well, something we've been wanting to see. Defensively, we had a dominating performance. I'm excited to see where this year's team can get if we continue to work up to our peak potential."

## CK mauls Minatare, Indians shutout 97-0

By Gage Davis \& Cactus Millar CKBeat

The Cowboys had an exciting homecoming week culminating in a blowout victory against the Minatare Warriors, with a final score of 97-0. Yes, that is right, 97-0. The Cowboys did an amazing job coming off of a bye week focused and ready for the Minatare challange. Cody-Kilgore came to play, and within the first minute of the game, the Cowboys had added three scores on the board. CK Senior Peyton Sterkel started the Cowboys off with their first touchdown after a tipped interception resulted in a pick six touchdown. Freshman Jasper Roseberry led the Cowboy rushing effort with 107 total yards, which is an impressive stat for a freshman! Defensively, the

Cowboys played impeccably on defense. Freshman Jasper Roseberry led the Cowboys in tackles totaling 12 solo tackles! Head Coach Landon Miller had this to say about the game, "Homecoming week. The energy is always high and this year was no exception. I'm proud of the focus the kids brought to the game. We managed to score 3 touchdowns in less than a minute. That's laser focus ready to play football, we need to continue


CK Junior Byron Skinner scampers to the endzone in CK victory over Minatare. The Cowboys defeated the Indians 97-0 during Homecoming 2021.
that. You can't control who you play, but you can control how you play and I feel like our kids are stacking up consecutive games of really nice performances."

## Rams no match for CK, Cowboys rumble 53-6

By CK Beat Staff
CKBeat

The CK Cowboys on Friday, October15, went on the road to Crawford for their final away game of the regular season. Surrounded by the picturesque backdrop of the Nebraska Pine Ridge, the Cowboys secured a pivotal road victory against the stubborn Rams, winning 53-6. This victory was especially impressive considering the injury and eligibility issues that plagued the Cowboy roster. Younger Cowboys answered the call and stepped in where needed for Coach Millar. They acquitted themselves well both on offense and defense. At halftime, the Cowboys led 53-0, which proved to be a large enough margin for Cody-Kilgore to play reserves for the balance of the contest.
Offensive leaders for the Cowboys included CK senior Peyton Sterkel, whose 109 yards on four carries resulted in in two touchdowns, while CK sophomore Cooper Fay threw for an efficient 130 yards and two touchdowns. CK seniors Gage Davis and Tucker Ravenscroft also added to the offensive totals with a touchdown toss from each. Receiving leaders for the Cowboys included CK Junior Dylan Naslund, with two touchdowns, as well as Fay and Davis both adding a touchdown apiece.
Defensively, the Cowboys made quick work shutting down the Ram offense, which looked
rather feeble the entire game. Davis led all Cowboy defenders with 10 solo tackles and 10 assists, including two tackles for a loss. Sophomores Fay and Jacob Knox did their part to stymie the Rams offense by totaling four solo tackles apiece.
Coach Millar was pleased with Cowboy effort and offered his reflection of the Crawford game, "I love playing in Crawford. Our 2019 match up there was a nail biter, winning on the last play under the arm of Daniel Busenitz with a banged-up football team. That was Cowboy grit and the will to win. We haven't been put in that position this year, so Friday we continued to prepare for when we do. We moved a few positions around with being down a couple players, and I felt the kids responded well. Tucker Ravenscroft and Dylan Naslund led a defensive line that dominated all night, and our second level defenders capitalized with on their opportunities with Gage Davis getting yet another defensive score. Peyton Sterkal moved to RB and had a good downhill running attack.


Gage Davis looks for blocks during the CK v. Craford game.

