



Troy Newsletter

November 15, 2021

Notes from the Principal, Mrs. Roux ...

Last week was a short one, but a great one! The next few weeks will be busy. Next week students have school on Monday and Tuesday and then time off to enjoy the Thanksgiving Holiday. We are only a few weeks away from the end of the first trimester so teachers are busy wrapping up units and getting ready to complete report cards. We also have the scholastic book fair for students to shop at right after the Thanksgiving break. We hope families will take advantage of the online option to buy books as ideas for Christmas presents.

It is starting to get chilly outside. Please remember to send your child to school with appropriate clothing for outside activities. We will continue to take students outside as often as possible for both learning and play. Hats, mittens, and heavier coats are likely needed now, and it won't be long before snow pants and boots will be needed as well.

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside. The school is not currently open to the full public.
- **Important: Please ensure that your child comes to school with a clean mask, as well as a backup in case their mask gets dirty.**
- Safety protocols including masks, frequent handwashing/hand sanitizing, and appropriate social distancing are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Scholastic Book Fair is coming to Troy School. Our PTO will host the fair for students from Nov. 29 - Dec. 3. Information has been sent home but please don't hesitate to reach out if you have questions or need additional information.

Important Upcoming Dates.....

Nov. 23 - First Trimester Ends

Nov. 24-26 - Thanksgiving Break

Nov. 29 - Picture Retake Day

Nov. 29-Dec. 3 - Book Fair - (open to students only for in person shopping)

Please help us recognize our Troy Students and Staff of the Week...



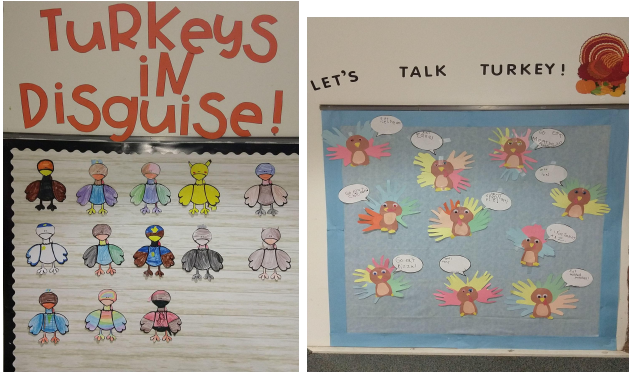
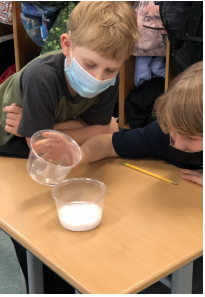



Thank you, Mrs. Johnston, for making the school grounds beautiful!



Jaiden earned points for the Siberian house for sitting quietly in his seat



Lynn earned points for the Bengals reading quietly during reading time

<p>K-3</p>	<p>The K-3 wing has been taken over by turkeys! Some turkeys are trying to disguise themselves to avoid becoming a tasty dinner. The other turkeys are eager to share suggestions for other tasty treats as alternatives to traditional turkey dinners.</p> <div data-bbox="362 401 987 772"></div>
<p>4-5</p> 	<p>In Reading, we kept working on increasing our stamina by independent reading. We talked about reading goals and worked on our comprehension! In writing, we worked on the organization of our stories. Some of us learned how to start a new line for new dialogue, and others practiced paragraphing new parts to our stories. And in SCIENCE, we did 2 different experiments about physical and chemical changes!</p>
<p>Art</p> 	<p>This week our students learned about the color wheel and how colors interact together. Students made original art work using every color of the wheel to familiarize themselves! Check out this very cool work from one of our 3-5 students!</p>
<p>Guidance</p>	<p>This week we read A Little Spot of Feelings and made some feelings puppets. We also began to discuss The Zones of Regulation. We will be focused on learning about the Zones until Christmas vacation.</p>
<p>Garden</p> 	<p>It's bulb planting time! We finished planting tulips (thanks Johnny's Selected Seeds!) and also got in our garlic. For the last few years, we've been growing our own garlic to use for seed and the rest for eating. Our youngest learners even maneuvered the bulb planters to dig the holes for their garlic!</p> 



SUBSTITUTE TEACHER TRAINING

Free for RSU #3 residents and \$30 for non-residents

UPCOMING November 10th & 17th 6-8:30pm

CLASSES: December 1st & 15th 6-8:30pm

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by :

RSU #3

Adult & Community

BROOKS FREEDOM LIBERTY JACKSON KNOX
MONROE MONTVILLE THORNDIKE TROY
UNITY WALDO

Education

NEVER STOP LEARNING!

College Career Community Diploma

register online at rsu3.maineadulted.org or call us today 568-3426



Let's TACO About Elementary Guidance w/ Mrs. Moring

Fall Edition

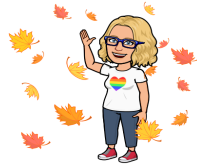


Welcome to the 2021-2022 school year! I wanted to take a moment to introduce myself. My name is Carrie Moring and I am the Elementary Guidance counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at cmoring@rsu3.org. If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.

