



# Get started with Teladoc

It's quick and easy to set up your account online. Simply visit the Teladoc® website, click **"Set up account,"** and then follow the instructions below.

**1. Confirm benefits**  
Provide some information about yourself to confirm your eligibility.

**2. Benefit confirmation**  
We'll confirm that we found your benefits. Click "CONTINUE" and finish creating your account.



### 3. Create account

Enter your contact information, username, password, and security questions.

Talk to a doctor anytime for free

1-800-TELADOC (835-2362)

Download the app

Teladoc.com

\*Teladoc is not available internationally.

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