

11/2021



Dear Afternoon Kindergarten Parents,

We are inviting afternoon Kindergarten students to discover their Social Emotional Learning (SEL) Superpowers by participating in a new supplementary program called Power Hour. This program is designed to develop positive peer relationships while working cooperatively alongside peers with a range of abilities.

What exactly is Power Hour?

Please see the attached program description for details.

What is the schedule?

11:55 Parents drop off students at the assigned door.

11:55-12:25 Students will participate in various activities including Unified PE, Dance, and classroom based engaging and enriching small group social and academic based activities

12:25 Students will join their assigned Kindergarten classes

What staff will support the program?

Mrs. Jensen and Ms. Azzara along with paraprofessionals will support all the students.

How many students will participate?

Up to 8 students will participate at once. Depending on student interest, participants may be scheduled for approximately 8 week sessions.

What does my child need?

Students will need to bring their Superpower potential!

How do I sign my child up?

Interested parents should complete the [Google Form linked here](#). Students will be assigned into a group and their dates will be provided to parents. The first cohort of students will begin on Monday, November 29, 2021. The other students will be assigned to a cohort beginning on either February 7, 2022, or Monday, April 4, 2022. All attempts will be made to include all interested students, however, due to social distancing requirements, space may be limited. Contact Karen Calantoni at kcalantoni@metboe.k12.nj.us with any questions.

The Power Hour



Develop your *Social Emotional Learning* (SEL) super powers

Kindergarten peers will discover their SEL super power through becoming positive SEL role models for self awareness and self management skills and will be able to continue to develop their social awareness skills.

What skills will your child gain in this setting?

Development of social awareness skills - social awareness can be seen as the development of *empathy*, which is our response to others' emotions and reactions they are having to their emotions (**2020 CASEL**).

Building relationship skills - your child will develop positive social relationships through working together with their kindergarten peers during structured, intentional teaching experiences (**2020 CASEL**).

Children will work to develop positive peer relationships while working cooperatively alongside peers with a range of abilities. They will develop these relationships through guided interactions where they will communicate, listen and be facilitated in cooperative activities with their peers while reinforcing kindergarten standards.

Intentional Teaching experiences may include small group teaching of:

Social Situations (looking at situations and what may have caused someone to feel the way they feel)

Turn taking

Respect for others

Empathy

Teamwork

Communication

Relationship building

What superpower will they discover?