## Hawk heartache as undefeated Cowboys roll 66-14

By CK Beat Staff
CKBeat

The CK Cowboys on Friday, October 22, faced off against the visiting Hay Springs Hawks at Cody Field, hoping to cap off an undefeated regular season. They did just that by dispatching the Hawks 66-14. The Hawks entered the game with a 5-2 record and dreams of upsetting the unbeaten, top ranked and ballyhooed CK Cowboys. A slow start for the Cowboys, marred by uncharacteristic turnovers and penalties, buoyed the confidence of the Hawks, but after one quarter of play the score was 22-6 with CK managing to overcome costly early mistakes. By halftime, the Cowboys had amassed a 50-14 lead over Hay Springs, all but ensuring an undefeated regular season for CK. Leading the offensive attack for the Cowboys, CK senior, Cactus Millar tallied 257 yards on 10 carries. Not to be outdone, CK senior, Peyton Sterkel added 86 yards on seven carries. Leading the passing attack, CK sophomore, Cooper Fay finished the game with two completions totaling 33 yards and one touchdown. Defensive leaders for the Cowboys include CK senior, Gage Davis with 15 total tackles, 10 assisted and 5 solo and Millar 10


Next Stop: Endzone for Peyton Sterkel in the CK v. Hay Springs game. total, seven solo and three assisted. CK senior Tucker Ravenscroft added one QB sack, while CK junior, Parker Andrews and Sterkel each added an interception.
Next up for the Cowboys is a rematch against Stuart in the first round of NSAA state football playoffs.

## CK sweeps St. Francis in three sets

By Annalise Busenitz CKBeat

On October 21, 2021, the CodyKilgore Cowgirls swept the St. Francis Warriors in a three-set game. This ten-person team finished the regular season with a tremendous triumph. Parent's night with the local community was a great beginning to the match. Orange and Black apparel dotted the stands. Energy radiated from the crowd. As past graduates and local volleyball enthusiasts cheered, they presented motivation to the determined athletes. Freshman Allie Heath was the first server. The Cowgirls were awarded the first point; the game was underway. Eight aces, seven kills, and ten digs later, the first set was claimed by CodyKilgore. The second set started with a kill from Sophomore Aubree Johnson. This particular set had the lowest numbers in team stats out of all three sets. Nevertheless, the Cowgirls pulled through and won the set by fourteen points. Set three commenced with an ace from Freshman Allie Heath. The third and final set of the last game showed spectacular improvement for the young ladies. This set included nine aces, sent by record-holding Freshman Allie Heath (The record stands at 73 aces in one season.), Sophomore Aubree Johnson, Freshman Ayden Nasland, Senior Colby Cady, and Sophomore Abigail Busenitz. The five kills of the last set showcased Sophomore Mikah Vander Wey, Sophomore Aubree Johnson, Freshman Ayden Nasland, Freshman Allie Heath, and Senior Annalise Busenitz, sealing the fate of St. Francis with the final point of the game. Overall, the mighty Cowgirls of Cody, Nebraska fought hard to finish their season with a phenomenal win for their spirited home crowd, and they did just that.


The Cowgirls in the moment celebrating the big home win v. St. Francis.


CK junior Kassidy Roseberry hits back against St. Francis at the Cody Corral.


## CK falls to Mullen during subdistict action at ACHS

By Colby Cady
CKBeat
The Cody-Kilgore Cowgirls ended their season not exactly how they planned, but went out playing with heart. A competitive season left them with a record of 9-16. The Lady Cowgirls traveled to Arthur County on October 25, to face the Mullen Broncos in the first round of subdistricts. This game was going to be tough, but the girls knew that. They had faced the Broncos twice before, and both times fought tough but still came out on the bottom.
The Cowgirls chased the Broncos close in the first two sets but took the loss both times. They came back in the third set and roped a win. As the Cowgirls came into the game, they realized that this might be their last. This was it. Everyone laid out for every ball, but CK still did not end up pulling off the upset. After shaking hands, the


CK senior Colby Cady in action against Mullen during subdistrict action at ACHS
girls noticed that their season was now over. After huddling up one last time, they turned to look to their crowd for support. Most of the parents and football boys were giving hugs and telling the girls "it was one heck of a final game."
This was the end of the season, the Cowgirls had improved their skills and were ready to come
back next year and take it by the reins. This season was the last for two seniors, \#25, Annalise Busenitz and \#12, Colby Cady. They said a proper goodbye as they fought through their last game and pushed the Broncos to the brink. They will always cherish the years that they were so blessed to wear that Cowgirl jersey.


