

# Kayenta Unified School District No. 27

## MITIGATION PLAN

July 2021

Table of Content	
1	INTRODUCTION
1	GUIDING PRINCIPLES
1	OUTLINE OF THE PLAN – roles and responsibilities
2	DISTRICT MITIGATION TO INFRASTRUCTURE, OPERATIONS, AND POLICY
2	FAMILY AND STUDENTS’ ROLES AND RESPONSIBILITIES
4	TRANSPORTATION DEPARTMENT’S ROLES AND RESPONSIBILITIES
5	EMPLOYEE ENTRY PROCEDURE INTO BUILDINGS
6	EMPLOYEE EXPOSURE OR POSITIVE FOR COVID-19
7	STUDENT ENTRY PROCEDURE INTO BUILDINGS
6	STUDENT DISPLAYING SYMPTOMS/ILLNESS OR POSITIVE FOR COVID-19
7	FOOD SERVICES ROLES AND RESPONSIBILITY
7	PARENTS AND VISITORS
8	SUMMARY
8	MEDICALLY FRAGILE EMPLOYEES
9	MEDICALY FRAGILE STUDENTS
9	POOL TESTING FOR COVID-19
	POWER OUTAGE – ELECTRICITY FAILURE
	APPENDIX
	Case Investigation Workflow (COVID-19) Contract Tracing Workflow (COVID-19) How to Collect an Anterior Nasal Swab Specimen for COVID-19 Testing How to Collect a Nasal Mid-Turbinate Specimen for COVID-19 Testing

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Secondary Contact: Lemual Adson, Superintendent

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/contact-tracing.html>

The mitigation plan is under constant review and subject to amendment due to changing circumstances and the environment surrounding COVID-19.

## **INTRODUCTION**

Kayenta Unified School District No. 27 (KUSD) has created this plan to assist the user in navigating the many processes and procedures to keep employees and students safe. The plan is also required by the Arizona Department of Education (ADE) and the Arizona Department of Health (ADOH). The plan uses guidelines from Center for Disease Control (CDC), Arizona Department of Health Services Navajo County Health Department and the Navajo Department of Health.

There are two key components to reopening school buildings for in-person instruction. First is the quality of the school's mitigation plan, or the "how". This plan outlines strategies the school will implement to reduce the spread of COVID-19 among students and employees upon reopening school buildings regardless if the building is open for onsite support services or in-person instruction. This plan must be adopted, implemented, and will be posted on the LEA's website before onsite learning, in-person learning services may begin. The second is the level of spread occurring within the community, or the "when". Both the school's individual mitigation plan as well as degree of community spread are equally important in determining when it is safe to reopen a school building.

## **GUIDING PRINCIPLES**

- Employee and student safety measures are established and implemented
- Employees and students will routinize daily behaviors to support a safe environment
- Parents, guardians, families and students have an active role and responsibility to provide a safe environment to self and others as students return to school
- Health guidelines guided the development of this plan

The district is committed to employee and student privacy laws. Employee and student names related to COVID-19 will be provided to the District Safety Coordinator, the Executive Director of Human Resources and the Superintendent. Others may be included at the discretion of the three listed above. At no time will names be provided to any requests for information. Any exception to the release of information will be considered by the Superintendent or Executive Director of HR.

## **OUTLINE OF THE PLAN – roles and responsibilities**

The intent of this plan is to provide processes and procedures in an efficient and effective manner and allows ease to navigate and to locate the most appropriate processes and procedures. The plan will begin with (1) District mitigation to Infrastructure, Operations, and Policy; (2) family and students' role and responsibilities; (3) transportation department's role and responsibilities; (4) employees entry procedures into buildings; (5) employee exposure or positive for COVID-19; (6) student entry procedures into buildings; (7) student exposure or positive for COVID-19; (8) food services role and responsibilities; and (9) parents and visitors;

Kayenta Unified School District No. 27 (KUSD) employees are required to use professional judgement and be reminded of the need for privacy laws as it applies to employees and students.

## **DISTRICT MITIGATION TO INFRASTRUCTURE, OPERATIONS, AND POLICY**

All district school buildings have been fitted with Global Plasma Solution (GPS) units. The units are designed to purify the air with technology in which ions capture particles creating a neutral airflow via

August 11, 2021

the ventilation system. Purified air enters the areas in which employees and students are present. The system has demonstrated to remove 99.4% reduction of SARS-CoV-2 to become inactive.

School will be cancelled when the HVAC system is not operating properly. Ventilation is critical during times when the students and employees are in the buildings. Employees and students are to immediately report to the front office if there are concerns with ventilation.

