



Ovid-Elsie Area Schools

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As covid and many other illnesses are on the rise this time of year, please continue to watch for the following symptoms, as they can indicate any type of contagious disease. Also, please note that staying home and resting at the first sign of illness will help shorten the length of the illness. Plus, a sick child does not learn well at school and can endanger the health of classmates.

- Fever, greater than 100.4°F
- Skin rash, flushed skin
- Sore throat
- Vomiting
- Diarrhea
- Cough
- Headache
- Runny nose
- Fatigue

If you suddenly develop any of these symptoms, please do not return or report to school. Please contact your child's physician for further instructions. Be sure to also notify the school that your child is ill. You may be asked what symptoms your child is having. This is because Michigan law does require that schools report an occurrence of any communicable disease to the local health department (Act NO. 368 of the Public Acts of 1978-Communicable Disease Reporting). A communicable disease is an infectious illness which can result from either direct contact with an infected individual, an infected individual's discharges (such as mucous, saliva, feces, or body fluids), or by indirect contact (for example, through a mosquito bite). The goal is to identify outbreaks, prevent further spread and keep our education environments safe.

If your child's illness is not Covid-19, they may return to school when symptoms have fully resolved for a full 24 hours without any medications to stop any symptoms. If you have questions, you can contact the District Nurse - Melissa Jones at 989-834-6375 or melissa.jones@ovidelsie.org

The best defenses we have against illness are good hand washing and staying home when you do not feel well; along with healthy eating and exercise but that's a topic for another day!!

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

<https://www.mmdhd.org/wp-content/uploads/2019/06/Guidelines-for-Keeping-Sick-Kids-home-booklet.pdf>