

December

2021 MD Williams

menu

Monday	Tuesday	Wednesday	Thursday	Friday
				A choice of a <u>Chef Salad</u> & <u>Hamburger meal</u> is offered daily, with daily vegies, fruit, milk and condiments
		<u>1. Waffleicious Wednesday</u> Chicken Tenders Waffles & syrup Waffle French fries Spiced Apples Milk	2. Chicken Sandwich Sand. Salad cup Black-eyed Peas Broccoli/Carrot/dip Rice Krispy treat Fruit Milk	3. Spaghetti Mixed Green Salad Carrot Coins Fruit Hot Roll Milk
6. Walking Taco Lettuce, Tomato Tortilla chips Salsa Refried Beans Fruit Milk	7. BBQ Pork Sandwich Cole Slaw French Fries Blushing Pears Milk	8. Turkey & Dressing Seasoned green beans Mashed Potatoes Cranberry Sauce Ice Cream Strawberries Hot Roll Milk	9. Chicken & Noodles Steamed Broccoli Carrot Coins Crackers Fruit Milk	10. Chili Crackers Carrot/celery stix Ranch dip Cinnamon Roll Applesauce Milk
13. Beef Steak Strips Mashed potatoes Gravy Mixed Veggies Fruit Hot roll Milk	14. Macaroni & Cheese California Blend Veggies Carrot stix/dip Fruit cup Milk	15. <u>National Cupcake Day</u> Taco Soup Grilled Cheese Crackers Fresh Broccoli/dip Applesauce Cupcake Milk	16. BBQ Nachos Baked Beans Cole Slaw Cookie Fruit Milk	17. Chicken Philly Sandwich Sandwich Veggies Baked Chips Celery/Carrot/dip Fruit Milk
				This institution is an equal opportunity provider.

You TOUCAN be healthy for the holidays!

Monday: Breakfast pizza, juice, fruit, milk
 Tuesday: Chicken Biscuit, juice, fruit, milk
 Wednesday: French Toast Stix, ham slice, syrup, juice, fruit, milk
 Thursday: Gogurt, super donut, juice, fruit, milk
 Friday: Sausage, Biscuit, gravy, juice, fruit, milk
 ***cereal, juice, fruit, milk offered as daily choices ***
Menu is subject to change due to supply chain issues.