The Cowgirls had quite a cheer squad for the subdistrict match vs. Mullen.

## Drama in the big city for CK Play Production team

The CK Drama Jocks on Friday, October 22

By CK Beat Staff

## CKBeat

 embarked on a weekend journey to Lincoln and Omaha. Yes, the Hayseeds blew into the big cities, and they made the most of the experience.Shortly after arriving in Omaha, the group made their way to the Mystery Manor, a sup posedly haunted-haunted house operated by the Mystery Manor Haunted Theatre, located adjacent to Creighton University. The timing was perfect, as the gang trudged to the front of the line just before midnight, the witching hour. While the potential brave souls waited for their turn at the Haunted maze, roaming ghouls warned the visitors of their eminent demise.
As the entire ensemble of drama jocks numbered at 19 , it was imperative to break
 into smaller units. Eventually three smaller CK Sophomore Abby Busenitz protects CK senior Colby Cady from the ghouls at The Mystery Manor. groups managed to gain access to the edifice.
The backstory of the Mystery Manor revolves around one William Hall, who, as the story suggests, went crazy after losing his fortune during the 1929 Stock Market Crash and killed his beloved wife. Now, the details are dubious, but all one needs is to suspend reality for a moment to enjoy a good frightful, yet fun scare at the Mystery Manor.
As the groups navigated the twists and turns, several students screamed in terror at the various jump-scares throughout the attraction (mostly the boys). Others did their best to leave an impression with the inmate of the house. Drew, in particular, was a house favorite, as the ghouls and goblins frequently called out to him. Not to be cowed by a group of weirdos in makeup and costumes, Drew did his best to taunt and antagonize them. It was all in good fun and both sides enjoyed a few tricks, but the Mystery Manor still had quite a few treats for its guests.

The tour revealed all kinds of weird and fantastic
 experiences for the tourists, from a mad scientist's bloody laboratory to a replica of an ancient Egyptian burial tomb. They even provided a palm reader for those curious about the future. All of this culminated in a two-story drop from a slide followed by a friendly but persistent chase from the resident zombies. The drama jocks screamed, giggled, and cried. All and all, it was a spooky good time. After a necessary stop for caffeine, the troupe made their way back to the lake cabin and spent the rest of the night watching horror movies. Wait, didn't Friday the 13th take place at an isolated lake house? No worries, Jasper scared away all the evil with his trusty laser pointer, an essential gas station purchase! Having eventually survived the night, Jacob Knox even claimed it was his secondbest birthday, which is high praise considering his discerning taste.

# Measure for Measure, CK drama gets it 

By CK Beat Staff
CKBeat

On the second day of the CK drama trip, the group of aspiring actors took a trip south to Lincoln, Neb., to visit the friendly, helpful faculty of the Nebraska Wesleyan drama department. In particular, the CK drama team met with the representatives operating the Costume Library, a remarkable collection of all kinds of costume, props, and sets.

It has been about three years since the CK drama program last contracted the Costume Library to help select costumes for CK's entire production and they do a fantastic job helping Nebraska high school across the entire state. As part of the costume fitting, the crew was allowed to tour all the facilities related to the drama department, including the drama shop, where all the sets are designed and constructed. The crew even caught an early glimpse of the set for the play they would see later that evening.
Once all the costumes were finalized and paperwork signed, the CK drama team was in much need of commercial therapy, thus we continued our adventure to SouthPointe Pavillions, home of the ever-popular Scheels Sporting Goods store. After some much needed shopping time, including a few spins of the Ferris Wheel, the CK drama team returned to Nebraska Wesleyan to take in the evening performance of William Shakespeare's "Measure for Measure." To put it simply, "Measure for Measure" is like a 1604 version of Undercover Boss. You see, Vincentio, the duke, decides to take some time off of ruling over the people of Vienna to go into hiding and observe his underlings to ensure there was little to no corruption in his beloved town. To his dismay,


The CK Drama Jocks pose in front of the Nebraska Wesleyan drama department. On Saturday, October 23, the aspiring thespians attended a showing of the Shakespearean play, "Measure for Measure," in Lincoln, Neb.
things do not go well, and a comedy of errors ensue. Now, the Nebraska Wesleyan drama department did a fantastic job staging the play. First of all, the set was minimal, which allowed for the focus to be on the acting. However, there were some neat visual effects made possible by the drama lab's state-of-the-art lighting setup. Another interesting aspect of the production was the costume design. Although the play was written well before WWII, the 1940s costumes were a slight nod to the crisis of European fascism.

