



SHEEPSCOT VALLEY REGIONAL SCHOOL UNIT #12
665 PATRICKTOWN ROAD, SUITE 2,
SOMERVILLE, MAINE 04348

Tel: 207-549-3261 / Fax: 207-549-3082 / www.svrsu.org

Howard Tuttle, Superintendent of Schools
Deborah Taylor, Director of Curriculum and Technology
Delia Dearnley, Director of Special Services

Larry Dancer, Director of Operations
Belinda Waterhouse, Business Manager

RSU 12 Ad Hoc Nutrition Committee
Thursday, November 9, 2017
RSU 12 Central Office
Start Time: 3:45pm

Present: Keith Marple, Will Sugg, Belinda Waterhouse,

1. Elect a chair of the committee
 - a. Keith Marple elected chair of committee
2. Defining a Clear, Specific, Achievable Goals
 - a. Meeting the federal requirements by using whole, real, foods.
 - b. Hydration for students - hydration has an impact on learning
 - c. Collect information about school nutrition. Develop a nutrition resource center
 - d. Make evidence-based recommendations to meet and exceed the nutritional, hydration, and wellness needs of all RSU 12 students.
3. Current state of Nutritional Quality
 - a. Currently meets the federal and state guidelines.
 - b. Concern that the food is full of preservatives, sugar.
 - c. Currently, cooks make a lot of independent decisions about the menu.
 - d. Need to find what the rules actually are.
 - e. Offer versus serve. - What is this?
 - f. Need to educate the students.
 - g. What districts are doing it right? Can we go visit?
 - h. Trying to have district menu
 - i. How about a parent survey?
4. Learn all the acronyms
5. Assessment of current breakfast & lunch menus
6. Amount of Food Waste
7. Participation Rates
 - a. How do we offset the expenses by with more revenue from increased participation.
8. Regulatory restrictions
9. Best practices
10. Options for prepared or local food
 - a. Do an assessment about where is the local available to us.
11. Options for different distribution vendors
12. Education for students around healthy food.
 - a. Maine school network
 - b. Maine Harvest Lunch
 - c. What resources are out there
13. Other ideas to research (e.g. salad bar?)
14. Revenue potential from improved participation
15. In-person observation of a school lunch
16. Other non-board stakeholders to invite



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- a. Find a parent to join us.
 - b. Citizens of the community
 - c. Student input in some format
 - d. Cook
 - e. Principal
17. Policies around negative balances.
18. Action steps
- a. Researching Resources - Will
 - b. Calling a few Food Service Directors - Keith
 - c. Finding new members - Belinda and Howie
 - d. Financials and menus - Belinda
19. Next Meeting 3:30-4:30 before the Board meeting, December 14th.

End Time: 4:30pm

Respectfully Submitted,

Howard Tuttle, Superintendent