

# August 28 - September 1, 2023

Student Meal: FREE Second Entrée: \$2.25

This institution is an equal opportunity provider.

Ala Carte Milk .55 Adult Meal: \$5.15

stitution is an equal opportunity provider.	ALL MEALS ARE SERVED WITH FRESH FRUIT & VEGGIE BAR	Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
		AMERICAN CLASSICS		
Hamburger Bar	Chili Cheese Dog	Mini Corn Dogs or Chicken Nuggets	Pulled Pork on a WG Bun	
Oven Baked Fries	Waffle Fries	Curly Fries	Creamy Macaroni & Cheese	
American / Swiss Cheese	Seasoned Broccoli	Seasoned Carrots	Seasoned Green Beans	
Sautéed Mushroom & Onions	Diced Onions	Fruit-E Jell-O-O	Creamy Cole Slaw	
BBQ Baked Beans	Cheddar Cheese	WG Cinnamon Breadstick	Cinnamon Roasted Pineapple	
Lettuce, Tomato	Relish		.,	
		SONO		
GR	<b>MEATS:</b> Seasoned Bee AINS: WG Doritos, WG Na	•	Cheddar Cheese Sauce Rice, WG Cinnamon Breadstick	
Shredded Romaine	Diced Tomatoes	Black Olives	Tomato Salsa	Fresh Jalapenos
	Low Fat Sour Cream	Diced Red Onion	Guacamole	
		GRILL		
Mini Corn Dogs w/ WG Dinner Roll	Breaded Chicken Club	Bacon Cheeseburger on a WG Bun	Nashville Popcorn Chicken w/ WG Dinner Roll	
Breaded Chicken Sandwich	Cheeseburger on Bun	Breaded Chicken Sandwich	Cheeseburger on Bun	
Seasoned Wedges	Baked Tator Tots	Seasoned Wedges	Baked Tator Tots	
		2MATO		
The MAX Chicken Quesadilla	Pepperoni Stromboli	Bosco Breadsticks w/ Dipping Sauce	Meat Lover's Pizza	
Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	
	ON THE GO - Peanut Butter Bo	ento Boxes, Cheese Combo Cups & F	ruited Parfaits are Offered Daily	
Popcorn Chicken Salad w/ WG Roll	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/ WG Roll	Chef Salad w/ WG Roll	
Hummus Bento Box	Pretzel & Cheese Bento Box	Hummus Bento Box	Pretzel & Cheese Bento Box	
Breaded Chicken Ranch	Hummus Feta Wrap	Turkey Bacon Wrap	Chicken Caesar Wrap	
Wrap Italian Sub	Ham & Cheese Sub	Italian Sub	Ham & Cheese Sub	
	EXTRA EXTRA - SERVED	WITH ALL MEALS Assorted Fresh & C	Canned Fruit Offered Daily	
Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	
Fresh Pepper Strips	Power Peas	Cucumber Coins	Fresh Broccoli Trees	
Broccoli Ranch Salad	WG Pasta Salad	Marinated Cucumber Salad	WG Pasta Salad	
Hummus Cup	Fresh Baby Carrots	Hummus Cup	Fresh Baby Carrots	
Chilled Peaches	Chilled Pears	Pineapple Chunks  As We Manage the National	Mandarin Oranges	



### September 4 - 8, 2023

Student Meal: FREE	Second Entrée: \$2.25	Ala Carte Milk .55	Adult Meal: \$5.15
This institution is an eau	ıal opportunity provider.	ALL MEALS ARE SERVED WITH FRESH FRUIT & VEGGIE BAR	Week 2