After 90 minutes of intense Shakespearean acting, with a merciful mask break during a 15 -minute intermission, the CK drama jocks were a mixture of confusion, amazement, and frustration. A few students struggled with the Elizabethan dialect, while others seemed to pick up the universal storyline. With a few points explained here and there, a collective, "ooooohhhhh," and "aaaaahhhh," resounded from the group. I was also happy to know a couple of students comprehended some of Shakespeare's more bawdy jokes. All in all, it was a full day of

## Mrs. Arnold's Musical Musings

By Mrs. Arnold
CKBeat

There is so much going on in the music department right now that the only word that closely describes the to-do list rolling around in my brain most days is chaos!
Choir students are busy putting final touches on music for MNAC Choral Clinic which will be hosted in Cody on November 1, 2021. MNAC Choral Clinic brings together the vocalists from all 14 schools in our conference and combines them into one, large choir. Most of the students will be high school aged but some schools will also bring their Junior High choirs. The kids will rehearse all day under a guest conductor and then we will be hosting a concert that evening at 5:15 p.m. We encourage everyone to attend! We hope to Striv the concert as well and a HUGE thanks goes out to the American Legion Auxiliary for donating a brand new choir condenser microphone to hopefully make the sound experience in the gym and on the broadcast more enjoyable.
After MNAC Clinic concludes, Cody-Kilgore will hold our annual Veterans Day program on November 11, 2021. The following week Miriam Busenitz and Addie Sexson will be singing in the All-State Children's Choir in Lincoln, NE. This is an incredible opportunity and honor for these lovely young singers! They will
be spending time preparing for the concert leading up to November 17, 2021, when they will go to Lincoln to work with a guest conductor and then perform at the Nebraska Music Director's Conference.
In addition, many students are currently working on auditioning for various Honor Choirs. Seventh Grade-Freshmen are eligible to audition for the Singing Youth of Nebraska Honor Ensemble and Fourth-Sixth Graders are eligible for Sing Around Nebraska. These honor ensembles are made possible by the Nebraska Choral Directors Association and are an excellent opportunity for choral students to learn excellent literature and get to sing with other musicians across the state.
Of course, we will also be preparing for our Holiday Concert which will be held on Thursday, December 16, 2021 at 7:00 p.m. in the high school gymnasium. The Junior High and High School Bands have already been transitioning from preparations for Homecoming to holiday music. Although I don't believe in putting my Christmas tree up until after Thanksgiving, holiday music is acceptable at any time of the year but especially in October and November as music students prepare for performances. There's no better way to get your inner Grinch out than watching a room full of Kindergarteners sing Jingle Bells!

# Flurries in the forcast at Blizzard Bash 

By Cactus Millar
CKBeat

When you hear the words blizzard and bash put together what do you think of? A party that is during a blizzard? What about a big snowball fight or something similar to that? Well what if I told you it was one of the biggest and most popular demolition derbies in the US. Blizzard Bash is the world's largest indoor demolition derby, with over 250 drivers from all over the U.S. and Canada competing in 12 different events. The main event is a four-person team, sixteen team bracket-style tournament team derby, in which the winner is named team National Champions. The event occurs over a four-day period in the middle of November. There are other modified and stock, one heat classes in which drivers compete. The first Blizzard Bash event was held in Lincoln, Nebraska in 2001 at the Lancaster Event Center. Later, in 2010, the event was moved to Topeka, Kansas. It has gained popularity every year and is known for its hard-hitting, fast-paced action. It was voted as the "best demolition derby in the world" in 2014. In 2015, the event was expanded to take place over a four-day period. In 2014, Blizzard Bash brought in more than $\$ 840,000$ in revenue with over 13,000
in attendance over a three-day period. With the event extended an additional day in 2015, over 18,000 people attended and more than 10,000 watched online making it the second largest annual sporting event in the state of Kansas. If you're interested anymore take a look at https:// smashitderby.com/blizzard-bash/.


