



Troy Newsletter

November 10, 2021

Notes from the Principal, Mrs. Roux ...

We continue to have busy and productive days at Troy School. We hosted our student vaccine clinic this week for families who chose to participate. It went very smoothly. The beautiful fall days are allowing for a lot of fun outdoor learning activities. We will have a beautiful surprise for everyone in the spring, thanks to some special planting done by our students recently in garden class. This week we will have a no school day on Thursday, in honor of Veteran's Day. We would like to send out a huge thank you to all of the veterans and veteran's families for your many sacrifices. Thank you for your service to our country.

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside. The school is not currently open to the full public.
- **Important: Please ensure that your child comes to school with a clean mask, as well as a backup in case their mask gets dirty.**
- Safety protocols including masks, frequent handwashing/hand sanitizing, and appropriate social distancing are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Scholastic Book Fair is coming to Troy School. Our PTO will host the fair for students from Nov. 29 - Dec. 3. Information has been sent home but please don't hesitate to reach out if you have questions or need additional information.

Important Upcoming Dates.....

Nov. 11 - Veterans Day - No School

Nov. 23 - First Trimester Ends

Nov. 24-26 - Thanksgiving Break

Nov. 29-Dec. 3 - Book Fair - (open to students only for in person shopping)

Please help us recognize our Troy Students and Staff of the Week...



Welcome to Troy School,
Mr. Hernandez!



Lincoln earned points for the Caspians
for sitting in his seat and following directions



River earned points for the Bengals
for helping out a friend.

<p>K-3</p>	<p>We explored Scratch Jr with Mr. Bennett while learning about coding and animation. We will have Tech Time every week from now on! The students have been exploring muscle memory while learning about the ten healthiest foods! We have had some really nice weather this week (although there is a definite nip in the air). Recess time has been filled with racing games, ball tossing and catching, leaf piling, frisbee tossing and lots of swinging on the swings and monkeying around on the bars. It's great to see all the active play!</p>
<p>4-5</p>	<p>We continued exploring multiplication. All of us had more practice with fast facts! Help us practice our multiplication facts at home please! In science we wondered about the difference between <u>mixtures</u> and <u>solutions</u>. We even did two science experiments about these concepts!</p> <div style="display: flex; justify-content: space-around;">    </div>
<p>Music</p>	<p>In music this week we welcomed our new music teacher. We taught Mr. Hernandez what it means to be a Troy Tiger and shared some of our songs with him.</p>
<p>Art</p> 	<p>This week our students completed their own “Dia De Los Muertos” sugar skull masks with sequins, flowers, glitter and more! It was a wonderful time and luckily on the actual holiday!</p>
<p>Guidance</p>	<p>We have begun talking about Emotion Management with students this week. Here is a read aloud of The Scribble Spot that students have watched in class. Over the next 9 weeks we will be focused on identifying our feelings and developing some coping strategies for when our feelings get too big. https://drive.google.com/file/d/1fR7n35I-oBI7NSOxfTSLAzQ5DhZ0Vh1x/view?usp=sharing</p>
<p>Garden</p>	<p>We planted happiness this week! Johnny’s Selected Seeds donated an orange tulip bulb to every student in our school to plant on school grounds as part of their “Plant Happiness Project.” We used bulb planters to dig holes. Then we planted the tulips around our school sign and in our garden near the school entrance. How beautiful they’ll be in the spring! Thank you Johnny’s Selected Seeds!</p> <div style="display: flex; justify-content: space-around;">   </div>



DO YOU HAVE TIME TO HELP OUT
OUR SCHOOLS AND EARN
\$105 PER DAY?

SUBSTITUTE TEACHER TRAINING

Free for RSU #3 residents and \$30 for non-residents

UPCOMING November 10th & 17th 6-8:30pm
CLASSES: December 1st & 15th 6-8:30pm

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by :

RSU #3

Adult & Community Education

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MONROE MONTVILLE THORNDIKE TROY
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College Career Community Diploma

register online at rsu3.maineadulted.org or call us today 568-3426



Let's TACO About Elementary Guidance w/ Mrs. Moring

<p>Fall Edition </p>	<p>What do we do in Guidance classes?</p>
<p>Welcome to the 2021-2022 school year! I wanted to take a moment to introduce myself. My name is Carrie Moring and I am the Elementary Guidance counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at cmoring@rsu3.org. If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.</p>	<p>I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week. For the first 4 weeks we will be discussing what it means to be respectful to others. Other topics we will be covering are kindness, self-esteem, recognizing and regulating emotions, and mindfulness.</p> <p>Our classroom expectations for students are to be respectful, kind, safe, and mindful learners. Students have the opportunity to earn "taco" points when they are showing one of these qualities. When they have 10 taco points, they earn either lunch with Mrs. Moring or an inside/outside fun break with Mrs. Moring.</p> <div data-bbox="722 913 917 1071" data-label="Image"></div> <p>I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: Mrs. Moring is Here to Help and join the fun.</p> <div data-bbox="722 1260 1364 1354" data-label="Image"></div>

Mount View Alumni Recognition Nominations are Now Open for 2022!



