



FLOODWOOD FITNESS CENTER

Floodwood Fitness Center
ISD 698
115 West Fourth Avenue
Floodwood, MN 55736
218-476-2285

General Information and Procedures for Membership

1. Hours of operation: The Floodwood Fitness Center is open to the public the following days and times:

School Days: 5:00AM to 7:45AM, 4:00PM to 9:00PM (5AM-7:45AM, 5:30PM-9PM when spring sports start)

Saturday & Sunday 5:00AM to 9:00PM

Holidays and Summer 5:00AM to 9:00PM

* Summer hours may vary depending on the custodians' cleaning schedule.

2. Entry into and out of the facility:

a. Your electronic membership card will allow you access to both the exterior door on the north side of the school building and the interior door of the fitness center.

b. You must not leave doors unlocked and open. Doors may not be propped open for any reason. Keep your membership card with you at all times.

3. Fees:

Individual Membership		Couple Membership	
Monthly	3-Month	Monthly	3-Month
\$20	\$50	\$30	\$80

4. Payment Procedures:

a. Fees must be paid with cash or check or credit card.

b. Cards are deactivated once they are 7 days past due.

c. Fees can be mailed to Floodwood Community Ed, 115 W. 4th Ave., Floodwood, MN 55736 or made in the office 7:30am-4pm M-F.

5. Use of the Fitness Center:

a. Only those adults with paid memberships and enrolled students over the age of 13 are allowed to enter the fitness center. Children between the ages of 13 and 18 must be accompanied by a

paying member who is over the age of 18 or a school employee to use the fitness center outside of school hours.

- b. No children under the age of 13 are allowed in the fitness center at any time.
- c. Do not leave your valuables unattended when using the fitness center.
- d. Street shoes are not allowed in the fitness center.
- e. Water only is allowed in the fitness center. Sports drinks, soda, and food are not allowed.

6. Membership Card:

- a. Your membership card is also your access key. It will give you access to both the exterior door on the north side of the school building and the interior door of the fitness center. It will not give you access to any other entrances. It will not work once your membership expires and it should be returned to the Community Ed office if you do not wish to renew your membership.
- b. Hold your card in front of the reader adjacent to the door you wish to enter. When your card is detected, a green light will show briefly. Pull the door open.
- c. Make sure doors are closed tightly behind you when you enter or leave the fitness center and building.
- d. Each member must swipe his or her card to gain entry to the fitness center. Members may not swipe their card for another individual or grant access to non-members. Those found abusing this policy will have their card deactivated and will be charged a \$10.00 fee to reactivate their card.
- e. Members will be charged a \$10.00 fee for the replacement of a lost or damaged card.

7. Clean Up:

- a. Please wipe down the machine if it is needed. Towels can be found in the closet located next to the drinking fountain.
- b. Please take water bottles and personal items with you when you leave.

Any questions please contact:

Ashley Engh, Community Ed Coordinator

218-476-2285 ext 70108 – aengh@isd698.org