Courtesy Smashlt

# Jonesing for a purpose: Get paid not to play 

By Riley Jones
CKBeat

Alright, welcome back folks. This is freewriting (take 2). Hopefully by now, y'all realize that this piece of writing does not display my literacy skills, and that I am honestly just typing down every thought that comes into my head. I'm still not sure why Arnold wants to make this a piece of every newsletter, but here we are. You're welcome. What's been going on that I can write about? Hmmmmmm.. I legit have nothing interesting to say. What do I write about? I went to a soccer game recently. That was nothing but amazing. I'm not a huge professional sports fan, but I love watching other dedicated athletes run around for the sheer reason that I will never be coordinated enough to do a fraction of what they do. Maybe I could make a career out of that? But instead of people paying money to see me perform, they would most likely just pay money to get me off the field. You know, I think I'm going to do this. Sorry Mrs. Faylooks like I don't need college anymore!

## Frosty feelings in a tumultous relationship

By Mr. Arnold

## CKBeat

What happened? How did it get so bad? It used
to be so good, but things have gotten out of hand. I know it was only an accident, but how many more times does this have to happen before I have to put my foot down and make a change? Yes, good people of Cody-Kilgore, I'm speaking about my relationship...with Nebraska Cornhusker football.
Now, to be fair, I grew up during the glory years of Big Red, so maybe my expectations are a skosh unrealistic. It wasn't all that out of the ordinary to become a rabid Husker fan. That's what people did in the 80 s and 90 s .
I mean, they always won, or at least won most of the time. How

can singlehandedly take a wrecking ball to an already successful powerhouse and rebuild it better? That dude better steer clear of The Good Life for the rest of his.

Surely, the team will improve, right? I've pretty much worked through all seven stages of grief, but to no avail, I still hope for glory on the horizon. Reality indicates that Husker fans should temper their expectations, as painful as that sounds.
The growing pains have left their mark since 2018. Colorado twice. Illinois twice. Northwestern twice. Purdue twice Minnesota three times. THREE times. Let's not forget the pile of losses to Ohio, Wisconsin, Michigan, and yes, Iowa. Stinkin' Iowa.
So, I'll keep watching, listening, groaning. I'll pull on my red polo and nervously pick at my Husker hat. I'll eat my chili and cinnamon roll. Shoot, this team might even make me want to drink a stiff Dr. Pepper. What else is there? Become an Iowa fan? Sorry, Joe, that's a bridge too far.


# Tylan Talks about Marilyn Manson 

By Tylan Blume
CKBeat

Mr. Arnold said I had to write a Halloween article, so the best I could do was write about the weirdest dude I could think of: Marilyn Mason. So here it goes. Marilyn Manson's early life
Manson was born on January 5, 1969, In Canton, Ohio, to Hugh and Barb Warner.
Warner endured a tough childhood as he was molested several times by a neighbor. ...After High school, Manson and his family moved to Fort Lauderdale, Florida, for his father's job.
Warner attended Heritage Christian School from 1st to 10th grade. In that school, his instructors tried to show children what music they were not supposed to listen to; Warner then fell in love with what he wasn't supposed to do. Warner later transferred to GlenOak High School and graduated from there in 1987. Three years later in 1990, he enrolled at the 'Broward Community College' in Florida to study Music Journalism.
At the start of his career, Marilyn joined a band called the Spooky Kids in 1989. In 1990 the Spooky Kids made their debut album called the Raw Boned psalms. Sadly, there were only four good songs on that album, such as Strange Same Dogma, Son of Man, My Monkey and IV. TV. Shortly after that album was released Manson left the band. After he left the Spooky Kids, Marilyn started to brainstorm ideas for his first solo album. This proves that Manson was a very resilient man. Marilyn Manson made his very first solo album in 1994 and he called it Portrait of an American family. Portrait of an