i nis institution is an	equal opportunity provider.	ALL MEALS ARE SERVED WITH	FRESH FRUIT & VEGGIE BAR	Week 2
Monday	Tuesday	Wednesday	Thursday	Friday
		AMERICAN CLASSICS		
	Pasta Bar	Popcorn Chicken Bowl	Asian Orange Chicken	Assorted Boneless Chicken Wings
	Seasoned Pasta	Mashed Potatoes	Brown Fries Rice	Cheesy Scalloped Potatoes
	Sautéed Mushrooms & Zucchini	Cheddar Cheese	Seasoned Broccoli	Buffalo Roasted Cauliflower
	Marinara & Meat Sauce	Seasoned Corn	Veggie Egg Roll	Celery Sticks w/ Blue Cheese
	WG Breadstick	Gravy WG Biscuit	WG Fortune Cookie Mandarin Oranges	Corn Bread
		SONO		
	<b>MEATS:</b> Seasoned Beef		Cheddar Cheese Sauce	
	GRAINS: WG Doritos, WG Nac	•		ck
Shredded Romaine	Diced Tomatoes	Black Olives	Tomato Salsa	Fresh Jalapenos
	Low Fat Sour Cream	Diced Red Onion	Guacamole	
		GRILL		
	Spicy Chicken Sandwich	BBR Ribbie on a Bun	Ham & Swiss on a Pretzel Bun	Grilled Cheese w/ Tomato Soup
	<b>Breaded Chicken Sandwich</b>	Cheeseburger on a Bun	<b>Breaded Chicken Sandwich</b>	Cheeseburger on a Bun
	Baked Tator Tots	Seasoned Wedges	Baked Tator Tots	Crinkle Fries
		2MATO		
	Italian Stromboli	Stuffed Crust Pizza	Pepperoni Stuffed Bosco's w/ Marinara	Ham & Pineapple Pizza
	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza
	ON THE GO - Peanut Butter Be	nto Boxes, Cheese Combo Cups & I	Fruited Parfaits are Offered Daily	
	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/ WG Roll	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/ Roll
	Pretzel & Cheese Bento	WG KOII Hummus Bento Box	Pretzel & Cheese Bento	коп Hummus Bento Box
	Box Hummus Feta Wrap	Turkey Bacon Wrap	Box Chicken Caesar Wrap	Chicken Taco Salad w/ WG
	Ham & Cheese Sub	Italian Sub	Ham & Cheese Sub	Tortilla Chips Italian Sub
		WITH ALL MEALS Assorted Fresh &		
	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend
	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
	Power Peas	Cucumber Coins	Fresh Broccoli Trees	Fresh Veggie Medley
1			MC Basta Salad	Sweet Corn Salad
	WG Pasta Salad	Marinated Cucumber Salad	WG Pasta Salad	Sweet Corn Salaa
	WG Pasta Salad Fresh Baby Carrots	Hummus Cup	Fresh Baby Carrots	Hummus Cup



### September 11 - 15, 2023

Student Meal: FREE	Second Entrée: \$2.25	Ala Carte Milk .55	Adult Meal: \$5.15
This institution is an equi	al annortunity provider	ALL MEALS ARE SERVED WITH ERESH FRUIT & VEGGIE BAR	Week 3

This institution is an equa	al opportunity provider.	ALL MEALS ARE SERVED WITH I	FRESH FRUIT & VEGGIE BAR	Week 3
Monday	Tuesday	Wednesday	Thursday	Friday
AMERICAN CLASSICS				
Hamburger Bar	BBQ Chicken Drumstick	Cinnamon French Toast	Oven Baked Chicken	Assorted Chicken Tenders
Oven Baked Fries	Cheesy Mashed Taters	Sausage Patties	Creamy Mac & Cheese	Mashed Potatoes
American / Swiss Cheese	Buffalo Roasted Cauliflower	Scrambled Eggs	Seasoned Green Beans	Gravy
Sautéed Mushroom & Onions	Corn Bread	Crispy Tater Tots	WG Biscuit	Seasoned Broccoli
BBQ Baked Beans		Cinnamon Roasted Pineapple	Creamy Cole Slaw	Apple Crisp
Lettuce, Tomato		• •		WG Breadstick
		SONO		
	<b>MEATS:</b> Seasoned Bee	f or Fajita Chicken <b>CHEESE</b> :	Cheddar Cheese Sauce	
GR	-	cho Chips, WG Tortilla, White I	Rice, WG Cinnamon Breadsti	ick
Shredded Romaine	Diced Tomatoes	Black Olives	Tomato Salsa	Fresh Jalapenos
	Low Fat Sour Cream	Diced Red Onion	Guacamole	·
		GRILL		
Mini Corn Dogs w/ WG		Bacon Cheeseburger on a	Nashville Popcorn Chicken	Grilled Cheese w/ Tomato
Dinner Roll	Breaded Chicken Club	WG Bun	w/ WG Dinner Roll	Soup
				Breaded Chicken
Breaded Chicken Sandwich	Cheeseburger on Bun	<b>Breaded Chicken Sandwich</b>	Cheeseburger on Bun	Sandwich
Seasoned Wedges	Baked Tator Tots	Seasoned Wedges	Baked Tator Tots	Crinkle Fries
		2MATO		
The MAX Chicken		Bosco Breadsticks w/		- "
Quesadilla	Pepperoni Stromboli	Dipping Sauce	Meat Lover's Pizza	Buffalo Chicken Pizza
Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza
	ON THE GO - Peanut Butter Be	ento Boxes, Cheese Combo Cups & F	ruited Parfaits are Offered Daily	
Popcorn Chicken Salad w/	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/
WG Roll	Pretzel & Cheese Bento	WG Roll	Pretzel & Cheese Bento	Roll
<b>Hummus Bento Box</b>	Box	<b>Hummus Bento Box</b>	Box	<b>Hummus Bento Box</b>
Breaded Chicken Ranch	Hummus Feta Wrap	Turkey Bacon Wrap	Chicken Caesar Wrap	Chicken Taco Salad w/ WG
Wrap	•	•	•	Tortilla Chips
Italian Sub	Ham & Cheese Sub	Italian Sub	Ham & Cheese Sub	Italian Sub
		WITH ALL MEALS Assorted Fresh & C	· ·	
Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Fresh Pepper Strips	Power Peas	Cucumber Coins	Fresh Broccoli Trees	Fresh Veggie Medley
Broccoli Ranch Salad	WG Pasta Salad	Marinated Cucumber Salad	WG Pasta Salad	Sweet Corn Salad
Hummus Cup	Fresh Baby Carrots	Hummus Cup	Fresh Baby Carrots	Hummus Cup
Chilled Peaches	Chilled Pears	Pineapple Chunks	Mandarin Oranges	Cinnamon Applesauce



