

Parkston School District  
COVID-19  
Safe Return to School Plan  
&  
Supporting Documents  
2021-2022

**Parkston School District - Safe Return to School Plan -  
2021-2022**

School Board Plan approval date: August 9<sup>th</sup>, 2021

Date of Last School Board review: August 9<sup>th</sup>, 2021

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## **Parkston School District - Safe Return to School Plan - 2021-2022**

\*\*\* The reader should note the following are recommendations from the Safe Return to School Committee to the Parkston School Board, who will consider the recommendations at the August 9th School Board Meeting. The committee respects all positions on this matter, and while not everyone will agree with the recommendations, please keep in mind that the goal of the committee is to keep students and staff safe while providing the best educational experience as possible.

Please be advised that all mitigation strategies addressed in the plan are subject to change and will be contingent on the COVID-19 virus and its impact on the School Community, Community of Parkston, and Hutchinson County. DOH community spread designation (None, Minimal, Moderate, and Substantial) will be monitored weekly.

### **MASKS:**

**\*Utilization of masks will be encouraged but not mandated to start the school year. However conditions of the virus perpetuating mask use will be evaluated weekly based on the School Community, Community of Parkston, and Hutchinson County Community spread designation. An appropriate wearing of mask info graph is at the end of the plan.**

\*Bussing: encouraged anytime riding the bus

\*Students: encouraged but will not be mandated to start the school year. Must follow Close Contact procedures.

\*Staff: encouraged but will not be mandated to start the school year. Must follow Close Contact procedures.

**Vaccinations:** While the Parkston School District is not requiring vaccination for student's ages 12-18 and Staff it is working with Avera St. Benedict to inform parents of the option to vaccinate their child. A vaccination clinic at the school will be discussed by the school board as a mitigation strategy on a monthly basis.

### **Social, Emotional-learning, and Mental Health Needs:**

\*Student Needs: Students will be afforded the supports to address SEL needs with the creation of a Sensory room to be used for those students who become overwhelmed, anxious, and overstimulated at any point in the day in order to take a sensory break. A separate Wellness room will be implemented for those that demonstrate the need to visit with counseling support staff upon request and referral from teachers and parents/guardians. The district will invest and implement a Social-Emotional Learning Program. It will be a systemic approach for K-12 and will partner with an outside resource/vendor called 7 Mindsets for that programming implementation efforts. The district will also expand on the current counseling relationship it has with Lewis & Clark Mental Health or like agency to be able to serve and support more students on a deeper level.

\*Staff Needs: Staff will be offered the mental health supports by the district upon their request. The district will provide guidance on agencies and programming that adults have access to. Monetary supports for staff mental health support will be considered on a case-by-case basis.

**Students Get Ready for Learning:**

\*Parents are expected to conduct student symptom screening checklist daily, before sending child to school. Checklist is attached at the end of the plan.

\*Parents will check with medical professional if symptomatic

\*DO NOT bring children to school if symptomatic.

**Transportation:**

\*Parents need to realize that we are unable to provide social distancing on our busses.

\*Riding the bus is "at-your-own-risk".

\*Parents are asked to transport their children to and from school when possible

\*The committee is encouraging all students to wear masks while anytime riding the bus due to the inability to social distance and for Route Bus Driver protection.

\*Students will be assigned seats. In family units as much as space allows.

\*Windows will be open when possible and as weather allows.

\*Students will be asked to use hand sanitizer upon getting on the bus

\*Busses will be sanitized daily.

**Student Arrives at School:**

\*Parents please drop off students in the east parking lot. Parents are encouraged to drop off and pick-up students without coming into the building as often as possible. Parents are encouraged to pick-up their students after the busses have departed at 3:20.

\*Upon arriving at the school, students will proceed directly to classrooms, unless they want breakfast.

\*Parents transporting students to and from school shall use the designated pickup point/lane on the east side of school.

\*Parents should remain in their vehicles while accessing drop-off and pick-up points whenever possible.

\*Breakfast will be served in the cafeteria and the Armory for social distancing purposes. PK-6 will be afforded the opportunity to sit in the commons/lunchroom area and eat a grab and go breakfast while the 7-12 will be afforded the grab and go opportunity to take to their first period classroom

\*Students will have access to buildings at 7:50 am. Staff will be expected to be in classrooms at assigned workday times from 8:00 -3:30.

\*Parents are asked to NOT bring their children to school earlier, if at all possible, unless they have made previous arrangements with staff. While we are here to help and serve, we are asking that this does not become a habitual practice.

\*In the case of inclement weather, the MPR and Armory will be used for waiting area in order to provide social distancing.

\*Students will go directly to their classroom/first period classroom.

\*Students will remain in their "cohort" with their classmates while in the building to reduce the number of contacts they have each day.

\*Students will move about the building on the right side of the hallway, in single file when possible. All students will be discouraged from congregating in the hallways.

\*Temperature checks are asked to be performed prior to arriving at school. Students in need of screening will be directed to the School Nurse for evaluation.

#### **Building Access:**

\*Outside Vendors will be allowed in the school by appointment only. Vendors will be encouraged to wear a mask depending on their county/community of origin.

\*All other deliveries will be left in vestibule. They will ring in and let us know they are leaving the delivery.

\*Classroom volunteers will be welcomed to start the school year. However, the practice will be evaluated weekly as the conditions of the virus warrant. Visitors (Parents/Volunteers) will be encouraged to wear mask while in school pending community and county of origin and its designation of community spread unless vaccinated.

#### **Cleaning of Facilities/Student Staff Hygiene:**

\*Hand washing schedules will be developed throughout at teacher discretion. Students will be encouraged to practice handwashing, sanitizing, and respiratory etiquette daily.

\*Appropriate handwashing, sanitizing, and respiratory etiquette information/info graphs will be displayed and emphasized by all staff throughout the building and in all classrooms.

\*Hand sanitizer will be available in all classrooms, restrooms, entrances and on busses.

\*Merv-13 air filtration filter will continue to be utilized.

\*Increased outside air exchange

\* Social distancing will be encouraged when and where possible.

\*Custodial Cleaning and Disinfecting schedule is available at the end of the plan.

**Delivery of Instruction:**

\*Two different modes of instruction will be used depending upon the Viruses School Community, Parkston Community, and County levels and designation of virus spread. Attendance will be expected and tracked for all students.

\*Phase 1: Face-to-Face instruction will be the goal. Teachers will utilize swivel and google classroom resources to instruct students at home due to students' quarantine or isolation status. Students who are attending school from home due to quarantine or isolation status are expected to be present (if health conditions allow) at all scheduled class times.

\*Phase 2: Distance/On-line Learning due to forced school and district closure – This mode of learning will be considered as an option for instructional delivery based on specific classroom, school community, Parkston community, and county levels designation of virus spread. Regular class schedules will be expected to be followed. All staff will engage students in learning experiences using Swivel and Google classroom from school unless health and virus reasons require the teacher to teach from home.

\*There will be NO option offered for those families opting to educate their children from home. This will require parents to contact the DOE to enroll in Alternative Instruction (Home School). Parents who choose this option will not have access to Parkston certified teaching staff. Any learning resources utilized by the district and needed by parents to help them educate their students may be provided by the district.

