

May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13 Mother's Day	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28 Memorial Day	29 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Team Camp: 9-12:00 PM BBB Team Lunch: 12-1:00 PM BBB Skills Index Testing GBB Team Camp: 10:00-12:00 (W) G Golf Youth Camp: 8-11:00 AM	30 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM BBB Team Camp: 9-12:00 PM BBB Team Lunch: 12-1:00 PM BB Gym Rats: 6:00-7:00 PM MS BB Open Gym: 7-8:00 PM GBB Team Camp: 10:00-12:00 (W) G Golf Youth Camp: 8-11:00 AM SB Open Field: 8-10 AM	31 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Team Camp: 9-12:00 PM BBB Team Lunch: 12-1:00 PM GBB Team Camp: 10:00-12:00 (W) G Golf Youth Camp: 8-11:00 AM		

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Weight Room: 7:00-8:00 AM BBB Team Camp: 9-12:00 PM GBB Team Camp @ B. Bow WR 1 Leg Camp: 8:30-4:00 SB Open Field: 7:00-9:00 AM VB Open Gym (SR): 6:30-7:00 AM	2
3	4 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM BBB Open Gym: 6:30-9:30 BB 101 Camp: 10-11:30 AM BB Open Gym: 11:30-12:30 PM Little Haymakers Camp: 1-2:30 PM GBB League @ Kearney SB Open Field: 10-12:00 PM VB Open Gym: 6:30-7:15 AM	5 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM (W) BB 101 Camp: 10-11:30 AM BB Open Gym: 11:30-12:30 PM Little Haymakers Camp: 1-2:30 PM VB Sand Volleyball: 7-8:00 PM	6 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM BBB Open Gym: 6:30-9:30 BB 101 Camp: 10-11:30 AM BB Open Gym: 11:30-12:30 PM Little Haymakers Camp: 1-2:30 PM WR Inside Camp: 8:30-4:00 WR Open Mat: 7:00-8:45 PM SB Open Field: 8-10 AM	7 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM	8 Weight Room: 7:00-8:00 AM SB Open Field: 7:00-9:00 AM VB Open Gym (SR): 6:30-7:00 AM XC 5K @ North Platte	9 STRIV All-Star Game @ York, NE GBB Team Camp @ UNK
10 GBB Team Camp @ UNK WR Thorn, MN Camp	11 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM BBB Open Gym: 6:30-9:30 BBB Summer League @ York GBB League @ Kearney T&F PV Camp @ Concordia WR Thorn, MN Camp SB Open Field: 10-12:00 PM	12 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM T&F PV Camp @ Concordia VB Open Gym: 7-8:15 PM XC FCA Camp @ UNK WR Thorn, MN Camp	13 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM BBB Open Gym: 6:30-9:30 BB Gym Rats: 6:00-7:00 PM BBB JV/9 th Team Camp: 7-8:00 PM SB Open Field: 8-10 AM XC FCA Camp @ UNK WR Open Mat: 7:00-8:45 PM WR Thorn, MN Camp	14 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM GBB Team Camp @ Maywood XC FCA Camp @ UNK WR Thorn, MN Camp	15 Weight Room: 7:00-8:00 AM FB OL Camp @ Overton BBB Open Gym: 6:30-9:30 BBB Top 10 Camp @ Riverside GBB Team Camp @ Maywood SB Open Field: 7:00-9:00 AM VB Open Gym: 6:30-7:00 AM VB Sand Volleyball: 7-8:00 PM XC FCA Camp @ UNK	16 XC 5K @ North Platte
17 Father's Day	18 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM BBB Open Gym: 6:30-9:30 BBB Summer League @ York GBB League @ Kearney SB Open Field: 10-12:00 PM VB Open Gym: 6:30-7:15 AM	19 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM VB Sand Volleyball: 7-8:00 PM	20 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM BBB Open Gym: 6:30-9:30 BB Gym Rats: 6:00-7:00 PM BBB JV/9 th Team Camp: 7-8:00 PM SB Open Field: 8-10 AM WR Open Mat: 7:00-8:45 PM	21 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM BBB Gold Crown @ Denver, CO	22 Weight Room: 7:00-8:00 AM BBB Open Gym: 6:30-9:30 BBB Gold Crown @ Denver, CO SB Open Field: 7:00-9:00 AM VB Open Gym: 6:30-7:00 AM	23 BBB Gold Crown @ Denver, CO GBB Team Camp @ Concordia Track Camp @ UNL WR Wilber Clatonia Dual Camp
24 WR Wilber Clatonia Dual Camp	25 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM BBB Open Gym: 6:30-9:30 BBB Summer League @ York GBB League @ Kearney T&F PV Camp @ Concordia WR Wilber Clatonia Dual Camp SB Open Field: 10-12:00 PM	26 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM BBB Skills Testing Index T&F PV Camp @ Concordia VB Open Gym: 7-8:00 PM	27 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM BBB Open Gym: 6:30-9:30 V FB Team Camp: 8:00-11:00 SB Open Field: 8-10 AM WR Open Mat: 7:00-8:45 PM	28 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM BBB Open Gym: 6:30-9:30 GBB Open Gym: 9:30-10:30 or 7:00-8:00 PM V FB Team Camp: 8:00-11:00	29 Weight Room: 7:00-8:00 AM BBB Open Gym: 6:30-9:30 SB Open Field: 7:00-9:00 AM VB Open Gym (SR): 6:30-7:00 AM	30

