



# Shawano Middle School Breakfast Menu

September  
2022

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		31	1 Mini Pancakes Pork Sausage Link  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	2 Breakfast Sandwich  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk
5 No School	6 Sausage Breakfast Pizza  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	7 Cinnamon Roll  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	8 Pancake on a Stick  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	9 French Toast Loaf Hard Boiled Egg  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk
12 Apple Frudel  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	13 Chocolate Chip Muffin Cheese Stick  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	14 Chocolate Long John  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	15 Breakfast Bowl  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	16 French Toast Sticks Breakfast Potatoes  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk
19 Cheesy Ham Melt  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	20 Blueberry Loaf Hard Boiled Egg  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	21 Coffee Cake  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	22 Mini-Cinnis  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	23 Breakfast Burrito  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk
26 Breakfast Flatbread  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	27 Banana Chocolate Loaf Cheese Stick  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	28 Sausage Breakfast Pizza  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	29 Scrambled Egg Pork Sausage Link  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk	30 Brekkie  Choice of Cereal Graham Crackers  Vegetable Selection Fruit or Juice Selection  1% Milk

## PRICES

Breakfast Paid	\$1.35
Breakfast Reduced	\$0.30
Milk	\$0.35
Adult	\$2.56

## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast & lunch.  
Entree Salads are served with Croutons  
For questions or comments, contact  
Robert Reed at 715-526-2175 x8250  
or email [rreed@shawanoschools.org](mailto:rreed@shawanoschools.org)

## HARVEST OF



## THE MONTH

Your MENUS plus more  
information on our app  
Taher Food4Life®



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