The purpose of the Mount View Alumni Recognition Award is to inspire current students by highlighting exceptional alumni achievements. The personal and professional accomplishments of previous Mount View graduates will encourage present-day students to reach for the stars!

Nomination forms for the 2022 Alumni Recognition Award are due at the Mount View High School office no later than December 31st, 2021. Anyone may make a nomination. To receive more information, requirements, and the application form, please email mvalumni@rsu3.org or call Vicki at 568-3782 to receive a hard copy.

ADULT & COMMUNITY EDUCATION UPDATE

October 2021

Dear Parents and RSU #3 Community Members,

Hello! This is your new AE director Sue Brennan, and this is my first update to the Community. I hope your Fall is going well.

Like the rest of the state, world and country, Covid has had an impact on us, but it doesn't have us down and out. As a result of the pandemic, we have vastly improved our online teaching capabilities as well as our technology loaner supply. Our students now have more choices than ever to complete their goals. With a combination of online, in home and in school options, we can customize a program for just about anyone!

Another exciting change - we have our own designated classroom in the Complex! We can now offer academic classes during the day. Our Community classes are changing daily, so the best place to look is on our website. The Fitness Center is open again (after being closed for a year). We have added a Community Walk inside the complex on Tue and Th nights, as well as a Community Volleyball. If you have a hobby, skill or interest that you would like to share with the Community, please let us know!

Coming soon: Substitute Teacher Training and we are also reviving the SPICE program for parents/caregivers of children from birth to age 8. There has never been a better time to take advantage of what AE has to offer! Please give us a call.

Sincerely,

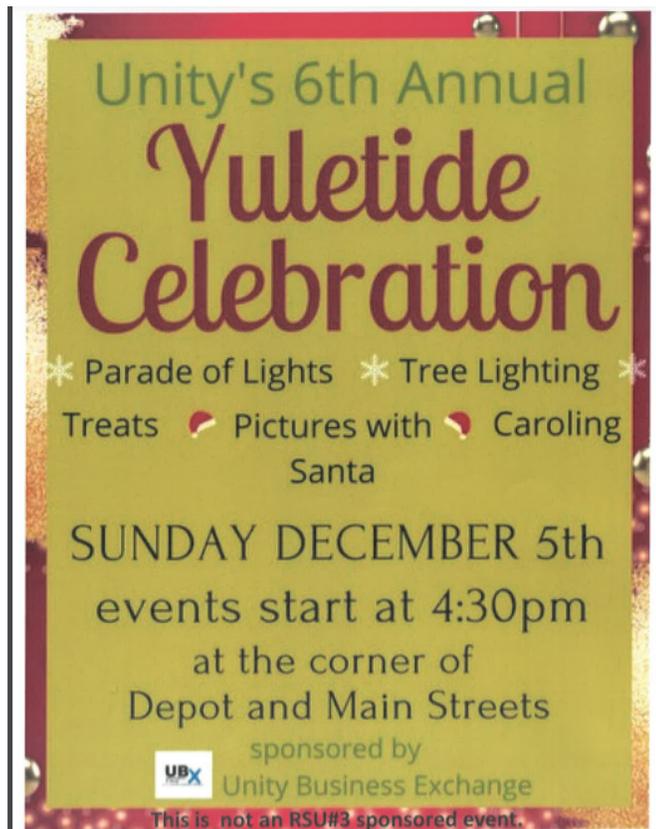
Sue

RSU #3 Adult & **Community** Education

Located at Mt. View High School

Rsu3.maineadulted.org

207-568-3426



Your
Time to
Shine?
Now.



Fun with friends. New adventures.
Making a difference. Explore Girl Scouts today.

**Come check out a FREE Girl Scout activity from one of our many badges
and learn about opportunities to get involved in your community.
Parents & Caregivers, you're invited, too!**

Monday, December 13, 2021 | 5:30 - 6:45 PM

Troy Central School

733 Bangor Rd, Troy, ME 04987

This event is for families looking for information about joining Girl Scouts, not current members. Masks are required for this event. For everyone's safety we ask that if you or your girl are not feeling well, have been exposed to Covid-19 or have tested positive, please stay home.

• This is not a school sponsored event

• In the event that we cannot meet in person due to inclement weather or Covid-19 safety, the event will be held virtually.
Please check the Facebook event for updates or contact us for login information.

[girlscoutsofmaine.org](https://www.girlscoutsofmaine.org) | 888-922-4763 | customer care@gsmaine.org