**High Risk Courses due to aerosol and high frequency utilization of materials:**

\*Art, Vocal, Instrumental and Physical Education: The administration will work with these staff members assigned to such courses to help determine how best to deliver these courses and utilization of materials.

\*Locker rooms will be used in a fashion that provides the most social distancing. They will be cleaned and disinfected after each class.

**Large Group Settings:**

\*Lunch will be served by kitchen staff to minimize student contact. Schedules will be developed to allow for minimal numbers and classes will be kept in cohorts, with social distancing while eating emphasized. Current lunchroom spaces and the MPR will be used.

\*PK-6 Recess outdoors will be allowed without restriction to start the school year. In-door recess when needed will be monitored with cohort interaction limited when possible.

**Small Group Settings:**

\*Students and Staff will practice Social Distancing during class instruction when and where possible.

\*Staff will be encouraged to wear appropriated PPE and implement cleaning and exposure mitigation strategies during small group instruction pending the level of school community spread.

**Extra-Curricular Activities:**

\*The district will follow the SDHSAA Covid-19 committee's recommendations and guidelines for all Extra Curricular athletic and fine arts activities. Come at your own risk. Participate at your own risk.

\*Students identified as a close contact will be allowed to practice and compete during the duration of the assigned quarantine period but will do so following the district's Close Contact guidance as long as they remain symptom free and wear a mask for the 10-day quarantine period.

\*Fan attendance: This will not be restricted, nor will masks be required to start the school year. However indoor activities will be subject to more restrictions depending on the levels of School Community, Parkston Community, and County designations of viral spread. There may be times when we need to limit attendance. Masks are encouraged at all indoor activities.

\*Admissions and ticket takers - staff will be encouraged to wear all appropriate PPE regardless of the event being indoor or outdoor.

\*Concessions – will be offered in traditional settings and products. All workers are encouraged to wear all appropriate PPE while working and interacting with the public. The Parkston School District will not guarantee anyone's safety. The delivery method will be monitored weekly according to the School Community, Parkston Community, and County designation level of spread. This will apply to opposing school district's designation as well.

**Student with a Positive Test:**

The district will follow guidance from the SD DOH. All students will be expected to isolate for 10 days from the date of symptom onset or diagnosis of a positive test. The School and DOH will notify the school and parents/guardians of their student's designation as a positive case. Students in isolation (infected) will be expected to learn from home (Swivel, Zoom, and Google Classroom) as long as their health permits. Student's attendance will be expected with absences recorded as absent/exempt.

**Staff with a Positive Test:**

\*The district will follow guidance from the SD DOH. All staff will be expected to isolate for 10 days from the date of symptom onset or diagnosis of a positive test. The School and DOH will notify staff and staff will notify the district of their designation as a positive case. Staff in isolation (infected) will be expected to teach from home (Swivel & Google Classroom) as long as their health permits. Substitutes will monitor the classroom in the staff member's absence. Staff will have sick days applied to their sick leave as the guidance to address the FFCRA expired at the end of 2020.

**Student Close Contact:**

\*Exception: In the K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a clinically compatible illness device such as the Binax Now or Quidel QuickVue test) where both students were engaged in consistent and correct use of well-fitting masks; and other K–12 school prevention strategies (such as universal and correct mask use, physical distancing, increased ventilation) were in place in the K–12 school setting.

\*The district will conduct close contact tracing investigations and notify all students and their parent/guardian of their close contact designation. While the School will notify students and parents/guardian the DOH may or may not inform those identified on the close contact workbook.

Students identified will have the following options: Any student identified as a close contact through the investigation process is expected to follow the following mitigation strategies.

\*Due to the nature and instructional strategies necessary for learning to take place and the inability to social distance in an Elementary classroom any diagnosed Covid positive case within an elementary classroom will render that classroom section as a Close Contact, thus the entire class will follow the Close Contact protocol.

1. All close contacts are mandated to wear a mask during the 10-day quarantine period in school and on buses. All Close Contacts have the ability to test out of quarantine by taking a Rapid Antigen Test (Binax Now Test or Quidel QuickVue Test) between days five and seven of the quarantine period. A negative test will allow for mask removal on day eight for the duration of the quarantine period as long as they stay symptom free.

2. All close contacts must remain symptom free for 14 days.

3. All close contacts will undergo symptom checkpoints two times per day in the appropriate school level office during the quarantine period.

4. All close contacts will social distance when and where practical. Classrooms are structured to create as much distance as is possible. Close contacts are encouraged to attend school with the following mitigation strategies in place. However, parents can elect to have their student serve the 10-day quarantine and attend school virtually (Swivel & Google Classroom) through the duration of the specified time frame. Student's attendance will be recorded absent/exempt.

5. Screening Testing as a prevention Strategy: Screening testing can improve detection of SARS-CoV-2.

- Serial testing (within cohorts) with rapid isolation of infected individuals may help facilitate (in person instruction in K-12 schools) while reducing the risk of a surge in local cases.
- Serial testing that requires frequent testing (1–5 times per week) combined with other risk reduction strategies will also help reduce the risk of a surge in local cases.
- Screening testing procedure: Close contact student will be allowed to participate in the school district's screening testing program if they so choose. Upon being notified of Close Contact Status parent/guardian of students can ask for and agree to consent to Quidel QuickVue rapid antigen screening test being conducted. This will occur on a daily basis at 7:50 AM in the district's nurse's office for five consecutive school days. If results remain negative during the five-school day testing protocol students will not be required to wear a mask during the Close Contact 10-day quarantine period. If a student does not want to participate in the screening testing program masks will be mandatory. A reminder that All Close Contacts have the ability to test out of quarantine by taking a Rapid Antigen Test (Binax Now Test or Quidel QuickVue Test) between days five and seven of the quarantine period but will be expected to wear a mask during that designated quarantine period leading up to day five-seven. A negative test will allow for mask removal on day eight for the duration of the quarantine period as long as they stay symptom free and if the student chooses to wear a mask for the first five days of their assigned quarantine period.



**Staff Close Contact:**

\*The district will conduct close contact tracing investigations and notify all Staff of their close contact designation. While the School will notify Staff the DOH may or may not inform those identified on the close contact workbook. **Staff have the designation of Essential Employees** therefor can remain performing their assigned duties but they are still afforded the following options: Any Staff identified as a close contact through the investigation process is expected to follow the following mitigation strategies.

1. All close contacts are mandated to wear a mask during the 10-day quarantine period in school and on busses. All Close Contacts have the ability to test out of quarantine by taking a Rapid Antigen Test (Binax Now Test or Quidel QuickVue Test) between days five and seven of the quarantine period. A negative test will allow for mask removal on day eight for the duration of the quarantine period as long as they stay symptom free.

2. All close contacts must remain symptom free for 14 days.

3. All close contacts will undergo symptom checkpoints two times per day in the appropriate school level office during the quarantine period.

