

NHS Dodgeball Tournament Rules

- A Team may consist of six (6) to ten (10)
- Six (6) players on the mat at one time
- Subs may only enter during time-out or in the event of an injury
- Teams are allowed one 30 second timeout per match
- Only wrestling shoes or socks may be worn on the mats, no street shoes on the gym floor.

The boundaries are the wrestling mats. Players should remain in bounds and only leave and return through their end-line to retrieve stray balls or have help from teammates who are not playing.

Object of the game, eliminate all opposing players by:

- Hitting an opposing player with a live ball below the shoulders! (Head shots will result in offending player being eliminated)
- Catching a live ball thrown by your opponent before it touches the ground

Opening Rush:

- Players start behind the end line with three (3) balls.
- After the official starts the match, players will begin competition.
- You may ONLY fire balls from behind the three foot (3ft.) attack line on your side.
- Players who fire in front of the attack line will be eliminated
- A team may only control all six (6) balls at one time for five (5) seconds (Violation: five (5) balls will have to be rolled to the opposing team)

Game Length:

- Clock will countdown from five (5) minutes
- Games end when:
 - One team has eliminated all players from the opposing team or
 - Time expires, at the moment time expires, the team with the most players on the field wins unless there is a tie

Tie Breaker:

- Each team selects one player
- One (1) ball on each side of the field is set in the center, three feet (3 ft.) behind each team's attack line.
- Each player will line up on the right side of his field and approach the center line at the whistle.
- Regular rules apply to sudden death, the first player eliminated, his or her team loses.

The tournament

Please have fun. Please be honest about legal hits and all other contest rules. Please shake hands after play. The decisions of the officials are final. The tournament director (NHS Advisor) and school administration reserves the right to disqualify any team for unsportsmanlike behavior including but not limited to, fighting, inappropriate language, offensive uniforms, arguing with the officials, etc. All decisions of the officials, tournament director and school administration are final and have no chance for appeal.