All student restrooms have been equipped with no-touch toilet flusher, urinal flusher, and sinks. Paper towels are available and air hand dryers have been disabled. All water fountains have been replaced with no touch bottle fillers. Those water fountains not fitted with no-touch have been disabled.

Hallways are all marked to promote one-way movement. MVHS has installed barriers in the middle of the hallway to remind students to maintain physical distancing. Employees will be assigned to monitor the hallways and common areas to ensure physical distancing among all students.

Additional available spaces within the school is assigned to limit interaction among large groups of students. Example are the Nash gym, Nash auditorium, courtyards, outdoor spaces, library if available, empty classrooms, administrative building vacant rooms, cultural center, and other areas.

The custodial employees sanitize and disinfect all school entrances and heavy traffic areas after employees and students have passed through each day. All classroom and office areas are disinfected daily. A checklist is developed and is used to document the efforts by custodial employees to ensure a safe environment. Deep cleaning will occur once per week.

The governing board has implemented a no field trip policy. Employees may travel in state with Superintendent approval and out-of-state travel will be approved by the governing board. The travel must be deemed essential based on the department administrator and supervisor if applicable.

The governing board has an approved mask policy. Policy GBGB-R; JICA-RB; KI-RB; date: \_\_\_\_\_

For SY 21-22 the district will not require mandatory vaccination of employees. Data provided and collected from the Arizona Department of Education (ADE) and the Arizona Department of Health (ADOH) will guide any amendments regarding employee vaccinations. Executive orders from the governor of Arizona will guide decision-making for this plan as it applies to mandatory vaccinations. Recommendations regarding vaccinations are based on the CDC, the Arizona Department of Education, Navajo County and the Navajo Department of Health.

The governing board and administrators recommend all employees be vaccinated. Those employees with medical or religious exemptions as defined by the Equal Employment Opportunity Commission (EEOC) will contact Human Resources and administrators regarding exemptions.

### **FAMILY AND STUDENTS' ROLES AND RESPONSIBILITY**

Mitigating the spread of COVID-19 is not an exclusive responsibility of the schools. While in-school transmission of COVID-19 can be relatively low when mitigation strategies are in place, schools do not operate in a vacuum. It remains critical for all community member to do his or her part to lessen the chance of the spread of COVID-19. It take a community effort to support and manage the safe reopening of schools for in-person learning.

August 11, 2021

Note: The governing board and administrators recommend all age-eligible enrolled students be vaccinated.

1. Family Responsibilities begin before sending the student to school
  - a. KUSD 27 COVID-19 Waiver, Release, and Assumption of Risk Form (Appendix A) This form outlines the responsibilities of parents before sending their student to school.
    - i. Acknowledges COVID-19 and wholly volunteers student's participation in school
    - ii. Certify student is in good health and has no fever. Parent are encouraged to take the student's temperature before departing for school.
    - iii. Understand and recognizes symptoms of COVID-19
    - iv. Will keep student home if ill. If one student in the home is ill or displaying symptoms all the students from the same household will stay home. It is necessary to contact the schools of the other students that must remain home.
    - v. Waive, release, and discharge any and all claims caused of any kind against the district.
2. Parent shall remind students of their responsibility to contribute positively to the learning environment and to promote safety. This is vital in order to keep schools open.

#### **TRANSPORTATION DEPARTMENT'S ROLES AND RESPONSIBILITIES**

The bus drivers are the first to come in contact with students and families each day. After a genuinely traumatic year, the transportation department continues to provide an essential service. Families and students shall report any illness and complete their part before allowing students to board the bus for school. The buses are the connection between the community and the school. The following guidelines will provide a layer of mitigation to ensure the virus will not be transmitted to the school.

1. Bus loading in the morning

NOTE: school registrars will make effort to schedule students from the same households to attend school on the same day. This will apply for Hybrid Scheduling. This allows the students to sit together and allows more students on the bus.

- a. The bus driver will ask if any students are ill or displaying any symptoms.
  - b. Healthy students from the same household may sit together
  - c. Bus windows will be left open to create circulation of air, but not create a hazard and it will be weather dependent
  - d. If the parent alerts the bus driver of an ill student in the home all the students in the home shall not be allowed to attend school
  - e. When shall the student be allowed to return to school? After the student is free of symptoms of illness for three consecutive days and has no fever without taking medication the student may return to school. Additional guidance can be offered by the school health technician.
2. Transportation to school shall be available.
    - a. The bus driver will take the temperature of the student before boarding the bus.
    - b. Students will board the bus from the rear to the front and sit only in marked seats that supports physical distancing.
    - c. Mask are required at all times while riding the bus. Face shields are optional.