4. All Staff close contacts will social distance when and where practical. 7-12 Classrooms are structured to create as much distance as is possible. This does not apply to a K-6 Classroom. Staff identified as close contacts are encouraged to attend school with the following mitigation strategies in place. However, staff can elect to serve their 10-day quarantine and teach school virtually (Swivel, Zoom, and Google Classroom) through the duration of the specified time frame, but will have sick days assessed for the duration of the quarantine period. Classroom support will be provided in the teacher's absence.

5. Screening Testing as a prevention Strategy: Screening testing can improve detection of SARS-CoV-2.

- Serial testing (within cohorts) with rapid isolation of infected individuals may help facilitate (in person instruction in K-12 schools) while reducing the risk of a surge in local cases.
- Serial testing that requires frequent testing (1–5 times per week) combined with other risk reduction strategies will also help reduce the risk of a surge in local cases.
- Screening testing procedure: Close contact staff will be allowed to participate in the school district's screening testing program if they so choose. Upon being notified of Close Contact Status. Staff can ask for and agree to consent to a Quidel QuickVue rapid antigen screening test be conducted. This will occur on a daily basis at 7:50 AM in the district's nurse's office for five consecutive school days. If results remain negative during the five-school day testing protocol students will not be required to wear a mask during the Close Contact 10-day quarantine period. If a staff does not want to participate in the screening testing program masks will be mandatory. A reminder that All Close Contacts have the ability to test out of quarantine by taking a Rapid Antigen Test (Binax Now Test or Quidel QuickVue Test) between days five and seven of the quarantine period but will be expected to wear a mask during that designated quarantine period leading up to days five-seven. A negative test will allow for mask removal on day eight for the duration of the

quarantine period as long as they stay symptom free and if the staff chooses to wear a mask for the first five days of their assigned quarantine period.

**Student/Staff become ill while present at school:**

\*If student/staff becomes symptomatic during the day they will be subject to the following process - ICE (Isolate, Call parents, Exit building)

\*All testing and mitigation strategies will be under the direction of the School Nurse and will take place in the identified isolation room.

\*Students and Staff are encouraged to complete a screening tool each day, prior to coming to school.

**Board Action:**

\*The board will be kept informed about the conditions of the virus in the school setting and will take any action in an emergency board format as often as needed.

\*The board may have to consider modifying the school calendar if deemed necessary depending on the impact of the virus on the school setting.

\*The board may need to meet with PEA to work out any conflicts with the negotiated agreement.

\*The board will expect all use of district facilities by outside groups to adhere and implement the mitigation strategies and expectations being required at the time frame in which the activity is being conducted.

**Other notes:**

\*The physical plant will be sanitized throughout the day, with high touch points sanitized multiple times daily.

\*Staff and classrooms will all be supplied with hand sanitizer, and cleaning products to help sanitize their work areas.

\*Water bottle filling stations are available throughout the facility. Students will be asked to bring a water bottle daily to use. For those that are not able to provide a water bottle will have one be provided as needed. Please clean or use new water bottles daily.

\*All School Lunch items will be served to the students, there will be no self-serve.

\* Students and Staff will be expected to abide by social distancing strategies while eating.

\*Lunch Keypad will be operated by staff, with student providing their pin number orally.

Levels of School and Community Spread	Levels of School and Community spread	Levels of School and community spread	Levels of School and Community spread	Levels of School and Community spread
Status	Green - Low No confirmed cases at the school, community, or county level	Yellow - Moderate A confirmed positive case at school building, community or county level	Orange Substantial A confirmed positive case at school building, community or county level	Red - High Substantial community spread
	Open school with mitigation strategies in place	Open school with higher levels of mitigation strategies and precautions in place	Open school with significantly higher mitigation strategies and levels of precautions	Consider Temporary Closure - Distance & On-line learning implemented

## Students Get Ready for Learning

Temperature/Symptoms Check	STUDENT: Taken by the Parent at home	STUDENT: Taken by parents at home with checks in classrooms where there are confirmed positive cases	STUDENT: Taken by parents at home and school staff	N/A
	STAFF: Completed at home.	Staff: Taken at Home and school as needed.	STAFF: Taken at home and school.	N/A
*Opening/Closing times	8:00 am-3:30 pm  *Unless in a school activity or requested by staff.	8:00 am-3:30 pm School day could be shortened.	8:00 am-3:30 pm School Day could be shortened.	N/A

## Transportation

Bus Transportation	Use hand sanitizer upon entry. Students assigned seats in family units. Masks recommended	Use hand sanitizer upon entry. Students assigned seats in family units. Masks recommended	Encourage Parents to transport students. Use hand sanitizer upon entry. Students assigned seats in family units. Masks recommended	Encourage Parents to transport students. Use hand sanitizer upon entry and exit. Students assigned seats in family units. Masks mandate considered.
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## Students Arrive at School

Drop Off	Parents drop off (East side) students, leave children at door.	Parents drop off (East Side) students, leave children at door.	Parents drop off (East Side) students, leave children at door.	N/A
Classroom	Students go to breakfast or homeroom/first period room	Students go to breakfast or homeroom/first period room	Students go to breakfast or homeroom/first period room	N/A
Temp/Symptom Check	May be performed	Likely to be performed	Checked daily (2) times -Close Contacts contacts	N/A

## Student Masks

Utilization of masks may be evaluated based on Levels of School and Community Spread

Data points to consider prior to mandating masks

**Mask Usage**

Students: Encouraged for all. Mandatory for all Close Contacts.	Students: Encouraged for all. Mandatory for all Close Contacts.	Students: Encouraged for all. Mandatory for all Close Contacts.	<p>Data points to CONSIDER prior to any decision about implementing a mask mandate for the entire student body at the independent school or entire district level.</p> <p>The number of covid positive students at any one time in any one section, class, grade, or team at the independent school level.</p> <p>A minimum of 2 known Covid positive students in any one section, class, grade, or team at any one time at the independent school level.</p> <p>A 3% student body infection rate at any one time at the independent school level.</p> <p>Elementary: 3% of 283 = 8.49 students</p> <p>7-12: 3% of 200 = 6 students</p> <p>A diagnosed Covid positive within a section, class, grade, or team that results in 50% of students in that section, class, grade, or team being identified as Close Contacts at any one time via the investigation process (7-12).</p> <p>All school-level mask mandates will be re-evaluated after 10 calendar days from the date of implementation.</p> <p>A school or district level mask mandate will supersede all other close contact mitigation strategies from the designated mask mandate time frame until the mask mandate is rescinded.</p> <p>Mask mandates can be implemented per board directive for any section, class, grade, team, or district level on a case by case basis.</p>
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**Staff Masks****Mask Usage**

Staff: Encouraged for all. Mandatory for all Close Contacts.	Staff: Encouraged for all. Mandatory for all Close Contacts.	Staff: Encouraged for all. Mandatory for all Close Contacts.	Staff: Encouraged for all. Mandatory for all Close Contacts.
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**Instruction Methods****Delivery of Instruction**

Face to Face-expected	Face to Face-expected	Face to Face expected. Swivel - on-line learning optional	If possible Face to Face, if not Distance Learning - All Students and Staff on-line - Swivel, google classroom.
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**Extra Curricular Activities**

