

What Parents Need to Know About College Binge Drinking

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To some parents, it might be tempting to think that you can “teach” your child how to drink responsibly by allowing them to drink before going to college. Many parents also think that not allowing their children to drink turns alcohol into “forbidden fruit,” increasing the child’s interest in drinking.

Instead, **research has shown that having parents who communicate clear expectations against using alcohol during high school is associated with a lower chance of drinking excessively during college** ¹.

To learn more about how to speak with your child about binge drinking visit:

https://drugfree.org/parent-blog/parents-need-know-college-binge-drinking/?utm_source=email&utm_medium=parent&utm_campaign=college-binge-drinking#more