

# Sheridan School District

## Quarterly Wellness Meeting

SHS Hospitality Room  
November 10, 2021



SHERIDAN  
SCHOOL DISTRICT

*Inspire. Empower. Serve.*

[SSD Vision and Mission](#)

[District Wellness Policy](#)

[Wellness Committee Requirements](#)

[Indistar](#)

[CDC](#)

[SSD Posting](#)

Ark 6.07.1.1-3

Ark 6.07.1.4

Facilitator	Topic	Intended Results	Minutes
Alisa Gray	Welcome	Welcome committee members and review the agenda	
Alisa Gray	Good Things!	Provide an opportunity to learn more about our team members	<ul style="list-style-type: none"> <li>• <a href="#">Daughter has a role in a play at the Arts &amp; Science Center in Pine Bluff!</a></li> </ul>
Lincoln Daniels	Policy Food Contract	<a href="#">Report to the public link</a> Ark 6.06.10	Ark 6.06.9-10 <ul style="list-style-type: none"> <li>• Food &amp; Beverage Revenue &amp; Expenditure Contract Report               <ul style="list-style-type: none"> <li>◦ SSD established a fund for the remainder of the revenue from original contracts, Coke &amp; Pepsi</li> <li>◦ Interest earned from the balance of this fund is expended each year for the Sheridan School Board scholarship and the A.R. McKenzie scholarship</li> <li>◦ Revenue from current campus vending machines are used by building principals to purchase items that will benefit students and their campuses.</li> <li>◦ Vending machine revenue is low and low participation has resulted in removal of machines</li> </ul> </li> </ul>

Brandon Douglas	Food Services	<ul style="list-style-type: none"> <li>Review upcoming school menus <a href="#">Nutrislice</a> Menus</li> <li>Share district food service updates</li> </ul>	Ark 6.06.5-7 <ul style="list-style-type: none"> <li>Menus available on website</li> <li>Choice of 5 meals available at each campus</li> <li>Meal participation up 30% from last year at this time</li> </ul>
Janet Stockton	District News	<ul style="list-style-type: none"> <li>Share any new policies and/or procedures</li> </ul>	SSD Immunization information will be posted to the district website by Dec. 1st. The information provide #enrolled, # complete, # non-compliant, # in-process, and # with exemptions. This information is reported to the district nurse by each campus.
Alisa Gray Mike Moore Rhonda Bell	Physical Education  <a href="#">AR Standards</a>	<ul style="list-style-type: none"> <li>What are the requirements for Health and Wellness?</li> <li>What do we do as a district to meet those requirements?</li> <li>What do we need to change or improve to best serve our students' and faculty needs?</li> </ul>	ARK 6.02.2-6 <ul style="list-style-type: none"> <li>Physical Education standards and School Health Index</li> <li>Rhonda Bell provided curriculum maps from both elementary and intermediate schools</li> <li>Reviewed SnapEd program that is currently used by SIS <ul style="list-style-type: none"> <li>SnapEd is a federally funded grant program through Grant county</li> <li>Extension agent provides materials for the class 4 times a year</li> <li>Provides kid-friendly recipes, healthy snacks, games</li> <li>Shares SnapEd information with EE buildings</li> </ul> </li> <li>Contacting U of A for direct program materials for both East End and Sheridan</li> <li>Content specific for secondary P.E.</li> <li>Implement professional development for Health &amp; Wellness</li> </ul>

Alisa Gray	Health and Wellness Requirements	<p>Required modules for the School Health Index</p> <ul style="list-style-type: none"> <li>○ Module 1- School Health Policies and Environment</li> <li>○ Module 2- Health Education</li> <li>○ Module 3 - Physical Education</li> <li>○ Module 4 - Nutrition Services</li> <li>○ Module 10 - Family Engagement</li> <li>○ Module 11 - Community Involvement</li> </ul> <ul style="list-style-type: none"> <li>● Complete modules and submit before March 1, 2022</li> </ul>	<p>Ark 6.06.1-33</p> <ul style="list-style-type: none"> <li>● Review data of students using vapes <ul style="list-style-type: none"> <li>○ Students are at risk of chronic nicotine addiction</li> <li>○ Possible cessation programs for students</li> </ul> </li> </ul>
Alisa Gray	Launch	<p>January 26, 2022</p> <p>March 16, 2022</p>	

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Name/Campus Representing	Signature
Janet Stockton, EEE School Nurse Building Level Wellness Coordinator	
Beverly Long, SES Assistant Principal Building Level Wellness Coordinator	Attended through Zoom
Angie Walters, GT Coordinator -EEI Building Level Wellness Coordinator	<i>Angie Walters</i>
Rhonda Bell, SIS PE Teacher Building Level Wellness Coordinator	<i>Rhonda Bell</i>
Alan Westfall, EMS Assistant Principal Building Level Wellness Coordinator	
Mike Moore , SMS PE Teacher and Coach Building Level Wellness Coordinator	
Kim Scarbrough, SHS Assistant Principal Building Level Wellness Coordinator	
Lincoln Daniels, SSD Deputy Superintendent Co-Chair of District Wellness Committee	<i>Lincoln Daniels</i>
Alisa Gray, SSD Director of Federal Programs and Curriculum Co-Chair of District Wellness Committee	<i>Alisa Gray</i>

Brandon Douglas Food Service/Chartwell's	
Bryce Lunday School Board Representative	
Lauren Goins Parent Representative	
Julie Mayberry Community Representative	
Abby Stockton SHS Student Representative	
Ruthie Reaves SHS Student Representative	