**Spectators**

Operate without attendance limitations. Remind spectators to social distance and encourage the wearing of masks, Strongly encouraged in doors.	Operate without attendance limitations. Remind spectators to social distance, encourage the wearing of masks, Strongly encouraged in doors.	Consider operating with attendance limitations. Students and immediate family have first consideration. Social distancing will be emphasized and the wearing of masks at indoor events will be expected.	Data points to CONSIDER prior to any decision about implementing a mask mandate for the entire student body at the independent school or entire district level.  The number of covid positive students at any one time in any one section, class, grade, or team at the independent school level. A minimum of 2 known Covid positive students in any one section, class, grade, or team at any one time at the independent school level. A 3% student body infection rate at any one time at the independent school level. Elementary: 3% of 283 = 8.49 students 7-12: 3% of 200 = 6 students A diagnosed Covid positive within a section, class, grade, or team that results in 50% of students in that section, class, grade, or team being identified as Close Contacts at any one time via the investigation process (7-12). All school-level mask mandates will be re-evaluated after 10 calendar days from the date of implementation. A school or district level mask mandate will supersede all other close contact mitigation strategies from the designated mask mandate time frame until the mask mandate is rescinded. Mask mandates can be implemented per board directive for any section, class, grade, team, or district level on a case by case basis.
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**Concessions**

Operate with Safe Food handling measures in place. Remind spectators to social distance and encourage workers and spectators to wear masks.	Operate with Safe Food handling measures in place. Remind spectators to social distance and encourage workers and spectators to wear masks.	Operate with Safe Food handling measures in place. Consider limiting product to pre-packaged for distribution. Workers strongly encouraged to wear masks.	Operate with Safe Food handling measures in place. Consider limiting product to pre-packaged for distribution. Workers strongly encouraged to wear masks.
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**Use of Facilities by Outside Groups**

Allow outside groups to utilize facilities as normal. Highly recommend groups to encourage social distancing and the wearing of masks for all spectators. Limit access to areas of need only Due to custodial/cleaning purposes.	Allow outside groups to utilize facilities as normal. Highly recommend groups to encourage social distancing and the wearing of masks for all spectators. Limit access to areas of need only Due to custodial/cleaning purposes.	Consider restricting use by outside. Encourage groups to utilize facilities with the expectation that Social distancing and wearing masks will be emphasized as a priority by outside organization's leadership.	Consider restricting use by outside. Encourage groups to utilize facilities with the expectation that Social distancing and wearing masks will be emphasized as a priority by outside organization's leadership.
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# K12 & COVID-19

## Frequently Asked Questions



**Please see Centers for Disease Control and Prevention  
resources available at:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>

Information in this document is current as of Aug. 12, 2021, and is subject to change.

### Close Contacts

#### **Q-1: How does the close contact definition differ in schools versus other settings?**

**A-1:** The Centers for Disease Control and Prevention's (CDC) close contact definition is someone who was within six feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period.

In the K-12 indoor classroom setting, the close contact definition *excludes* students who were within three to six feet of an infected student where:

- Both students were engaged in consistent and [correct](#) use of well-fitting masks; and
- Other [K-12 school prevention strategies](#) were in place in the K-12 school setting.

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

#### **Q-2: If I have been vaccinated, am I required to quarantine if I am a close contact?**

**A-2:** According to the Centers for Disease Control and Prevention (CDC), fully vaccinated individuals who are asymptomatic do not need to quarantine at home following exposure. These individuals, however, should be tested 3-5 days following the date of their exposure. They should also wear a mask in public indoor settings for 14



days or until they have received a negative result. If the result is positive, the individual should follow COVID-19 isolation procedures.

**Q-3: What is the close contact quarantine protocol for individuals not fully vaccinated?**

**A-3:** For individuals not fully vaccinated, the Centers for Disease Control and Prevention (CDC) recommends 14 days of quarantine from the day of last exposure to a person with COVID-19. The quarantine period is the length of the incubation period (or how long it may take a person to become ill with COVID-19) for COVID-19.

- CDC has provided two alternatives that have been adopted by the South Dakota Department of Health:
  - Release from quarantine after 7 days
    - Assumes the person in quarantine:
      - Has remained asymptomatic (has no symptoms), and
      - Has a negative molecular or rapid antigen test that was collected on day 5 or later, after their last contact with a person with COVID-19, and
      - Continues to mask and monitor their symptoms for the remainder of the 14-day period
  - Release from quarantine after 10 days
    - Assumes the person in quarantine:
      - Has remained asymptomatic (has no symptoms), and
      - Is not tested, and
      - Continues to mask and monitor their symptoms for the remainder of the 14-day period
- In both 7- and 10-day quarantine, if an individual begins experiencing symptoms at any point during the 14 days (even if tested negative), they should remain at home or return home and seek testing.

See the DOH's Quarantine and Isolation Calculator [here](#) to calculate an individual's quarantine period.

**Q-4: If a student who is identified as a close contact by the South Dakota Department of Health (DOH) tests negative for COVID-19 during the 14-day quarantine period, can they return to school?**

**A-4:** Under certain circumstances, a student who is not fully vaccinated may return to activities with a negative test. A student may return to activities after day 7 if they:

- Remain asymptomatic,
- Test on day 5 or later of their quarantine, and



- That negative result is received by day 7.

Students not fully vaccinated may return to activities after day 10 of quarantine if they remain asymptomatic. The DOH recommends close contacts continue to mask and monitor for symptoms through day 14 and consult their health care provider should they develop symptoms.

The DOH does not release close contacts from quarantine. If a close contact follows the process for removal from quarantine after day 7, the parent will be responsible for any notification or proof of negative test to the school.

**Q-4: If a student has tested positive for COVID-19, completed isolation and recovered, can they still be a close contact and recommended to quarantine?**

**A-4:** An individual with a positive COVID-19 test, who has since recovered, need not quarantine if:

- the close contact exposure is within 90 days from symptom onset (or the test date if asymptomatic); and
- the individual does not develop symptoms.

- OR -

- the individual has had a positive COVID-19 antibody test in the last 90 days **AND**
- Remains without COVID-19 symptoms (for example, cough, shortness of breath)

Those within the 90-day window who have another close contact exposure, and develop symptoms, should consult with their health care provider.

Anyone outside of that 90-day window with a close contact exposure is recommended to quarantine. Please see above for protocols based on vaccination status.

**Q-5: May a school district allow students identified as close contacts to attend school physically (in a school building versus distance learning)?**

**A-5:** The South Dakota Department of Health (DOH) and Centers for Disease Control and Prevention (CDC) recommend that close contacts of individuals who have tested positive for COVID-19 quarantine. School boards have the ability to define the conditions under which close contacts may resume school attendance. Some school

boards have implemented policies that seek to balance public health concerns with the academic, social-emotional, and mental health needs of students. These policies may draw from the guidance available regarding critical infrastructure (or essential) workers and provide an approach that combines mitigation strategies and common sense. These policies are for *asymptomatic* close contacts only.

