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\section*{Ideas families can use to help children

## Ideas families can use to help children do well in school

North Side Primary Center<br>Paid for with Title I Funds



# December • January • February <br> 2021-2022 

December 2021

1. Holidays have you feeling hassled? Share the responsibility. As kids help, they appreciate holidays even more.
O 2. Have your child draw a scene from a book onto a narrow piece of cardboard to make a bookmark.
O 3. Ask your child, "If you could go anywhere, where would you go and why?" Together, do some research to learn more about this location.
O 4. If your family will be seeing older relatives this month, have your child talk to them about their school days.

- 5. Begin telling your child a story, and when you get to an exciting part, stop. Let her make up the rest.
O 6. Teach your child how to cut out paper snowflakes. Use some to decorate your windows

7. Talk with your child about the nicest thing someone has ever done for him. What made it special?
O 8. Ask your child to give you an "evening news report" about her day. What's the lead story?
O. Name a state, province or country. Who can call out the capital first?

O 10. Have your child pick a word, then put its letters in alphabetical order.
O 11. Plan a device-free day. Let your child choose alternative activities.
12. Have your child compare the prices of two sizes of the same product. Which is the better buy?
O 13. Challenge family members to write, eat or do other activities with the hand they don't favor.
O 14. Discuss nutrition. Have your child name five foods that are healthy, then two foods that taste good but are not healthy.
15. Enjoy some physical activity with your child.

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School-Try a New Idea Every Day!
16. Tonight, have your child draw the moon's shape. Is it a crescent, full circle, half circle?
O 17. Ask your child to estimate how many times he blinks in a minute, then count to see.
O 18. Pay your child a genuine, specific compliment today.
19. With your child, think of words that sound like what they mean, such as buzz, smash, hiss and thump.
O 20. Have your child write a poem or story from the point of view of a pet.
O 21. Ask about qualities your child values in friends. Talk about why values are important.
O 22. Do body arithmetic. Ask your child how much her fingers, knees, toes and nose add up to.
O 23. Cut apart the frames of a comic strip and ask your child to arrange the pieces in the right order.
O 24. Bake cookies with your child. If you're doubling a recipe, have your child do the math.

O 25. Read a book aloud that you and your child can both enjoy.
O 26. Talk about the free or low-cost activities your family enjoyed most during 2021. If possible, make plans to do them again in 2022.

O 27. Ask for your child's help with a household task, such as making dinner.
O 28. Talk with your child about people he admires and why he does.
O 29. Have your child write step-by-step directions for making a sandwich. Then follow them exactly. Did they work?
O 30. Ask what your child would like to make an annual tradition. Start it!
31. Find interesting pictures of people. Ask your child to write captions.

1. Encourage your child to start a diary or journal for 2022.
2. Tonight, take a walk with your child. What sounds can you hear?
3. Brainstorm with your child about something you would both like to learn, such as how to play chess. Check out a how-to book.
4. Choose a number from one to 12 , then have your child list all the things she can think of that come in that number.
5. Write an encouraging note to your child and tuck it in her lunch box or a school book.
6. Teach your child to take his pulse. Have him jump up and down 15 times and take it again. Has it changed?
7. Send your child on a treasure hunt. Make a map that will lead her to a small treat.
8. Have your child replace adjectives on a printed ad with their opposites.
9. Together, plan your child's recreational screen time for this week.
10. Help your child interview family and friends in career fields that interest him. What is a typical day like for them?
11. Have your child set a goal and write a plan to achieve it by the end of the school year.
12. When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.
13. Think of several words that start with the same letter. Can your child use them in a sentence that makes sense?
14. Choose a news story. Cut off the headline. Challenge your child to read the article and write his own headline.
15. Ask your child what she thinks are her strong skills and why.
16. Organize something with your child, such as a closet.
17. Trace your child's outline on paper. Then have him research and "map" the inside of his body.
18. Teach your child to call 911 in an emergency. Together, practice what to say.
19. Explain to your child how people reach compromises. Give an example.
20. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
21. Together, role-play a difficult situation your child may face.
22. Give family members marshmallows and uncooked spaghetti. See who can build the tallest tower.
23. Look for a new kind of transportation to try with your child.
24. Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.
25. Hold a family meeting. Discuss your family's goals and successes.
26. Write fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.
27. Have a family jump rope contest. How many jumps can you do in a row?
28. Make a chore chart with your child. List his chores and when they should be completed.
29. Talk with your child about things people use that come from plants.
30. Invent a word with your child. Help her write a definition as it would appear in the dictionary.
31. Have your child read the label on a food he eats. What vitamins does it contain? How much sugar is in it?

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## February 2022

1. Have a silent dinner. Then, during dessert, have family members share what they were thinking about.
2. It's Groundhog Day. How many words can your child make from the letters in the word GROUNDHOG?
3. Talk about all the things your child does right. List as many things as you can.
4. Have each family member write a funny sentence. Put them together to make a story.
5. Share an inspirational quote with your child.
6. When you read aloud, choose an suspenseful place to stop. Ask your child, "What do you think will happen next?"
7. Ask your child to name her favorite sport, and say why she likes it.
8. Watch the news with your child. Choose a person of the week. Together, read more about that person.
9. See how many words your child can use to describe the sky today.
10. With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.
11. Figure out the average of something with your child, such as family members' ages.
12. Visit a local or online art museum with your child and talk about the paintings.
13. Have your child write a special Valentine's message to someone who is sick or lonely. Help him send or deliver it.
14. Remind your child that you enjoy her company and let her know you love her.

## Daily Learning Planner: Ideas Families Can Use to Help

 Children Do Well in School-Try a New Idea Every Day!15. Pick a category (cities, animals) and a letter. How many items from that category can your child name that begin with that letter?
16. Does your child need new books? Help him organize a neighborhood book swap.
17. Give your child weekly tickets worth 30 minutes of recreational screen time each. Let her cash in unused tickets for small treats.
18. Have your child design a new cover for a much-loved book.
19. At dinner, ask everyone to share something that made them happy this week.
20. Schedule a 20-minute family D.E.A.R. time (Drop Everything And Read).
21. At bedtime, allow a few minutes after the light is off for a quiet conversation with your child.
22. It's the birthday of George Washington. How many facts can your child list about this famous president?
23. Talk with your child about a choice you have made. Then talk about the consequences.
24. Look for a TV program on science or history. Watch it with your child.
25. Have family members write reviews of books they've read.
26. Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.
27. Look at a blank map of the country together. Can your child name the states or provinces that surround yours?
28. Make up trivia questions about your family. Quiz one another at the dinner table.
