

**BREAKFAST**

MENU SUBJECT TO CHANGE

SERVED DAILY: 1% White or FF Flavored Milk / 100% Apple or Orange Juice

**DECEMBER 2021  
CARDINAL CAFÉ**

**PK-12 – FREE  
ADULT & 2<sup>ND</sup> MEALS-- \$2.75**



**Monday**



**Tuesday**

**Wednesday**

**Thursday**

**Friday**

		<p><b>1</b></p> <p><u>SAUSAGE, EGG, BISCUIT</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Peaches / Jelly</p>	<p><b>2</b></p> <p><u>OATMEAL &amp; TOAST</u> (OR) <u>CEREAL &amp; POP-TART</u> Chilled Pineapple Jelly</p>	<p><b>3</b></p> <p><u>GLAZED DONUT</u> (OR) <u>CEREAL &amp; TOAST</u> Chilled Pears Jelly</p>
<p><b>6</b></p> <p><u>MINI BAGELS</u> (OR) <u>CEREAL &amp; POP-TART</u> Chilled Applesauce</p>	<p><b>7</b></p> <p><u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly</p>	<p><b>8</b></p> <p><u>PANCAKE on a STICK w/ syrup</u> (OR) <u>CEREAL &amp; TOAST</u> Chilled Peaches Jelly</p>	<p><b>9</b></p> <p><u>FRENCH TOAST w/ syrup</u> (OR) <u>CEREAL &amp; TOAST</u> Chilled Pineapple Jelly</p>	<p><b>10</b></p> <p><u>EGGSTRAVAGANZA</u> w/ BISCUIT (OR) <u>CEREAL &amp; POP-TART</u> Chilled Pears</p>
<p><b>13</b></p> <p><u>MINI WAFFLES w/ syrup</u> (OR) <u>CEREAL &amp; POP-TART</u> Chilled Applesauce</p>	<p><b>14</b></p> <p><u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly</p>	<p><b>15</b></p> <p><u>SAUSAGE, EGG, BISCUIT</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Peaches / Jelly</p>	<p><b>16</b></p> <p><u>OATMEAL &amp; TOAST</u> (OR) <u>CEREAL &amp; POP-TART</u> Chilled Pineapple Jelly</p>	<p><b>17</b></p> <p><u>NO SCHOOL PREPARATION DAY</u></p>

**MERRY**

**CHRISTMAS**

Healthy meals will be offered every school day to all students at no cost. Typically, a student's household must meet income eligibility requirements to qualify for free or reduced-price meals. However, the United States Department of Agriculture (USDA) issued guidance that allows schools to offer meals to all students at no cost for the 2021-2022 school year. Each school/site or central office has a copy of the policy, which may be reviewed upon request. While no application or eligibility determination process is required for your student to receive free meals this school year, the income eligibility requirement will likely resume in the 2022-2023 school year.

This institution is an equal opportunity provider.



MENU SUBJECT TO CHANGE

SERVED DAILY – 1% White or Flavored Milk / Fresh Fruit

# DECEMBER 2021 CARDINAL CAFÉ

PK-12 – FREE  
ADULT & 2<sup>ND</sup> MEALS-- \$4.00



Monday



Tuesday

Wednesday

Thursday

Friday

SALAD: CHEF w/ HAM **6**

HOT DOG  
Baked Fries  
Baked Beans  
Chilled Mixed Fruit

H.S. Corndog / Cookie

F.L.: CHICKEN NUGGETS **7**

SOFT CHICKEN FAJITA TACOS  
Refried Beans / Spanish Rice  
Lettuce & Tomato  
Chilled Peaches

H.S. BURRITO

SALAD: NO MEAT **8**

GRILLED CHEESE  
Veg. Soup  
Mixed Veggies.  
Pineapple

H.S. CHEESEBURGER / Peach Crisp

F.L.: CORNDOG w/ Sun Chip **9**

BAKED POTATO  
Diced Ham / Cheese Cup /Butter  
Sour Cream / Glazed Carrots  
Roll / Chilled Pears

H.S. BBO PORK

SALAD: BEEF TACO **10**

CHICKEN on a bun  
Deli Salad / Baked Fries  
Pork & Beans  
Chilled Applesauce

H.S. Spicy Chicken on bun / Cookie

SALAD: CHEF w/ HAM **13**

CHICKEN NUGGETS  
Mac & Cheese  
Navy Beans / Side Salad  
Roll / Mixed Fruit

H.S. Beef Fingers / Cookie

F.L.: BURRITO w/ Sun Chips **14**

FAJITA CHICKEN NACHOS /w CHIPS  
Pinto Beans  
Steamed Broccoli  
Chilled Peaches

H.S. – BEEFY NACHOS /Chips

(MAIN LINE ONLY) **15**

CORNDOG  
Baked Chips  
Mixed Veggies. / Baked Beans  
Pineapple

(MAIN LINE ONLY) **16**

CHEESEBURGER  
Deli Salad / Baked Chips  
Pork & Beans  
Chilled Pears

**17**

NO SCHOOL  
PREPARATION  
DAY

**20**

**21**

**22**

**23**

**24**

# MERRY

**27**

**28**

**29**

**30**

**31**

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