## Contact Tracing

### **Q-1: Will the Department of Health (DOH) conduct contact tracing in schools during the 2021-22 school year?**

**A-1:** Yes – the process will remain the same as it was at the end of school year 2020-21. DOH will confirm positive cases and inform school points-of-contact (POC) of these cases, as well as follow up with workbooks, technical assistance, guidance, and consultation for schools. For more information, school POCs can reach out to either their DOH POC or the Department of Education.

Please keep in mind that as the situation changes, guidance and protocols may change during the school year.

## Vaccinations

### **Q-1: Will the state require COVID-19 vaccinations for school attendance, similar to other vaccination requirements?**

**A-1:** Immunization against COVID-19 is not a required vaccination for school attendance as required by [SDCL 13-28-7.1](#).

### **Q-2: Are students who are participating in distance learning still required to be vaccinated against other infectious diseases?**

**A-2:** Yes, state law requires any child, prior to admission, to provide certification that the child has received, or is in the process of receiving, adequate immunization against certain infectious diseases. See [SDCL 13-28-7.1](#).

### **Q-3: Can staff or students who are fully vaccinated still become sick with COVID-19 and transmit it to others?**



**A-3:** Yes. The SARS-CoV-2 virus can cause even fully vaccinated individuals to become sick with and transmit COVID-19 to others. However, vaccines, along with appropriate mitigation efforts, are still recommended as the best way to slow the spread of the virus. Vaccines keep individuals from getting sick, being hospitalized, or dying from COVID-19.

See above for recommended protocols for fully vaccinated individuals who have come in close contact with someone with COVID-19.

## COVID-19 Testing

### **Q-1: What COVID-19 testing options are available to schools for the 2021-22 school year?**

**A-1:** The South Dakota Department of Health (DOH) has made available to schools two testing options:

- Abbott BinaxNOW rapid antigen test kits. Testing cards are distributed based on a school's student population but are available for schools to use within their school community as best fits their needs. These tests must be performed in the school setting by a trained individual. When used to interpret the infectiousness of the individual, they produce highly reliable results for districts to make quick determinations regarding mitigation strategies. For more information, please see the [presentation to school administrators and nurses](#) or [this resource](#) from the FDA.
- Quidel QuickVue over-the-counter (OTC) test kits. Test kits are distributed based on the school's estimated student and teacher population and are available for schools to use within their school community as best fits their needs. These tests, unlike the Abbott BinaxNOW tests, may be sent home with a student and performed at home. The Quidel QuickVue OTC test is appropriate for symptomatic or asymptomatic individuals.

See more information on the testing options available on the Department of Education's (DOE) [Strong Schools](#) site.

### **Q-2: Can the Abbott BinaxNOW rapid antigen tests be used to meet the testing criteria for release from quarantine after day 7, even with asymptomatic individuals?**

**A-2:** Yes. Any molecular (PCR) or rapid antigen test, including the BinaxNOW rapid test provided to schools, may be used to satisfy the requirement for a negative test result for

release after day 7. While this is acceptable, BinaxNOW is most appropriate for symptomatic individuals.

As an alternative, the DOH offers all close contacts at-home saliva test kits. These can be received through contact tracing or through the South Dakota Department of Health (DOH) webpage at <https://learn.vaulthealth.com/southdakota/>

**Q-3: Can the Quidel Quickvue OTC test be used to meet the testing criteria for release from quarantine after day 7, even with asymptomatic individuals?**

**A-3:** Yes, provided the result is negative and the individual remains asymptomatic. If symptomatic and a negative test, it is recommended for the individual to consult with their medical provider and pursue re-testing for confirmation. If ill, individuals should remain at home.

**Q-4: After a positive COVID-19 test, will an individual receive a result indicating if the infection is the result of a COVID-19 variant?**

**A-4:** No. All COVID-19 tests can detect all current variants, but the test will not tell you which variant you have.

Variant identification is determined through genetic sequencing at the South Dakota Public Health Laboratory or private laboratories. Information from variant testing provides insight on population-level surveillance, but it is not meant for individual clinical decision making.





# COVID-19 Frequently Asked Questions

SD DEPARTMENT OF HEALTH



## SYMPTOMS AND POTENTIAL EXPOSURE

### ? What are the symptoms of COVID-19?

Symptoms appear 2-14 days after exposure and can include:

- ✓ Fever or chills
- ✓ Fatigue
- ✓ Headache
- ✓ Sore throat
- ✓ Nausea or vomiting
- ✓ Cough
- ✓ Muscle/body aches
- ✓ New loss of taste or smell
- ✓ Congestion/runny nose
- ✓ Diarrhea
- ✓ Shortness of breath



Reported COVID-19 cases have ranged from mild symptoms to severe illness and death. Some infected individuals experience no symptoms at all.

### ? Can I do a self-screening for COVID-19 symptoms and risks?

The Centers for Disease Control and Prevention has developed a [screening tool](#) that asks about:



Your symptoms

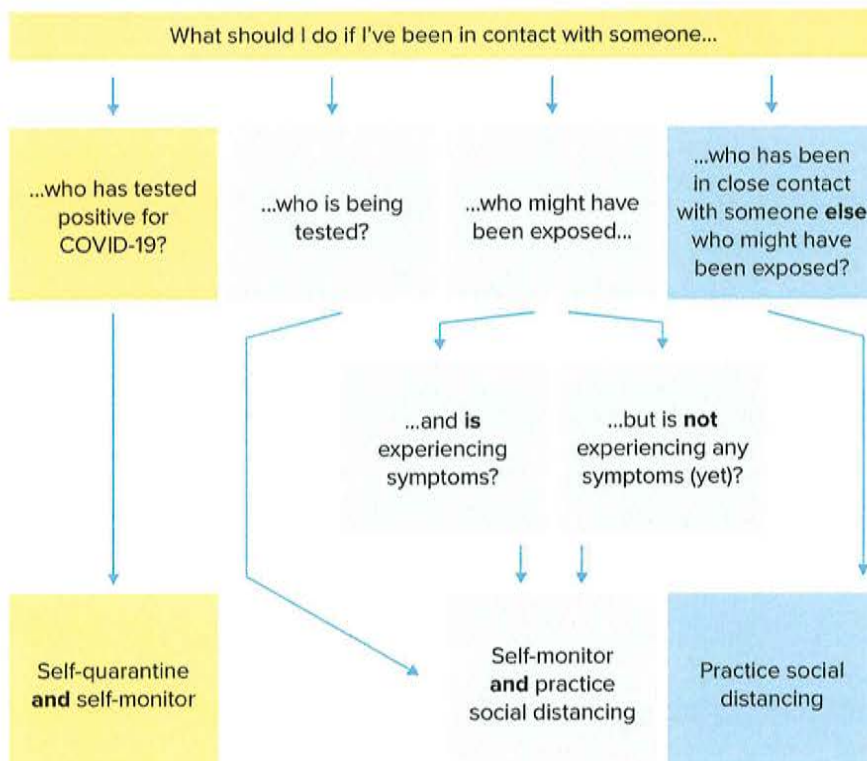


Your potential risks (e.g., recent travel history)



Contact with others who may have had COVID-19

### ? What should I do if I have been in close contact with someone who has tested positive for COVID-19 or is waiting for test results to come back?