What do we do in Guidance classes?

I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week. For the first 4 weeks we will be discussing what it means to be **respectful** to others. Other topics we will be covering are kindness, self-esteem, recognizing and regulating emotions, and mindfulness.

Our classroom expectations for students are to be respectful, kind, safe, and mindful learners. Students have the opportunity to earn "taco" points when they are showing one of these qualities. When they have 10 taco points, they earn either lunch with Mrs. Moring or an inside/outside fun break with Mrs. Moring.



I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: [Mrs. Moring is Here to Help](#) and join the fun.



Mount View Alumni Recognition Nominations are Now Open for 2022!



The purpose of the Mount View Alumni Recognition Award is to inspire current students by highlighting exceptional alumni achievements. The personal and professional accomplishments of previous Mount View graduates will encourage present-day students to reach for the stars!

Nomination forms for the 2022 Alumni Recognition Award are due at the Mount View High School office no later than December 31st, 2021. Anyone may make a nomination. To receive more information, requirements, and the application form, please email mvalumni@rsu3.org or call Vicki at 568-3782 to receive a hard copy.

ADULT & COMMUNITY EDUCATION UPDATE

October 2021

Dear Parents and RSU #3 Community Members,

Hello! This is your new AE director Sue Brennan, and this is my first update to the Community. I hope your Fall is going well.

Like the rest of the state, world and country, Covid has had an impact on us, but it doesn't have us down and out. As a result of the pandemic, we have vastly improved our online teaching capabilities as well as our technology loaner supply. Our students now have more choices than ever to complete their goals. With a combination of online, in home and in school options, we can customize a program for just about anyone!

Another exciting change - we have our own designated classroom in the Complex! We can now offer academic classes during the day. Our Community classes are changing daily, so the best place to look is on our website. The Fitness Center is open again (after being closed for a year). We have added a Community Walk inside the complex on Tue and Th nights, as well as a Community Volleyball. If you have a hobby, skill or interest that you would like to share with the Community, please let us know!

Coming soon: Substitute Teacher Training and we are also reviving the SPICE program for parents/caregivers of children from birth to age 8. There has never been a better time to take advantage of what AE has to offer! Please give us a call.

Sincerely,

Sue

RSU #3 Adult & Community Education

Located at Mt. View High School

Rsu3.maineadulted.org

207-568-3426



Your Time to Shine? Now.



Fun with friends. New adventures.
Making a difference. Explore Girl Scouts today.

**Come check out a FREE Girl Scout activity from one of our many badges
and learn about opportunities to get involved in your community.**

Parents & Caregivers, you're invited, too!

Monday, December 13, 2021 | 5:30 - 6:45 PM

Troy Central School

733 Bangor Rd, Troy, ME 04987

This event is for families looking for information about joining Girl Scouts, not current members. Masks are required for this event. For everyone's safety we ask that if you or your girl are not feeling well, have been exposed to Covid-19 or have tested positive, please stay home.

* This is not a school sponsored event

* In the event that we cannot meet in person due to inclement weather or Covid-19 safety, the event will be held virtually.
Please check the Facebook event for updates or contact us for login information.

girlscoutsofmaine.org | 888-922-4763 | customercare@gsmaine.org

Scouting for Food

"Let's fill the trailer"



Prepared. For Life.™



SATURDAY, NOVEMBER 20, 2021
SUNDAY, NOVEMBER 21, 2021
8:00AM- 5:00PM, Each Day, Rain or Shine
Unity Shop N' Save Parking Lot

BOY SCOUT TROOP 233 AND CUB SCOUT PACK 233 WILL BE COLLECTING NON-PERISHABLE FOOD TO FEED THE FAMILIES OF OUR LOCAL COMMUNITY. THIS YEAR THE NEED IS GREATER THAN EVER. OUR GOAL IS TO FILL THE

CHASE TOYS TRAILER
WE WOULD APPRECIATE YOUR ASSISTANCE.

WHAT KINDS OF FOOD ARE REQUESTED?

Canned Pastas (Spaghetti)
Soups
Beef Stew
Chili
Canned Meat
Boxed Cereals

Peanut Butter
Canned Fish
Canned Baby Formula
Canned Vegetables
Canned Fruit
Canned Potatoes

Boxed Rice
Peanut Butter
Boxed Mixes
Boxed Pasta
Pet Food

Other Items:
Cleaning Wipes
Toilet Paper
Paper Towels
Diapers
Cleaning Wipes

PLEASE NOTHING PERISHABLE, FROZEN OR IN GLASS CONTAINERS! NO HOME PRESERVES!

ALL FOOD AND MONEY COLLECTED WILL BE DONATED TO THE LOCAL FOOD PANTRY

THANK YOU FOR HELPING TO FEED OUR LOCAL COMMUNITY!!

This is not an RSU 3 sponsored
event/program.