

METUCHEN HIGH SCHOOL SHORTS

November 3, 2021

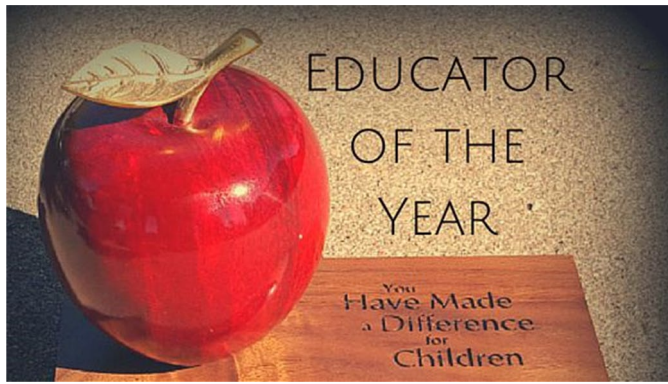
Student & Family Update

WELCOME DR. WIRT

Dr. Jennifer Wirt has officially joined us as Mr. Stike's leave replacement. Please reach out to Dr. Wirt in the same way that you would previously reach out to Mr. Stike.

EDUCATOR OF THE YEAR NOMINATIONS

[Nominations](#) are now being accepted for Metuchen High School's Governor's Educator of the Year and Educational Services Professional of the Year. Please click on the hyperlink above to view the information that was shared by the district. All nominations are due to Mr. Porowski (either via email or by hard copy) by November 19, 2021.



QUARANTINE INSTRUCTION & TRAVELING INFORMATION

Metuchen School District's Road Forward Plan delineates when a student would be excluded from the school. Students are excluded if they are:

- COVID positive;
- Sick with multiple COVID symptoms (worse than baseline for chronic conditions – consult with school nurse);
- An unvaccinated close contact; or,
- Unvaccinated and have traveled out-of-the-tristate-area, per CDC guidelines.

A remote learning option is **only available** for students who are quarantined by the district or who have COVID-19. Students will not have Quarantine Instruction while traveling. If unvaccinated, a student may be excluded upon their return and then qualify for Quarantine Instruction. Please review the district's [Quarantine Instruction Plan 2021-22](#) for more information on how instruction is established under these circumstances.

DISTRICT COVID TESTING AVAILABLE

Metuchen Public Schools is continuing weekly Covid Testing on Fridays from 4-6 pm at Moss gym. However, this week, the testing will be WEDNESDAY, November 3 from 4-6 pm at Moss.

If you are interested in coming Wednesday or in the future for the first time, please complete the info on the link below prior to being tested for the first time. Thank you!

Reminder: There are no out of pocket costs for students and staff. Family members are welcome to test, but we ask that you double check with your insurance carrier to confirm it will be covered.

<https://clnj.mvstack.com/en/patient/registration/32>

IMPORTANT DATES

DATE(S)	EVENT(S)
11/2	The Five Days of Diwali Begin
11/3	MHS Early Dismissal 12:30pm
11/4	Diwali
11/4-5	NJEA Teachers Convention Schools Closed
11/7	DAYLIGHT SAVINGS TIME ENDS
11/8	PTO Meeting 7:30pm
11/9	Board of Education Meeting 8pm
11/12	First Marking Period Ends Fall Play
11/13	Fall Play
11/14	MHS Hall of Fame Inductions
11/19	Report Cards Released 3pm
11/20	SAT I & II Testing
11/22	Instant Decision Day: Fairleigh Dickinson University MMEDO Pie Sale Pickup
11/23	Board of Education Meeting
11/24	Club Picture Day Early Dismissal 12:30
11/25-26	Thanksgiving Break
11/28	Hanukkah Begins at Sundown
11/29	Welcome Back After Thanksgiving Break!
12/2	Instant Decision Day: Montclair State University Science Honor Society Inductions

CHARACTER CORNER: SPORTSMANSHIP

Maya Angelou was quoted saying, "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." This is true in all aspects of our lives. This is especially true at sporting events.

There was a great, concise article posted on MasterClass almost a year ago that provides some guidance about being a good sport entitled *How to Show Good Sportsmanship: 5 Qualities of a Good Sport*. In the article, they explain, "Sportsmanship is when competitors or viewers of competitive events treat one another with respect and exhibit appropriate behavior... Sportsmanship doesn't mean going easy on opponents, because most times, aggression is part of the game. Being a good sport means your conduct is polite and gracious, and that you avoid disrespecting others during game time."

The article goes on to share important qualities of being a good sport: being supportive, having a positive attitude, being respectful, being willing to learn, and practicing self-control.

As we proceed throughout this school year, let's model the same behaviors we expect from others and show good sportsmanship.

To view the full MasterClass article, click [HERE](#).

MHS INSTANT DECISION DAYS

Instant Decision Days are scheduled days and times for seniors meet with a college or university admissions representative. Prior to leaving the meeting, the senior candidate will know if they are accepted to the institution and what scholarship funding they may receive. Seniors do not need to commit to the college or university; the goal is for the senior to know that they have an acceptance under their belt.

Some Instant Decision Days will be virtual and some will be in person. **All applications MUST be submitted ONE WEEK prior to the actual Instant Decision Day date. If a senior is planning on participating in any of the ID Days, they MUST let their School Counselor know via the [ID Day Google Form](#)!**

Please refer back to the [College Application Handbook](#), which has an enormous amount of resources that seniors will need in order to navigate through these next few months.

Questions? Reach out to any one of the MHS School Counselors.

MHS RISE CHALLENGE

Metuchen High School will be celebrating Kindness Week from November 8-12, 2021, which concludes with World Kindness Day on November 13, 2021. Starting on November 8th, Metuchen High School will initiate R.I.S.E., which stands for **Respect, Integrity, Service and Empowerment**. During that time, teachers, administrators, and staff members will be on the lookout to witness students who performed or modeled an act of kindness that involved any of the characteristics identified in R.I.S.E. When they witness R.I.S.E. in action, they will hand out a R.I.S.E. ticket to the student.

For example: During PE, a student was hesitant to get involved in an activity because they were nervous about their skill level. Two students noticed what was going on and approached that individual with the intention to show that they are capable of the skill. This interaction made the learning environment less intimidating. These two students would then receive a R.I.S.E. ticket from their PE teacher for empowering that student.

Students will collect their R.I.S.E. tickets throughout Kindness Week. Near the end of Kindness Week, students will drop off their R.I.S.E. tickets in a box during lunch. Lucky participants earn a chance to win a prize (i.e., a gift card) that will be raffled off. This will be a positive incentive for all students and will help to foster kindness throughout the Metuchen High School Community. Our hope is that the success of this Kindness Week activity can then become an integral part of our school culture throughout the remainder of the school year.

We look forward to seeing our students R.I.S.E. to the challenge!

MHS THANKSGIVING FOOD DRIVE

Help us support the needs of our community! We will be collecting donations for First Presbyterian Church's Food Pantry. THANK YOU!

When: November 9th-17th

Where: Drop off donations in bags outside of the front entrance doors or outside of room 146.

Donate: canned meats, tuna, canned fruits, canned vegetables, canned or dry beans, cereal, oatmeal, pasta, pancake mix & syrup, peanut butter, jelly, stuffing.

NO: Glass items, perishable foods, fresh foods, expired items.