

December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Apple Cinnamon Muffin or Cereal Milk Juice Fruit	2 Bagel w/Cream Cheese or Cereal Milk Juice Fruit	3 French Toast Sticks or Cereal Milk Juice Fruit	4
5	6 Yogurt Parfait and Cereal Milk Juice Fruit	7 Breakfast Sandwich or Cereal Milk Juice Fruit	8 Nutrigrain Bar or Cereal Milk Juice Fruit	9 Homemade Muffin and Cereal Milk Juice Fruit	10 Apple Frudels or Cereal Milk Juice Fruit	11
12	13 Egg Patty w/Cheese on English Muffin or Cereal Milk Juice Fruit	14 Breakfast Pizza or Cereal Milk Juice Fruit	15 Poptart and Cereal Milk Juice Fruit	16 Bagel w/Cream Cheese or Cereal Milk Juice Fruit	17 Mini Waffles or Cereal Milk Juice Fruit	18
19	20 Cheese Omelet and Toast or Cereal Milk Juice Fruit	21 Homemade Muffin and Cereal Milk Juice Fruit	22 Yogurt and Cereal Milk Juice Fruit	23 No School Winter Recess	24 No School Christmas Eve	25 
26	27 No School Winter Recess	28 No School Winter Recess	29 No School Winter Recess	30 No School Winter Recess	31 No School New Year's Eve	
						<p>Main Course: Choose 1 menu entree or cereal w/ whole grain ite. Fruit: choose up to 2 one cup fruits offered 100% juice offered Milk: choose 1</p>