

NOVEMBER 2022

WESTSIDE MIDDLE SCHOOL

LUNCH



School Information: Each meal served with a choice of 1% White or Chocolate Milk. USDA is an Equal Opportunity Provider & Employer.



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Taco
Grilled Cheese
Refried Beans
Chips & Salsa
Applesauce

1

Mac & Cheese
Corn Dog
Fried Okra
Black Eyed Peas
Cornbread Pears

2

Spaghetti
Grilled Cheese
Steamed Broccoli
Carrot Coins
W/G Roll Peaches

3

Hot Dog
Corn Dog
Waffle Fries
Broccoli W/ Dip
Mixed Fruit

4

BBQ Rib Sandwich
Corn Dog
French Fries
Baked Beans
Apple

7

Chicken & Noodle
Hot Dog
Carrot Coins
Green Beans
W/G Roll Pears

8

Country Fried Steak
Corn Dog
Mash Potatoes
Black Eyed Peas
Cornbread Applesauce

9

Beef Taco
Hot Dog
Refried Beans
Chips & Salsa
Peaches

10

Meatball Sub
Corn Dog
Potato Wedges
Broccoli W/Dip
Mixed Fruit

11

Mac & Cheese
Corn Dog
Black Eyed Peas
Fried Okra
Cornbread Pears

14

Pizza
Hot Dog
Corn
Carrot Sticks W/ Dip
Applesauce

15

Hamburger
Corn Dog
Baked Beans
Chips & Salsa
Apple

16

Turkey & Dressing
Mash Potatoes
Green Beans
Cranberry Sauce
W/G Roll Peaches

17

Ham & Cheese Sandwich
Corn Dog
Pork & Beans
Broccoli W/ Dip
Baked Chips Raisins

18

NO
SCHOOL

21

NO
SCHOOL

22

NO
SCHOOL

23

HAPPY
THANKSGIVING

24

NO
SCHOOL

25

Salisbury Steak
Corn Dog
Mash Potatoes
Green Beans
W/ G Roll Apple

28

Mexican Chicken
Hot Dog
Chips & Salsa
Refried Beans
Peaches

29

Spaghetti
Corn Dog
Carrot Coins
Steamed Broccoli
W/ G Roll Banana

30