"Close contact" includes:

- ✓ anyone who has been within 6 feet or less for 15 cumulative minutes or more (in a 24-hour period) of an infected person starting from the 48 hours before the person began feeling sick until the time the person was isolated.

**Fully Vaccinated?** [Click here](#) for recommendations.



## ? How long can the COVID-19 virus live on surfaces?

This is a general guide of how long the virus can live on some surfaces:



Individuals should [clean and disinfect](#) all surfaces in their environment daily.

After visiting public spaces or bringing in takeout food or packages, people should wash their hands for at least 20 seconds with soap and warm water.

## ? Can I practice social distancing outside?

It's possible to follow CDC social distancing guidelines or isolation or quarantine while outdoors. Department of Health staff will provide instructions to individuals who are in isolation or quarantine specific to the person's situation.

## ? What is the difference between isolation and quarantine?



Isolation is recommended for people who are already sick. A sick person who is in isolation doesn't leave home or interact with others in the household.



Quarantine is for people who have been exposed to the disease but are not sick. They stay in one place to avoid unknowingly spreading the disease to others. Quarantined individuals may not become sick at all.



Isolation and quarantine both help prevent or limit the spread of disease. [Click here](#) to learn more.

## ? When is a person considered recovered from COVID-19?

A person is considered recovered when they have had no fever for at least 24 hours (without the use of medicine that reduces fevers), AND there has been improvement of symptoms (for example, when your cough or shortness of breath have improved), AND at least 10 days have passed since symptoms first appeared.



**SOCIALIZING**



## ? Can fully vaccinated people start gathering again?

**2 weeks after their final vaccine dose people can:**

- If you are [fully vaccinated](#), you can resume activities that you did prior to the pandemic.
- To reduce the risk of being infected with the Delta variant and possibly spreading it to others, wear a mask indoors in public if you are in an area of [substantial or high transmission](#).
- You might choose to wear a mask regardless of the level of transmission if you have a weakened immune system or if, because of your age or an underlying medical condition, you are at [increased risk for severe disease](#), or if a member of your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.
- If you've been around someone who has COVID-19, you should get tested 3-5 days after your exposure, even if you don't have symptoms. You should also wear a mask indoors in public for 14 days following exposure or until your test result is negative. You should isolate for 10 days if your test result is positive.





## VACCINE



### ? How many doses of COVID-19 vaccine will SD receive?

The federal government provides vaccine doses to states based on the State's population.

### ? Who is eligible for the vaccine?

All South Dakotans 12 years and older are eligible to receive the COVID vaccine.

### ? Why should I get vaccinated for COVID-19?

COVID-19 can cause serious illness or even death. There is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you. A COVID-19 vaccine greatly reduces the risk that you will develop COVID-19. In clinical trials, COVID-19 vaccines have been highly effective at preventing severe cases of COVID-19 that require hospital care or cause death.

### ? Are the COVID-19 vaccines safe?

Yes! COVID-19 vaccines being used in the United States meet FDA's rigorous standards for safety and effectiveness. Millions of COVID-19 vaccine doses have been administered in the United States since December 14, 2020, and all COVID vaccines being used here will continue to be monitored for safety.

### ? How much will the COVID-19 vaccine cost?

The federal government is providing the vaccine free of charge to all people living in the U.S.

### ? Will the shot hurt or make me sick?

No. Some people might get sore muscles, feel tired, or have mild fever after getting the vaccine, but most people report only a sore arm where they got the shot. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will go away on their own in a few days. If you have any concerns, call your doctor or nurse.

### ? Can the vaccine give me COVID-19?

You cannot get COVID-19 from any of the COVID-19 vaccines in use or being tested in the United States because none of them contains the live virus that causes the disease.

### ? How do COVID-19 vaccines work?

Vaccines train our immune system to recognize the COVID virus and make cells to fight the virus. With vaccines, we can build immunity to a disease without getting the disease.

### ? Do I need to get a COVID-19 vaccine if I've already had COVID-19?

Yes. Scientists do not yet know how long natural antibodies in people who have had COVID-19 will protect them from being re-infected.



## VACCINE

### ? Is it safe for me to get a COVID-19 vaccine if I would like to have a baby one day?

Yes. People who want to get pregnant in the future can receive the COVID-19 vaccine. Experts believe that COVID-19 vaccines are unlikely to pose a risk to a person trying to become pregnant in the short or long term.

### ? Is the COVID-19 vaccine safe for people who are pregnant?

Yes. If you are pregnant, you may choose to be vaccinated when it's available to you. There is currently no evidence that antibodies formed from COVID-19 vaccination cause any problem with pregnancy, including the development of the placenta.

People who are trying to become pregnant now or who plan to try in the future may receive the COVID-19 vaccine when it becomes available to them. There is no evidence that fertility problems are a side effect of any vaccine, including COVID-19 vaccines. There is no routine recommendation for taking a pregnancy test before you get a COVID-19 vaccine.

If you have questions about getting vaccinated, talking with a healthcare provider may help you make an informed decision.



### ? Will the COVID-19 vaccine prevent me from infecting others?

COVID-19 vaccines reduce the likelihood that you will develop and be able to spread COVID-19. More studies are needed to determine whether a vaccinated person who is infected despite vaccination is less likely to infect others.

### ? Do the vaccines work on the new COVID variants?

Scientists are studying different forms, or variants of the virus that causes COVID-19 to see whether existing vaccines will protect people against them. CDC, in collaboration with other public health agencies, is monitoring the situation closely and will release more information when it is available.

## GENERAL RESOURCES

### ? Where can I go for emotional health support?

If you or someone you know [needs help](#) with mental health issues like depression, anxiety, or suicidal thoughts, call 1.800.273.8255 or 211.

It's natural to feel stress, anxiety, grief, and worry during this time. Everyone reacts differently, and your own feelings may change over time. Taking care of your emotional health will help you think clearly and react to urgent needs to protect you and your family.

[605Strong.com](https://605Strong.com) has emotional health information and resources available to help.



**READ SOUTH DAKOTA'S BACK TO NORMAL PLAN AND LEARN  
MORE ABOUT COVID-19 IN SOUTH DAKOTA AT**

**COVID.sd.gov**



Revised 07/30/2021



# Symptoms of Coronavirus (COVID-19)

**Know the symptoms of COVID-19, which can include the following:**



**Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.**

## **Seek medical care immediately if someone has Emergency Warning Signs of COVID-19**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)



SOUTH DAKOTA DEPARTMENT OF HEALTH

# COVID-19 Prevention Strategies Most Important for Safe In-Person Learning in K-12 Schools

- Promoting vaccination
- Consistent and correct mask use
- Physical distancing
- Screening testing to promptly identify cases, clusters, and outbreaks
- Ventilation
- Handwashing and respiratory etiquette
- Staying home when sick and getting tested
- Contact tracing, in combination with isolation and quarantine
- Cleaning and disinfection

## CDC

recommends the following approaches be layered for greatest impact.

Decision-makers should consider which prevention strategies will be most effective in their locality.





