

Lesson Title: Learning Styles and Positive Attitude

Objective: To learn different learning styles and the importance of a positive attitude

Grade: 6-8 Time: 25-30 minutes

Materials: Board and Marker, 'Study Skills Plus Attitude' 'Agree/Disagree' sheet

1. Explain to the students that we are going to begin a Study Skills unit. This unit should help you to become a better student.
2. Tell the class that we are going to learn about two different styles of learners. One type of learner is a reader/writer. They enjoy written tests but don't like classroom discussions as much. The other type of learner is a listener/talker. They like classroom discussions but don't enjoy writing as much. Both types of learning are important and one isn't better than the other kind. It is best to become someone who enjoys reading, writing, listening and talking.
3. Having a positive attitude is the most important factor in learning. If you don't have a positive attitude about learning, there are things you can do to change that.
4. Tell the class you are going to watch the first part of 'Study Skills Plus Attitude' video. Watch for different learning styles and positive attitudes.
5. Show the first section of the 'Study Skills Plus Attitude' video called 'What's Your Study Style?'.
6. Ask the class: What are two types of styles you saw on the video? Is one better than the other? What type of attitude did Extra have at the beginning of the video? How did he change it?
7. Pass out the 'Agree/Disagree' sheet. Ask the students to put an A to the statements that they agree with and a D on the statements they disagree with. Tell the students they will share their answer with some classmates.
8. Ask the students to split in groups of two. Share their answers with their partner and decide which answers the two of you think is best.

9. Have the groups share their answers with the class.

10. Review learning styles and positive attitude

AGREE/DISAGREE

Put an A if you agree and a D if you disagree

- ___ 1. Students who get better grades are always smarter.
- ___ 2. Girls are naturally better at some subjects.
- ___ 3. Students who are disorganized can't help it. That's the way they are.
- ___ 4. Reader/writers are better students than listener/talkers.
- ___ 5. If a teacher doesn't like you, he/she won't give you a good grade.
- ___ 6. If someone gets a better grade than I do that means the work is easier for them
- ___ 7. I'm tired of hearing adults talk about 'attitude'. Attitude has nothing to do with how I do in school.
- ___ 8. I've always gotten average grades. I can't change that.
- ___ 9. The work is harder in school than it was a few years ago. You can't expect me to do as well as I did back then.
- ___ 10. I believe I can't do any better in school, no matter what.