

BREAKFAST

Ione Community School

SEPTEMBER 2023



School Information: This institution is an equal opportunity provider.
Always available at breakfast
 Fruit, Bagel w/cream cheese, Cereal and Yogurt w/ granola



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

MONDAY

Labor Day
 No School



TUESDAY

4
 French Toast
 Juice/Milk



WEDNESDAY

5
 Blueberry Muffin w/ Sausage links
 Juice/Milk

6
 Biscuits and Gravy
 Juice/Milk

THURSDAY

11
 Breakfast Bar
 Juice/Milk

7
 Biscuits and Gravy
 Juice/Milk

FRIDAY

12
 Pancake on a Stick
 Juice/Milk

8
 Waffles
 Juice/Milk

18
 Breakfast Burrito
 Juice/Milk

13
 Sausage Egg and Cheese Biscuit
 Juice/Milk

14
 Biscuits and Gravy
 Juice/Milk

19
 Cheese Omelet w/sausage
 Juice/Milk

25
 Scrambled Eggs w/ English Muffin
 Juice/Milk

20
 Pancakes
 Juice/Milk

26
 French Toast Sticks
 Juice/Milk

27
 Hash Brown and Sausage
 Juice/Milk

21
 Maple Bars
 Juice/Milk

28
 Biscuits and Gravy
 Juice/Milk

29
 No School