SOUTH DAKOTA DEPARTMENT OF HEALTH

## COVID-19 Testing Opportunities for K-12 Schools

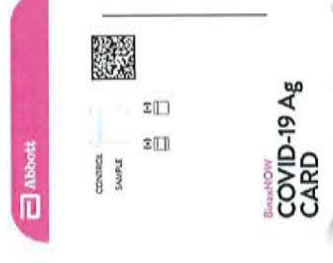
School Year	Diagnostic Testing (symptomatic individuals)	Sentinel/Screening Testing (asymptomatic individuals)
2020-2021	Abbott BinaxNOW Antigen Test	DOH-Sponsored Sentinel Surveillance
2021-2022	Abbott BinaxNOW Antigen Test	Quidel QuickVue At-Home OTC Test





## Diagnostic Testing: Abbott BinaxNOW

- No changes to the K-12 Abbott BinaxNOW diagnostic testing program have been made and no changes are anticipated for the upcoming school year.
- DOH will continue CLIA Certificate of Waiver coverage for participating K-12 schools.
- K-12 schools that participate in the diagnostic testing program using BinaxNOW resources provided by DOH will need to ensure the following:
  1. Participant consent (adults and youth)
  2. Suitable location for specimen collection and testing
  3. Training to perform specimen collection, testing, and reporting
  4. Perform specimen collection and testing
  5. Waste management
  6. Result reporting to DOH
- Test kit and PPE ordering/shipping will be the same as during the 2020-2021 school year; DOE and DOH will work with districts/schools to ship materials.



## New Testing Opportunity: Quidel QuickVue OTC Test

- For the 21-22 school year, SDDOH is introducing the Quidel QuickVue over-the-counter (OTC) test that can be used in the K-12 school setting or at-home.
- Quidel QuickVue OTC COVID Test:
  - ✓ Can be performed on symptomatic and asymptomatic individuals.
  - ✓ Does not require a CLIA Certificate of Waiver to perform the test.
  - ✓ Does not require a prescription or medical order.
  - ✓ Does not require an instrument, meter, or smart device to perform the test.
  - ✓ Takes approximately 10 minutes to complete.
  - ✓ Specimens can be self-collected by individuals  $\geq 14$  years of age.
  - ✓ With adult guidance, the test can be performed on individuals  $\geq 2$  years of age.





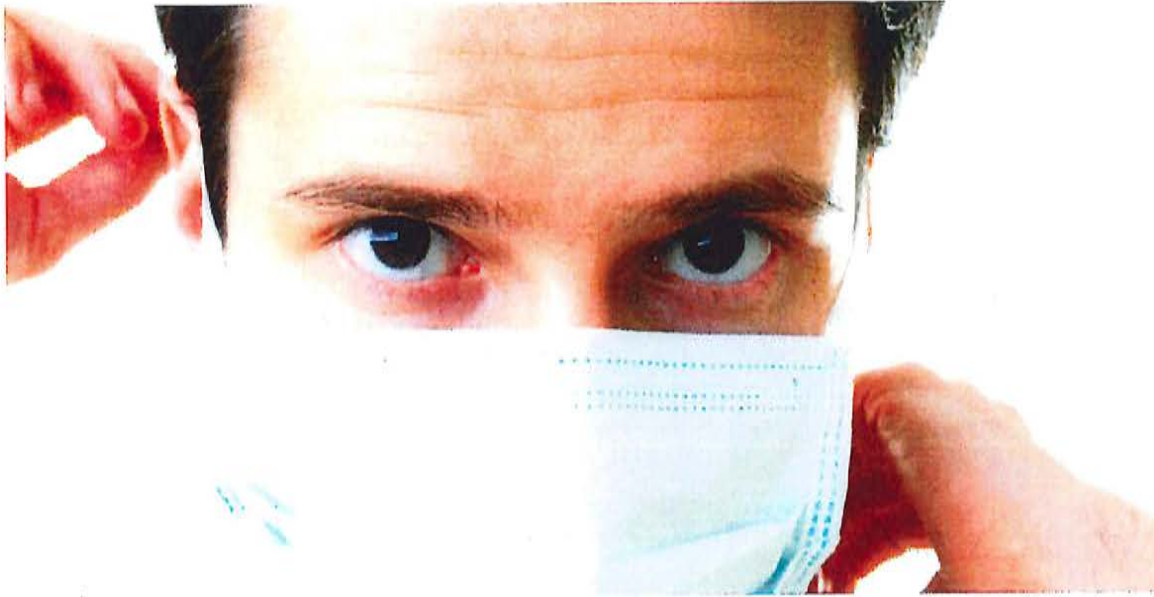


## New Testing Opportunity: Quidel QuickVue OTC Test

- Schools may use the QuickVue OTC COVID-19 testing in-school and may offer the test to students, faculty, and staff for at-home use.
- DOE will work with schools/districts to assess QuickVue test kit needs, and DOH will distribute supplies; the process will be the same as for Abbott BinaxNOW.
- If the QuickVue OTC test is performed in a K-12 setting, the institution should ensure the same six testing program criteria are in place (consent, location, training, specimen collection/testing, waste management, and reporting); CLIA Certificate of Waiver is not needed to perform the QuickVue OTC test.
- If the QuickVue OTC test is sent home with students, faculty, or staff, it will be up to an adult to ensure all directions in the package insert are followed when performing specimen collection and testing.

# **Universal and correct wearing of Mask**

## **How to Put on and Remove a Face Mask**



### **What is a face mask?**

Face masks are one tool utilized for preventing the spread of disease. They may also be called dental, isolation, laser, medical, procedure, or surgical masks. Face masks are loose-fitting masks that cover the nose and mouth, and have ear loops or ties or bands at the back of the head. There are many different brands and they come in different colors. It is important to use a face mask approved by the FDA.

### **What is a face mask used for?**

Facemasks help limit the spread of germs. When someone talks, coughs, or sneezes they may release tiny drops into the air that can infect others. If someone is ill a face masks can reduce the number of germs that the wearer releases and can protect other people from becoming sick. A face mask also protects the wearer's nose and mouth from splashes or sprays of body fluids.

### **When should a face mask be worn**

Consider wearing a face mask when you are sick with a cough or sneezing illness (with or without fever) and you expect to be around other people. The face mask will help protect them from catching your illness. Healthcare settings have specific rules for when people should wear face masks.



## How to put on and remove a face mask

Disposable face masks should be used once and then thrown in the trash. You should also remove and replace masks when they become moist.

Always follow product instructions on use and storage of the mask, and procedures for how to put on and remove a mask. If instructions for putting on and removing the mask are not available, then follow the steps below.

### How to put on a face mask

1. Clean your hands with soap and water or hand sanitizer before touching the mask.
2. Remove a mask from the box and make sure there are no obvious tears or holes in either side of the mask.
3. Determine which side of the mask is the top. The side of the mask that has a stiff bendable edge is the top and is meant to mold to the shape of your nose.
4. Determine which side of the mask is the front. The colored side of the mask is usually the front and should face away from you, while the white side touches your face.
5. Follow the instructions below for the type of mask you are using.
  - o *Face Mask with Ear loops:* Hold the mask by the ear loops. Place a loop around each ear.
  - o *Face Mask with Ties:* Bring the mask to your nose level and place the ties over the crown of your head and secure with a bow.
  - o *Face Mask with Bands:* Hold the mask in your hand with the nosepiece or top of the mask at fingertips, allowing the headbands to hang freely below hands. Bring the mask to your nose level and pull the top strap over your head so that it rests over the crown of your head. Pull the bottom strap over your head so that it rests at the nape of your neck.
6. Mold or pinch the stiff edge to the shape of your nose.
7. If using a face mask with ties: Then take the bottom ties, one in each hand, and secure with a bow at the nape of your neck.
8. Pull the bottom of the mask over your mouth and chin.