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM SB Open Field: 10-12:00 PM	3 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM VB Open Gym: 6:30-7:15 AM	4 WEIGHT ROOM CLOSED XC 5K @ North Platte	5 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM	6 Weight Room: 7:00-8:00 AM SB Open Field: 7:00-9:00 AM VB Open Gym: 6:30-7:00 AM XC Group Run: 7:00 AM	7
8	9 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM Speed & Agility: 5:15-6:00 PM FB 7v7 @ North Platte 6-8:00 PM V FB OL Drills: 6:00-6:30 PM VB Open Gym: 6:30-7:00 AM XC Group Run: 7:00 PM	10 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM VB Sand Volleyball: 7-8:00 PM	11 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM Speed & Agility: 5:15-6:00 PM V FB Team Camp @ N. Platte VB Team Camp @ Ord XC Group Run: 7:00 PM	12 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM VB Team Camp @ Adams Cen.	13 Weight Room: 7:00-8:00 AM VB Open Gym: 6:30-7:00 AM XC Group Run: 7:00 AM	14
15	16 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM Speed & Agility: 5:15-6:00 PM FB 7v7 @ North Platte 6-8:00 PM V FB OL Drills: 6:00-6:30 PM SB Team Camp: 6:00-8:00 PM VB Open Gym: 6:30-7:15 AM XC Group Run: 7:00 PM	17 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM SB Team Camp: 6:00-8:00 PM VB Team Camp @ HS	18 Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM Speed & Agility: 5:15-6:00 PM V FB OL Drills: 7:00-7:45 AM V FB 7v7: 7:00-7:45 AM SB Team Camp: 6:00-8:00 PM VB Team Camp @ HS XC Group Run: 7:00 PM	19 Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM SB Team Camp: 6:00-8:00 PM VB Team Camp @ HS	20 Weight Room: 7:00-8:00 AM SB Team Camp: 6:00-8:00 PM XC Group Run: 7:00 AM	21
22	23 HS GYM FLOOR REFINISH Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM Female Agilities: 8:10 AM Speed & Agility: 5:15-6:00 PM FB 7v7 @ North Platte 6-8:00 PM VB Open Gym: 6:00-7:00 AM XC Group Run: 7:00 PM	24 HS GYM FLOOR REFINISH Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM VB Sand Volleyball: 7-8:00 PM	25 HS GYM FLOOR REFINISH Weight Room: 7:00-8:00 AM Female Agilities: 7:00 AM Speed & Agility: 5:15-6:00 PM XC Group Run: 7:00 PM	26 HS GYM FLOOR REFINISH Weight Room: 6:30-10:30 AM Weight Room: 5:00-6:00 PM XC 5K @ North Platte	27 HS GYM FLOOR REFINISH Weight Room: 7:00-8:00 AM VB Open Gym: 6:30-7:00 AM XC Group Run: 7:00 AM	28
29	30 WC GYM FLOOR REFINISH FB Conditioning Lift @ 5:30 PM / Run @ 6:00 PM SB Conditioning: 7:00-8:00 AM VB Conditioning CC Conditioning GG Conditioning Band Camp (Leadership) 8-12 Band Camp (Drumline) 1-4	31 WC GYM FLOOR REFINISH FB Youth Camp: 8-12:00 PM FB Conditioning Lift @ 5:30 PM / Run @ 6:00 PM SB Conditioning: 7:00-8:00 AM VB Conditioning CC Conditioning GG Conditioning Band Camp (Drumline) 8-12				

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 WC GYM FLOOR REFINISH FB Youth Camp: 8-12:00 PM FB Equipment Checkout: 4:00 PM FB Conditioning Run @ 6:00 PM SB Conditioning: 7:00-8:00 AM VB Conditioning CC Conditioning GG Conditioning Band Camp (Lead-9th) 10-12	2 WC GYM FLOOR REFINISH FB Conditioning Lift @ 5:30 PM / Run @ 6:00 PM VB Conditioning SB Conditioning: 7:00-8:00 AM CC Conditioning GG Conditioning Band Camp (FULL) 9-12	3 WC GYM FLOOR REFINISH VB Conditioning CC Conditioning SB Conditioning: 7:00-8:00 AM GG Conditioning Band Camp (FULL) 9-12	4
5	6 Start Fall Practice (FB,SB,VB,CC,GG)	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	