



Shawano Middle School Breakfast Menu

October
2022

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Mini Pancakes Breakfast Potatoes Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	4 Breakfast Sandwich Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	5 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	6 Cinnamon Roll Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	7 Breakfast Banana Split Yogurt Parfait Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
10 NO SCHOOL	11 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	12 Long John Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	13 Breakfast Bowl Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	14 Mini Eggo Waffles Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
17 Cheesy Ham Melt Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	18 Blueberry Loaf Hard Boiled Egg Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	19 Coffee Cake Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	20 Yogurt Parfait with Fruit & Granola Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	21 Breakfast Burrito Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
24 Breakfast Flatbread Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	25 Banana Chocolate Loaf Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	26 Plain Bagel Cream Cheese Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	27 Scrambled Egg Whole Grain Toast Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	28 NO SCHOOL
31 Mini Pancakes Breakfast Potatoes Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk				

PRICES

Breakfast Paid \$1/\$1.35
Breakfast Reduced \$0.30

EXTRA INFO

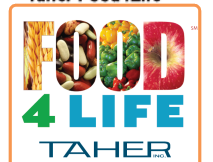
Milk choice of 1% White, Skim or Chocolate Skim is included with Breakfast & lunch. Entree Salads are served with Croutons For questions or comments, contact Robert Reed at 715-526-2175 x8250 or email reed@shawanoschools.org

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
Taher Food4Life®



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Menus are subject to change without notice. This institution is an equal opportunity provider.