### How to remove a face mask.

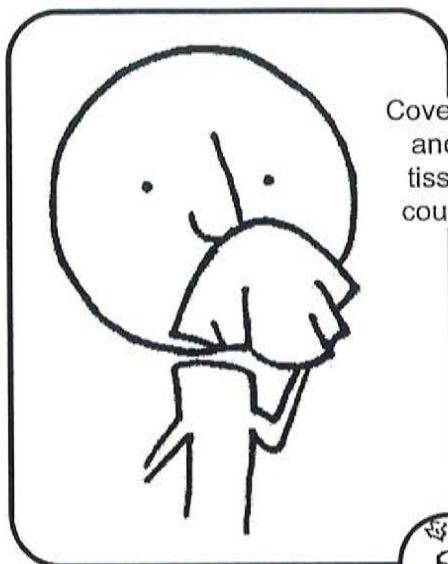
1. Clean your hands with soap and water or hand sanitizer before touching the mask. Avoid touching the front of the mask. The front of the mask is contaminated. Only touch the ear loops/ties/band. Follow the instructions below for the type of mask you are using.
2. *Face Mask with Ear loops:* Hold both of the ear loops and gently lift and remove the mask.



3. *Face Mask with Ties*: Untie the bottom bow first then untie the top bow and pull the mask away from you as the ties are loosened.
4. *Face Mask with Bands*: Lift the bottom strap over your head first then pull the top strap over your head.
5. Throw the mask in the trash. Clean your hands with soap and water or hand sanitizer.

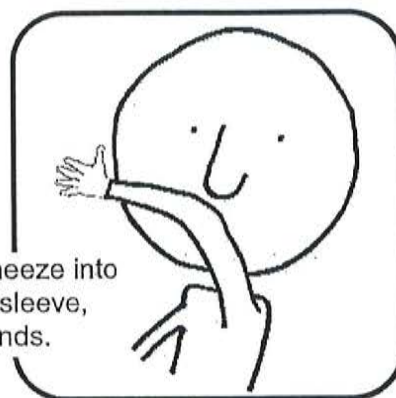
Stop the spread of germs that make you and others sick!

# Cover your Cough



Cover your mouth  
and nose with a  
tissue when you  
cough or sneeze

or  
cough or sneeze into  
your upper sleeve,  
not your hands.



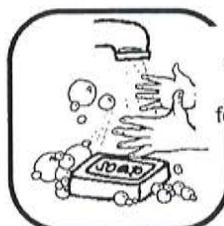
Put your used tissue in  
the waste basket.



You may be asked to  
put on a surgical mask  
to protect others.

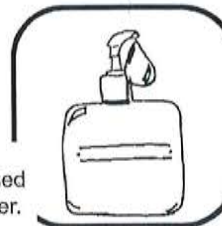
## Clean your Hands

after coughing or sneezing.



Wash hands  
with soap and  
warm water  
for 20 seconds or

clean with  
alcohol-based  
hand cleaner.





# Stop Germs! Wash Your Hands.

## When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



## How?



**Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



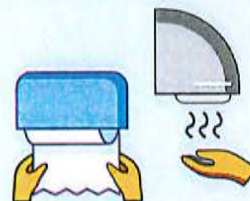
**Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



**Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.



**Rinse** hands well under clean, running water.



**Dry** hands using a clean towel or air dry them.

**Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.**

LIFE IS BETTER WITH

**CLEAN HANDS**



[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)





Review Tasks & Frequency  
For Enhanced - High Touch

Understanding  
Routine Levels of Clean

# Tasks, Frequencies & High-Touch Hot Spots



Description	Pre-Pandemic	Enhanced - High Touch	High-Touch Hot Spots (Non-Restroom)	Cat 1	Cat 2
High-Touch Hot Spot Disinfection - Cat 1	Daily	2 X Day	Door Handles / Push Plates	✓	
High-Touch Hot Spot Disinfection - Cat 2	Weekly	Daily	Light Switches		✓
Restroom - Cleaning, Disinfection & Stocking	Daily	2 X Day	Faucets	✓	
Drinking Fountain - Clean/Disinfect	Daily	2 X Day	Elevator Buttons	✓	
Spot Mopping	Daily	As Needed	Tables - General		✓
Damp Mop	Daily	As Needed	Tables - Cafeteria		✓
Autoscrub	Daily	Alternate Days	Countertops		✓
Vacuum - High Traffic	Daily	Weekly	Desks	✓	
Vacuum - Wall to Wall	Weekly	As Needed	Chairs / Benches - Classroom		✓
Carpet Spot Removal	Alternate Days	Weekly	Chairs / Benches - Public Areas		✓
Spot Clean Interior Glass	Daily	As Needed	Keyboards / Computer Mice		✓
Full Clean Interior Glass	Daily	As Needed	Hand Sanitizer Dispensers	✓	
High / Low Dusting	Weekly	Monthly			
Spot Clean Walls & Doors	Weekly	As Needed			
Wipe Down Window Ledges	Weekly	Monthly			
Vacuum Vents - Dust Ceiling & Light Fixtures	Weekly	2 X Month			
Empty Trash, Replace Liners Clean Receptacles	Daily	Daily			
Cleaning Equipment - Clean/Disinfect	Daily	Daily			



# ISOLATION or QUARANTINE

Isolation and quarantine help protect the public by preventing exposure to people who have or may have a **CONTAGIOUS DISEASE**.

**ISOLATION** separates sick people with a contagious disease from people who are not sick.

**QUARANTINE** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

## ISOLATION

Isolation is for people who are **ALREADY SICK**.



Isolation separates and restricts the movement of sick people so they can't spread disease.



Isolation in a home means separating yourself from others in the household.



A sick person isolating at home should seek medical treatment if unable to manage symptoms.



Isolation is usually voluntary, but in a public health emergency, officials have the authority to isolate people who are sick.



Stop isolation only if you've had no fever for at least 72 hours; AND have improved symptoms; AND at least 10 days have passed since your symptoms first appeared.

## QUARANTINE

Quarantine is for people who are **NOT SICK**, but may have been exposed.



Quarantined people may or may not become sick.



Quarantined people must stay at home or another location so they don't unknowingly spread the disease.



If you are quarantined and you become ill, you can seek medical treatment from a healthcare provider.



Quarantine can be voluntary, but in a public health emergency, officials have the authority to quarantine people who have been exposed to an infectious disease.

*NOTE: Critical infrastructure employees with no symptoms may be required to report to work.*



SOUTH DAKOTA  
DEPARTMENT OF HEALTH

[covid.sd.gov](https://covid.sd.gov)

May 11, 2020