





Victoria Public School

November 2021

Headstart Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Popcorn Chicken Broccoli Orange Wedges Milk	2 Chicken Spaghetti Green Beans Pears w/Cherries Hot Roll Milk	3 Hamburger Pocket Steamed Carrots Pineapple Milk	4 Bean & Cheese Burrito Pinto Beans Lettuce & Tomato Peaches Milk	5 Turkey & Cheese On Ciabatta Bread Fruit Cocktail Chips Milk
8 French Bread Pizza Green Peas Pears w/Cherries Milk	9 Spaghetti w/Meat Sauce Tossed Salad Apricots Garlic Bread Milk	10 Mini Corn Dogs Tater Tots Steamed Carrots Pineapple Tidbits Milk	11 	12 Breaded Chicken Sandwich Tossed Salad Sweet Potato Fries Peaches Milk
15 Hamburger French Fries Fruit Cocktail Milk	16 Pizza Square Corn Peaches Milk	17 Chicken Nuggets Mashed Potatoes Gravy Green Beans Watermelon Chunks Hot Roll Milk	18 Turkey/Gravy Green Beans Fruit Salad Hot Roll Milk	19 Grilled Cheese Sandwich Fresh Broccoli Ranch Dressing Applesauce Dino Bites Milk
				
29 Cheeseburger French Fries Mixed Vegetables Fruit Cocktail Milk	30 Breaded Chicken Sandwich Peas Peaches Milk			

**** Menu Subject to Change**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.



To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

2. fax: (202) 690-7442; or

email: program.intake@usda.gov. This institution is an equal opportunity provider.

November 2021 Headstart Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
1 Waffles Rosy Applesauce Milk	2 Bacon, Egg & Cheese Bites w/Toast Juice Milk	3 Cereal Banana Milk	4 Pancake on a Stick Apricots Milk	5 Breaded Chicken Biscuit Pears Milk
8 Pancake w/Sausage Pattie Mandarin Oranges Milk	9 Sausage, Egg & Cheese Bites w/Toast Juice Milk	10 Cereal Peaches Milk	11 	12 French Toast Pineapple Tidbits Milk
15 Cereal Apricots Milk	16 Scrambled Eggs & Toast Peaches Milk	17 Breakfast Pizza Juice Milk	18 Sausage, Egg & Cheese Bites w/Toast Orange Wedge Milk	19 Pancake & Sausage Pattie Fruit Cocktail Milk
				
29 Waffles Rosy Applesauce Milk	30 Bacon, Egg & Cheese Bites w/Toast Juice Milk			

**** Menu Subject to Change**

MEAL PRICES

Adult/Guest

Breakfast-\$3.00 Lunch- \$5.00

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
email: program.intake@usda.gov.