

Release from Quarantine with COVID-19 Testing

Isolation & Quarantine Release Documents:

<https://chqgov.com/public-health/cc-public-health-covid-19-isolation-and-quarantine-documents>

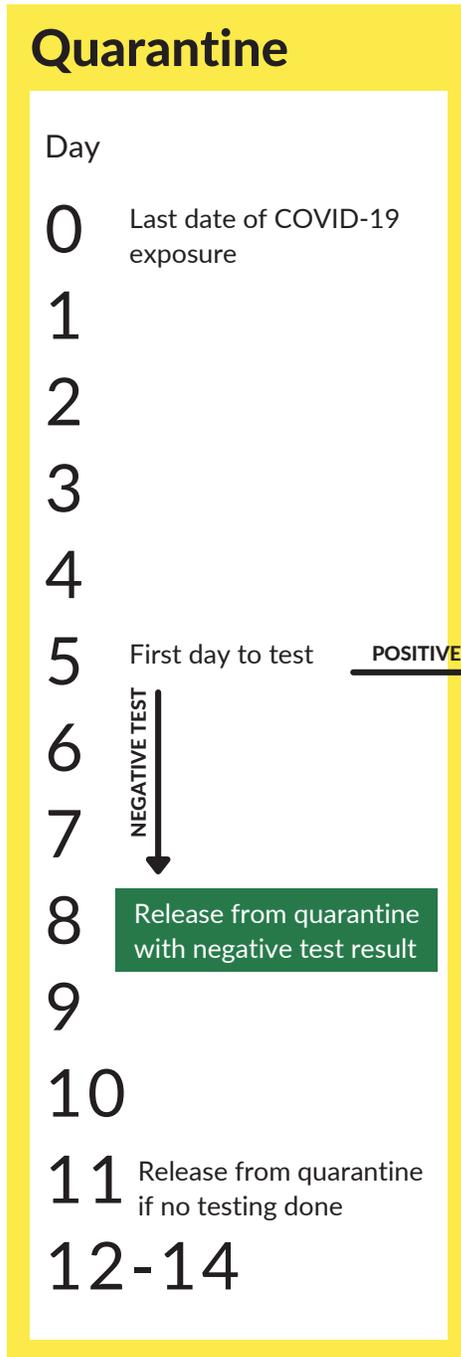
Last date of exposure: _____

First day to test: _____

Release from quarantine with negative test result: _____

Release from quarantine if no testing is done: _____

Monitor for symptoms & wear a mask



Isolation

Day If no symptoms, Day 0 is date of positive test.
If symptoms, Day 0 is date of symptom onset.

0

1

2

3

4

5

6

7

8

9

10

11

Release from isolation if symptoms are improving

If you develop COVID-19 symptoms, call your doctor.

Household transmission is a major source of new COVID-19 cases in Chautauqua County

- Fully vaccinated individuals do not need to quarantine after a COVID-19 exposure as long as they remain symptom-free.
- A COVID-19 test is recommended 5-7 days after any exposure, regardless of vaccination status.
- If symptoms develop at any point during quarantine, the full quarantine period must be maintained. Symptomatic K-12 students, follow NYSDOH Return to School guidance.