



A Proud Past, A Promising Future

"Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts."

--Henri Frederic Amiel

MONDAY, NOVEMBER 22

****Interim Reports Issued****

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

> Varsity Boy's Basketball Capital City Tip Off @ Columbia High School

TUESDAY, NOVEMBER 23

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

> Varsity Boy's Basketball Capital City Tip Off @ Columbia High School

WEDNESDAY, NOVEMBER 24

 Varsity Boy's Basketball Capital City Tip Off @ Columbia High School



NOVEMBER 24 - 26

MONDAY, NOVEMBER 29

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

• JV Basketball vs. Clinton 5:30/7:30 p.m.

TUESDAY, NOVEMBER 30

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

• Varsity Basketball @ Clinton 5:30/7:30 p.m.

WEDNESDAY, DECEMBER I

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

- JV Basketball @ Union 5:30/7:30 p.m.
- Varsity Basketball vs. Union 5:30/7:30 p.m.
- Varsity Wrestling @ Dixie w/Whitmire

THURSDAY, DECEMBER 2

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

• JV Basketball vs. Chapin 5:30/7:30 p.m.

FRIDAY, DECEMBER 3

Breakfast –Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

• Varsity Basketball @ Chapin 5:30/7:30 p.m.

SATURDAY, DECEMBER 4

 MS/JV Wrestling @ Chester - Chester County JV/MS Round Robin

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Upcoming Events

2021-2022 ACT

Test @ MCHS
December 11, 2021
February 12, 2022
April 2, 2022
July 16, 2022

2021-2022 SAT <u>Test @ MCHS</u> December 4, 2021 March 12, 2022

May 7, 2022 June 4, 2022

.....



The Season of Sharing program is a tradition for the student body at Mid-Carolina. Beta Club and Student Council are partnering this year on the Season of Sharing Canned Food Drive that will run from now until December 10th. Donated items will be delivered to the Pomaria Food Bank to help less fortunate families in Newberry County.

There will be a grade level competition, with the grade level that brings in the most cans getting the spirit stick. Students are being asked to label their cans with their grade level and turn them in to their first block teachers.

For those who are able to adopt students from our Angel Tree, gifts need to be turned in by Tuesday, December 7th.

Are you a 9th or 10th grade student in the top 10% of your class? Are you interested in an exclusive program to explore your academic future? Then this exciting opportunity may be for you!



Clemson's Challenge for Academically Talented Students (C-CATS) recruits outstanding students to participate in high-powered weekend retreats.

Through team-building and academic sessions, students gain leadership skills, make lasting friendships, and improve their ability to think clearly and perform under pressure, all while having the time of their lives.

To receive a nomination, you must email Ms. Wicker at swicker@newberry.k12.sc.us or visit her in the Guidance office. She will verify that you qualify and submit a nomination. The cost of attendance is the student/family's responsibility. Additional information can be found online at www.c-cats.org. Deadline for nominations is December 9th.

DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

- INVIDIOUS Showing or feeling envy; hateful INVIOLABLE Incapable of being injured or disturbed.
- **ISOCHRONOUS** Relating to or denoting equal intervals of time. **JARGON** Confused, unintelligible speech or highly technical speech; gibberish
- **W JOCULAR** Inclined to joke. **JOVIAL** Merry.
- JUNTA A council or assembly that deliberates in secret upon the affairs of government.

 JUXTAPOSE To place close together for comparison or contrast
- KIMONO A loose robe, fastening with a sash, the principal outer garment in Japan.
 KNAVERY Deceitfulness in dealing.



M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 11 November 22, 2021

Our mission; To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

Are You a Shark or a Goldfish?

If you are facing a challenge and anxious about your situation, I know how you feel. I lost my job in 200I during the dot com bust. The company was losing money faster than we could raise it and eventually the company sank faster than the Titanic.

I thought it was the worst event of my life. I was two months away from being bankrupt. I had a wife, two young children, a mortgage, no health insurance, and very little savings. I was a paycheck away from losing it all.

It sounds bad. It felt bad. At the time it was bad. But one day I decided that I wasn't going to let this challenge take me down. And that's when I knew I had to change what I was thinking and doing.

I read a few books including Who Moved My Cheese and Rich Dad, Poor Dad which helped me make some important decisions through the change. Eventually these decisions would lead to the work I do now as a writer, consultant, and speaker.

My layoff led to my life's mission and purpose. What I thought was the worst event in my life actually lead to the best. I'm not alone. Gallup did a study and asked people to identify the worst and best event of their life. They found that there was an 80% correlation between the two events.

There was also a British study of 500 "charmed" people. They seemed to have it all; wealth, success, great relationships, etc. The researchers were surprised to discover that every one of these "charmed" people had bad things happen to them. They all experienced challenges and adversity, however, each one of them turned the bad into good and their misfortune into fortune.

The truth is that challenges and change are a part of life. The waves of change are always coming our way. But when the wave hits we have a choice. We can embrace it and ride it to a successful future or resist it and get crushed by the wave.

Embracing our waves of challenge and change is all about how we perceive and respond to the events we face. In The Shark and the Goldfish I share the positive success formula.

E + P = O

We can't always control the (E) vents in our life but we can control our (P)ositive response to these events and this often determines the (O)utcome.

When the change hits instead of focusing on the challenge we can choose to look for the opportunity. We can ask what this event is teaching us and identify how we can grow stronger and wiser from it. We can live in

fear or move forward with faith and take positive action

We can decide to be a Shark instead of a Goldfish? Goldfish become paralyzed by fear. They stay in their comfort zone and wait for someone to feed them. On the other hand Sharks (nice sharks) move forward with faith and take action. They trust that their best days are ahead of them, not behind them, Instead of waiting to be fed they venture out in the ocean of possibility in search of food. Their beliefs and actions create a self filling prophecy; because they expect to fund food and take action to fund it, they do.

Jon Gordon

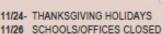
"Four things you can control today (and every day) are your ATTITUDE, your EFFORT, your BEHAVIOR and your ACTIONS.

It doesn't matter what others are doing, are not doing, or who you think is being unfair. Every day you can focus on being positive, working hard and making others around you better."

-Jon Gordon

Important Dates

11/22 Interim Reports Issued



... ...



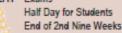
12/8 Student Early Release

12/8 Faculty Meeting

12/16 Exams



12/17 Exams



12/20- WINTER HOLIDAYS

12/31 SCHOOLS/OFFICES CLOSED

1/3 TEACHER PLANNING & PREPARATION (NO STUDENTS)

1/4 Students Return 1st Day of 2nd Semester

1/10 Report Cards Issued



1/13 Parent Teacher Conferences (PM)

1/14 Parent Teacher Conferences (AM) - No Students



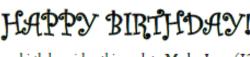
Reminders

PACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.



Please check your mailboxes and e-mail for vital information early each morning,



Happy birthday wishes this week to Marley Long (12/2)

