



SOMERTON
SCHOOL DISTRICT NO.11



ELEMENTARY
LUNCH



Monday

Tuesday

Wednesday

Thursday

Friday

Nov 1

Red Sauce Chicken Tamale
Brown Rice WG LG 1/4 cup
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Kidney Beans
Fresh Orange
Mixed Fruit in Syrup

Nov 2

Orange Chicken
Chow Mein Noodle
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 3

Corn Dog
Chips Cheeseballs
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Orange

Nov 4

Nachos (beef & cheese)
Refried Beans
Or
Peanut Butter Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 5

Pizza Pocket
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Whole Kernel Corn
Fresh Orange

Nov 8

Chicken Nuggets
Fries Crinkle Cut 3 oz
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Kidney Beans
Fresh Apple

Nov 9

Beef Tacos
Brown Rice WG LG 1/4 cup
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Orange

Nov 10

Hamburger (beef patty)
Cool Ranch Doritos
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 11

HOLIDAY

Nov 12

Spaghetti with Meat Sauce
Breadstick
Or
Peanut Butter Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Whole Kernel Corn
Fresh Orange

Nov 15

Teriyaki Chicken
Chow Mein Noodle
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Orange
Sliced Peaches in Syrup

Nov 16

Nachos (beef & cheese)
Refried Beans
Or
Peanut Butter Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 17

Pigs in a Blanket
Cheetos Puffs
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Whole Kernel Corn
Fresh Orange

Nov 18

Tostada (beef & bean)
Brown Rice WG LG 1/4 cup
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 19

Chicken Strips
Fries Criss Cut 3 oz
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Kidney Beans
Fresh Orange

Nov 22

Cheese Quesadilla
Refried Beans
Chocolate Chip Cookie
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Nov 23

Roasted Turkey
Mashed Potato
Dinner Roll
Or
Peanut Butter Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Whole Kernel Corn
Fresh Orange

Nov 24

HOLIDAY

Nov 25

HOLIDAY

Nov 26

HOLIDAY

Monday**Nov 29**

Cheesy Beefy Macaroni
Breadstick
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Tuesday**Nov 30**

Hot Dog
Cheetos Puffs
Or
Peanut Butter Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Kidney Beans
Fresh Orange

Wednesday**Dec 1**

Cheese & Pepperoni Pizza
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Whole Kernel Corn
Fresh Apple
Mixed Fruit in Syrup

Thursday**Dec 2**

Oven-Roasted Chicken
Mashed Potato
Dinner Roll
Or
Ham & Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Orange

Friday**Dec 3**

Burrito (bean & cheese)
Brown Rice WG LG 1/4 cup
Or
Grilled Ham &
Cheese Sandwich
and
Iceberg Mixed Salad
Baby Carrots
Broccoli Florets
Celery Sticks
Fresh Apple

Variety of Milk (1% White, Fat-Free White, Fat-Free Chocolate) Offered Daily. This institution is an equal opportunity provider.