



# SAP STUDENT ASSISTANCE PROGRAM

## Understanding your Student Assistance Program (SAP)

**Daleville Community Schools** provides the **Student Assistance Program (SAP)** as a benefit to all corporation students K-12. The SAP provides **two (2)** prepaid counseling sessions through the Bowen Center. There is no co-pay or preauthorization required.

## Convenient & Effective Tele-counseling

Access to mental health care is important to your school. Bowen Center provides Tele-counseling statewide. Tele-counseling allows you to access therapy without the need for going to an office.

## Private and Confidential

The school is not informed of your participation in this program. At times school staff may assist in setting appointments. Privacy laws protect you and your protected health information from release without your expressed written consent.

## Guardian Consent & After SAP Coverage.

Guardian consent is required for treatment. You may choose to continue beyond your prepaid sessions. Bowen Center will provide you with the most cost-effective option to continue care and healthcare navigation. You are under no obligation to continue beyond SAP coverage.

## Summer Coverage & Exclusions to Coverage

You may access your prepaid SAP sessions during the summer vacation break. Please be aware that medication management, psychological testing, inpatient care and any court ordered treatment are excluded from coverage.

NOTE: You have a designated Bowen Center SAP Coordinator that can answer your questions directly. You may contact your SAP Coordinator **Julie Kelch** at **574.933.1839** or **julie.kelch@bowencenter.org**

## SCHEDULING AN APPOINTMENT



Call **1 800 342 5653** to speak with a Registration & Scheduling Specialist. Explain to the Specialist that you have prepaid counseling through the **Daleville Community Schools Student Assistance Program**. If all Specialists are serving other clients, please leave **your name & contact number**. You will be contacted as soon as a Specialist is available.



Go to **www.bowencenter.org** and click on “**Schedule an Appointment**”

NOTE: Any insurance information will be gathered to make sure you are properly paired with a therapist if you decide to continue beyond SAP coverage. You are not obligated to continue beyond SAP coverage.

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