American family, the first album released by Marilyn Manson after he dropped the name the Spooky Kids from the band's moniker, arrived on July 19, 1994. The effort proved to be a promising but rough-around-the-edges debut by the controversial and influential industrial metal artist.
Manson then released the album Antichrist Superstar. This is one of his more popular albums -Mr. Arnold would say, "there are many memorable songs on this album" such as 1996, this song speaks to me.
"Anti-choice and anti-girl I am the anti-flag unfurled, anti-white and anti-man I got the anti-future plan anti-fascist, anti-mod I am the anti-music God, Anti sober and anti whore there will never be enough of anti-more."
All I got to say is to be open about
your feelings. Even if it really hurts. . . I assure all of you that I do not speak of these things to scare you, I just do it for the imagery-Tylan Blume. Another memorable song from this album would be Man that You Fear, this song gives me goosebumps because it's about how way back in the day when we didn't have guns and if you were to get killed, they would stone you. You all know what this means, it means they would just throw sticks, stones, and rocks just throw them at you until you were dead "brutal huh". To come to a Logical Conclusion- Mr. Arnold. I'll just finish by saying that of course Marilyn Manson would go on to make a ton more memorable albums.

# FFA Update and Upcoming Events 

By Sadee Adamson

## CKBeat

First off, The Cody-Kilgore FFA Chapter would like to say thank you to everyone who attended the 2021 Labor and Silent Auction. The members could not do what they love without the support of an amazing community!
The week of Homecoming was definitely busy for the FFA chapter. On Wednesday, several members left for a livestock judging clinic in Valentine and had the opportunity to judge difficult stock classes and gain valuable experience before District Livestock Judging in Curtis, Nebraska on November 8th.
This year, the officers decided to add something new to the annual event... a silent auction. Gabe and Peyton constructed a beautiful saddle rack. A pair of FFA inspired cornhole boards
were contributed by Dylan. Kassidy made a lovely set of wooden candy corns and separate "pumpkin patch" inspired decor. Riley J. baked two delicious pies: pecan and apple. Tucker welded a mini team roping dummy with a small rope. Gage donated a creative horseshoe "welcome" sign and a horseshoe Christmas tree. The high seller of this year's labor auction was Tucker Ravenscroft, with an auction average of $\$ 392$. Thank you for a successful silent and labor auction!

Upcoming FFA Events:
Nov. 1- Fruit Sales begin
Nov. 8- District Livestock Judging
Dec. 1- District LDE in North Platte

## CKBeat

# Jones sees stars with USWNT in KC 

By Riley Jones

## CKBeat

On October 21, 2021, I found myself in Children's Mercy Park awaiting the reigning FIFA World Cup Champions to play in front of me on Legends Field. It was a chilly Kansas City evening, but the temperature was not phasing my excitement towards the match. I was sitting in the third row and eagerly anticipating the women to make their entrances. The stars took the field, but before the beginning whistle, I got to witness a special ceremony to honor the 100th cap for midfielder Lindsey Horan. (A cap is a term used in professional soccer to describe the number of international matches an athlete has played in) Music was played, chants were started, and pictures were taken for her special moment. But at last, it was time for the game to begin.
The next ninety minutes were nothing short of exhilarating. Although the match ended in a draw, it was still a game full of tremendous skill, strategy, and stamina demonstrated by all players. This was my third professional soccer match I had attended, and I am always left with a rush of adrenaline for the following hours after the match. Some may think soccer is too uneventful to watch, but I will forever disagree. Watching the athletes play to their top tier, smelling the popcorn and hot dogs of the concession stands, and hearing the endless chants echo the stadium will always be my all-time favorite environment.

## Cactus Jack-o'-lantern and the Origin of Halloween

By Cactus Millar

CKBeat

When talking about Halloween, a person might think of kids in either spooky or cute costumes, trick-ortreating, and parties. Have you ever thought about the origin of Halloween? Well, if you have, let me tell you that you are reading the right article.
Halloween started as a tradition, which originated with the ancient Celtic festival of Samhain. Back then, people would light bonfires and wear costumes to scare off ghosts. Starting in the 8th Century, Pope Gregory III stated that November 1st would be a time to honor all saints. Later, All Saints Day mixed in some of the traditions of Samhain. The night before was called All Hallows Eve, and later renamed to Halloween.