### September 18 - 22, 2023

Student Meal: FREE Second Entrée: \$2.25 Ala Carte Milk .55 Adult Meal: \$5.15

This institution is an equal opportunity provider. ALL MEALS ARE SERVED WITH FRESH FRUIT & VEGGIE BAR Week 4

This institution is an equ	iai opportunity provideri	ALL MEALS ARE SERVED WITH	THEST THOM & VEGGLE BAIN	Week 4
Monday	Tuesday	Wednesday	Thursday	Friday
AMERICAN CLASSICS				
Chicken Patty Bar	Pasta Bar	Popcorn Chicken	Salisbury Steak	Assorted Boneless Chicken Wings
Regular or Spicy Patty on a Bun	Seasoned Pasta	Mashed Potatoes	Cheddar Mashed Potatoes	Cheesy Scalloped Potatoes
American / Swiss Cheese	Sautéed Mushrooms & Zucchini	Cheddar Cheese	Seasoned Green Beans	Buffalo Roasted Cauliflower
Sautéed Mushroom & Onions	Marinara & Meat Sauce	Seasoned Corn	Creamy Cole Slaw	Celery Sticks w/ Blue Cheese
Assortment of Toppings BBQ Baked Beans	WG Breadstick	WG Biscuit Gravy	WG Biscuit	Corn Bread
		SONO		
	<b>MEATS:</b> Seasoned Beef	or Fajita Chicken <b>CHEESE:</b>	Cheddar Cheese Sauce	
	RAINS: WG Doritos, WG Nac	• •	Rice, WG Cinnamon Breadsti	ck
Shredded Romaine	Diced Tomatoes Low Fat Sour Cream	Black Olives Diced Red Onion	Tomato Salsa Guacamole	Fresh Jalapenos
		GRILL		
Hot Dog on a WG Bun	Spicy Chicken Sandwich	BBR Ribbie on a Bun	Ham & Swiss on a Pretzel Bun	Grilled Cheese w/ Tomato Soup
Cheeseburger on a Bun	<b>Breaded Chicken Sandwich</b>	Cheeseburger on a Bun	<b>Breaded Chicken Sandwich</b>	Cheeseburger on a Bun
Seasoned Wedges	Baked Tator Tots	Seasoned Wedges	Baked Tator Tots	Crinkle Fries
		2MATO		
MAX Cheese Bread w/Dipping Sauce	Italian Stromboli	Stuffed Crust Pizza	Pepperoni Stuffed Bosco's w/ Marinara	Ham & Pineapple Pizza
Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza
	ON THE GO - Peanut Butter Bei	nto Boxes, Cheese Combo Cups & I	Fruited Parfaits are Offered Daily	
Popcorn Chicken Salad w/ WG Roll	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/ WG Roll	Chef Salad w/ WG Roll	Popcorn Chicken Salad w/ Roll
Hummus Bento Box	Pretzel & Cheese Bento Box	Hummus Bento Box	Pretzel & Cheese Bento Box	Hummus Bento Box
Breaded Chicken Ranch Wrap	Hummus Feta Wrap	Turkey Bacon Wrap	Chicken Caesar Wrap	Chicken Taco Salad w/ WG Tortilla Chips
Italian Sub	Ham & Cheese Sub	Italian Sub	Ham & Cheese Sub	Italian Sub
	EXTRA EXTRA - SERVED V	VITH ALL MEALS Assorted Fresh &	Canned Fruit Offered Daily	
Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend	Romaine/Spinach Blend
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Fresh Pepper Strips	Power Peas	Cucumber Coins	Fresh Broccoli Trees	Fresh Veggie Medley
Broccoli Ranch Salad	WG Pasta Salad	Marinated Cucumber Salad	WG Pasta Salad	Sweet Corn Salad
Hummus Cup	Fresh Baby Carrots	Hummus Cup	Fresh Baby Carrots	Hummus Cup
Chilled Peaches	Chilled Pears	Pineapple Chunks	Mandarin Oranges	Cinnamon Applesauce