

December

2021 PJHS

menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Daily choices include Main dish, Hamburger, Pizza, all daily veggies, fruits and condiments
		<u>1. Waffleicious Wednesday</u> Chicken Tenders Waffles & syrup Waffle French fries Spiced apples Milk	2. Chicken Sandwich Sand. Salad cup Black-eyed Peas Broccoli/Carrot/dip Rice Krispy treat Fruit Milk	3. Spaghetti Mixed Green Salad Carrot Coins Fruit Hot Roll Milk
6. Walking Taco Lettuce, Tomato Tortilla Chips Salsa Refried Beans Fruit Milk	7. BBQ Pork Sandwich Cole Slaw French Fries Blushing Pears Milk	8. Turkey & Dressing Seasoned green beans Mashed Potatoes Cranberry Sauce Ice Cream Strawberries Hot Roll Milk	9. Chicken & Noodles Steamed Broccoli Carrot Coins Crackers Fruit Milk k	10. Chili Crackers Carrot/celery stix Ranch dip Cinnamon Roll Applesauce Milk
13. Beef Steak Strips Mashed potatoes Gravy Mixed Veggies Fruit Hot roll Milk	14. Macaroni & Cheese California Blend Veggies Carrot stix/dip Hot roll Fruit Milk	15. Taco Soup Grilled Cheese Crackers Fresh Broccoli/dip Applesauce Milk	16. BBQ Nachos Baked Beans Cole Slaw Cookie Fruit Milk	17. Chicken Philly Sandwich Sandwich Veggies Baked Chips Celery/Carrot/dip Fruit Milk
				This institution is an equal opportunity provider.

You TOUCAN be healthy for the holidays!

Monday: Breakfast pizza, juice, fruit, milk

Tuesday: Chicken Biscuit, juice, fruit, milk

Wednesday: French Toast Stix, ham slice, syrup, juice, fruit, milk

Thursday: Yogurt, super donut, juice, fruit, milk

Friday: Sausage, Biscuit, gravy, juice, fruit, milk

Cereal, Yogurt Parfait, Chicken Biscuit, Sausage Biscuit, Honeybun, Pop tart & yogurt,

Cereal bar & String Cheese, juice, fruit, milk offered as daily breakfast choices

Menu is subject to change due to supply chain issues.

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