Over time, Halloween grew into activities such as trick-or-treating, carving pumpkins, gatherings, costumes and eating treats. See, a person might have thought that it was just a made-up American holiday that was fun and ended up sticking around, well now you know.
Halloween for me is just another holiday and nothing overly special, but I also know that Halloween is some people's pride and joy and put more effort into Halloween than they do Christmas. For example, I have
personally seen people display inflatable figures in their yards, even clear up to putting lights all over their houses in a Halloween fashion. I believe that Halloween is either a love it and go crazy or a hate it and want nothing to do with it holiday, and I believe it will always be like that for people.


## What is your favonte scary movie?


"Dawn of the Dead, 1978, not the crappy remake because zombies in a mall resonate with contemporary society's addiction to consumerism." - Mr. Arnold, Staff

## "It 2 because I hate

 clowns, so... - Cactus Millar, Senior"Hush because it's thrilling and scary-." - Byron Skinner, Junior


# Jonesing for a purpose: Halloween 

By Riley Jones

## CKBeat

Merry Christmas! Nope, wrong holiday.. Happy Halloween, folks! Welcome back to another addition of my freewriting. In this segment, I will be loosely basing my thoughts off of Halloween and the joyous season. "Joyous" season even though the sole purpose of this holiday is to scare the bejesus out of everyone. I wonder where Halloween came from? Like who thought it was okay to allow kids to do literally everything they are taught not to. "Here kids! We're going to dress you up in costumes with definitely not enough fabric for the cold, you're going to go take candy from strangers, and then you're going to stay up all night and eat candy until your teeth rot!" Not sure where the logic went, but I'll stand for it. I loved Halloween when I was younger. I knew every house to go to get the king-sized candy bars, and then the ones to avoid that gave out apples or toothpaste. I was usually forced to go to the apples/ toothpaste houses anyway because my family would know the people that lived there. Gotta love small towns!

## 2021 makes it twelve years for this happy haunt

By Mr. Arnold

## CKBeat

Twelve years ago this Halloween the then-Miss Logterman and I invited the public to a masquerade wedding reception at the White Elephant Hall. Yes, our anniversary is Halloween. No, we do not worship Satan. Mrs. Arnold knew it was a smart idea to pick an anniversary that I would never forget. For a Halloweenloving guy like myself, to forget October 31st would be unforgivable. So, as the story goes, we lived happily ever after.


Wait, I'm not here to sugarcoat things. Life has had its ups and downs, and Mrs. Arnold has been there at my side through all of it: happy and sad. More than anything, we both want a family, but as the years slip away, the reality of that happening feels like a long shot. Still, we both remain hopeful and ready for the plan that is yet unrevealed to us.
There have been other lows we've shared. It's always hard to lose loved ones: the passing of Mrs.

Arnold's Grandma Bob (Logterman) and Grandpa Feddes. When my father passed, Mrs. Arnold's compassion and empathy helped suture deep wounds that are still healing to this day.
It hasn't all been bad. We've had our share of thrills together. Mrs. Arnold and I have five nieces and nephews. We've welcomed new spouses and one adoption into our family. There isn't anything much more joyful (or noisy) than a house full of Logtermans.
Most of our summer vacation is spent on the road. We've been to the 48 contiguous states. We've driven Highway 20 from coast to coast.
Mrs. Arnold and I love baseball and football, so we've been to most of the MLB stadiums, and one NFL stadium. We've seen a couple of Husker wins and what feels like countless losses.
We've seen George Strait, Manheim Steamroller, and Brad Paisley. We've been to Cooperstown (Baseball Hall of Fame) and Area 51. We've been to Disneyland and Disney World
Heck, we even caught COVID together.
Since Halloween is the season of Trick or Treat, I'd say my marriage and relationship to Mrs. Arnold has been

an absolute treat. I hope for many more years celebrating Halloween with my favorite princess.


