



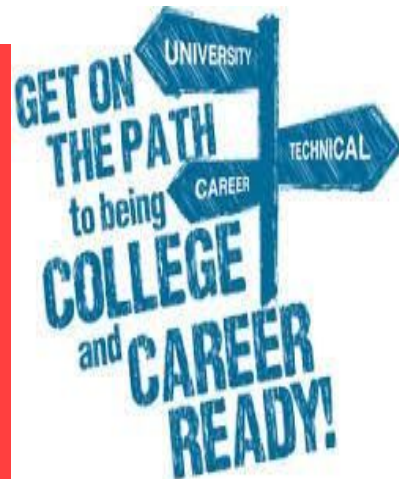
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In the end,
what do we really want
for our children?



As a School?

As Parent(s)?

Remember...

CHOICES we make **TODAY**

Impact

OPPORTUNITIES we have **TOMORROW!**

Foundational Preparation

- Executive Functioning skills
 - Organization, Time management, Planning/Prioritization, Defining & Achieving Goals, Self-Regulation (flexibility, stress tolerance, emotional control, self-restraint)
- Self-Awareness
- Taking Responsibility and Ownership of/for
- Communication & Self-Advocacy
- Develop Independence
- Parental Conversations . . . career pathway aspirations
- Other: sleep, eat/hydrate, “homework”, pay attention in class, get involved(extracurriculars), rest/relax/down time,
- screen time awareness

Begin with the end in mind



Actions = Success

- Build Relationships with school personnel
- Develop a vision and a plan. Work the plan but allow for flexibility
- Work with your teachers
- Seek Help/Tutoring to both get ahead and when struggling
- Get Involved!
- When in doubt, ask questions!



Homewood-Flossmoor H.S.



College Pathway:

- 60% of HF graduates attend a four-year university after graduation
- 30% of HF graduates attend a two-year college or trade school after graduation
- Highly selective/selective/safety, public/private, scholarships

Career Pathway:

- 10% of HF graduates join the military or begin working after graduation.
- Military placement (ASVAB assessment)
- Automotive, Trades, Manufacturing
 - Entry-level career skills: good grades, basic math, communication(verbal, writing, listening), show up & be on time, pass a drug test

Thank You!



QUESTIONS?