

Conflict Management – Lesson Five

Lesson Title: Talking It Out

Objective: To talk clearly when you are in a conflict

Grade: 6/8 Time: 25-30 minutes

Materials: Board and Marker, ‘Talk It Out’ sheet

1. Review positive, neutral and negative aspects of conflict, empathy and speaking clearly.
2. Ask for a student volunteer who will argue with you in a role-play. Some suggestions for the role-play are: who was in line first, whether the person ripped your paper on purpose or about when the person will bring back a shirt they borrowed. Break a few of the rules of being able to talk it out. 1) Have a positive attitude about solving the problem 2) Don't yell 3) Listen 4) Don't interrupt 5) Be honest 6) No name calling
3. Introduce the six ways to help people talk out conflicts. Show the ‘Talk It Out’ sheet. Explain that many times the best way to handle conflict politely and effectively is to talk it out. This often leads to the most understanding and long-lasting resolution.
4. Split the class up into groups of two. Ask each group to rank the six rules of ‘Talking It Out’ in order of importance. Have each group share with the class how their rankings.
5. Ask each group to prepare a role-play. The role-play should be a conflict where they break one of the ‘Talk It Out’ rules. Have the class guess which rule they broke.
6. Ask the groups to prepare a second role-play. This role-play should be a conflict where successfully talk it out. Have the class discuss what they used in the ‘Talk It Out’ sheet.
7. Review ways of ‘Talking It Out’.

8. Post the "Talk It Out" sheet.

Talk It Out

- 1. Positive Attitude**
- 2. Don't Yell**
- 3. Listen**
- 4. Don't Interrupt**
- 5. Be Honest**
- 6. No Name Calling**