- d. Personal belongings brought from home will be limited to items of necessity.
  - e. Transportation employees will sanitize the buses each time the buses are used to transport students
3. Bus loading in the afternoon
- a. Teachers will take the temperature of students before departing the classroom for bus load up.
  - b. Students will board the bus from the rear to the front and sit only in marked seats that supports physical distancing.
  - c. Mask are required at all times while riding the bus. Face shields are optional.
  - d. Transportation employees will sanitize the buses each time the buses are used to transport students.
  - e. Physical distancing markers are provided on the walkways to remind employees and students of spacing at the bus load up area. Students will stand on the designated spot and employees will remind students as necessary.

### **EMPLOYEE ENTRY PROCEDURES INTO BUILDINGS**

KUSD employees have a responsibility to be the role model for implementing behaviors to mitigate the spread of COVID-19. Responsible behaviors and constant reminders to students about following protocols will help to resume normal operations.

This entry procedure includes all outside organizations, programs, and departments using district facilities (NATIVE District, Navajo Nation Self-reliance, Navajo Nation Headstart, Critical Nurse Staffing, Inc., Roots Home Health Care, and Four Corners Healthcare). This procedure also applies to all vendors, contractors, and visitors to district facilities.

Visitors are not allowed into any district facilities without prior approval from the Superintendent. Program managers or supervisors will make request to the Superintendent for visitors. The Superintendent will consider approval for special circumstances. Sign in sheets will continue to be required at the designated entry.

- a. All employees will enter and exit from the designated location to minimize exposure. This will also ease the burden of sanitizing the facilities. Employees will maintain physical distancing while waiting to enter.
  - i. Administrators have the option of offering other entry points to ease lines and waiting time for entry.
  - ii. Hand sanitizer will be available.
  - iii. Sanitize pens will be available for use.
- b. Facemasks are required. Policy GBGB-R; JICA-RB; KI-RB;
  - i. There may be facemask exemption for employees with medical conditions. Use of face shields *alone* are not an alternative.
  - ii. Employees typically in the work location alone are allowed to remove mask. Mask will be don when visitors are present.
- c. Sign in sheets with signature to attest to the following:
  - i. I am not ill
  - ii. I have no fever

- iii. I have no difficulty breathing
  - iv. I have no cough
  - v. I have not knowingly been in contact with any person COVID-19 positive
1. No-touch temperature screening will occur. Any fever of 100.4° will be documented and the building administrator will be contacted. The employee will be sent home.
  2. Sanitize hands upon entry.
  3. Upon entry, employees will proceed directly to work area. Indicators on floor or walls will promote physical distancing while moving around the building. Employees will access minimal areas of the buildings during the workday.
  4. Follow the entry process again upon return from lunch or break.
  5. Custodians will sanitize all areas each day.
  6. Deep cleaning will occur once per week.
  7. Employee restroom use procedures will be determined by the building administrator and communication will be provided to custodians to ensure sanitization procedures are completed as necessary.

#### **EMPLOYEE EXPOSURE OR POSITIVE FOR COVID-19**

All employees have experienced physical, mental, emotional, and social trauma the last year. Prevention from contracting COVID-19 can be greatly reduced by getting vaccinated, physical distancing, wearing mask and washing hands. However, there may be instances in which employees become exposed to the virus. Exposure does not mean a positive presence of the virus. Employees must regulate behavior and monitor physical well-being daily. If you feel ill, stay home.

1. Possible Exposure of employee to COVID – 19,
  - a. Communicate to the administrator the possible exposure. The administrator will contact the Superintendent and the district safety coordinator
  - b. Leave the building and do not re-enter the building until approved by the district safety coordinator or department / school administrator.
  - c. Quarantine for the required number of days as determined by the district safety coordinator.
  - d. Employees are encouraged to be tested for COVID-19 after five days
  - e. Stay in communication with your administrator. If necessary family members may wish to contact the administrator for you
  - f. Custodians will sanitize the whole building or classroom after 24 hours . Spray sanitizers will be used and all employees will leave the building where sanitizing is occurring
2. Do we send all employees home?
  - a. NO. Employees following the entry protocol and following safe behavior such as wearing masks, and maintaining physical distancing will not require sending all employees home. The District Safety Coordinator will provide additional guidance.
  - b. YES. If an employee spends more than 10 minutes with an infected or exposed co-worker. *The district safety coordinator will offer additional guidance.*
  - c. Outbreak Defined. *ADHS Reporting Requirement*
    - i. Two or more individuals report COVID-19 symptoms to the facility (with or without confirmatory testing) within 14 days and the most plausible transmission mechanism is at the facility.

- ii. Multiple individuals are out sick above what is the usual or expected for the facility without any clear transmission link.
3. Employees will stay home if they are ill. The following protocol applies only during COVID-19 pandemic.
  - a. New loss of taste or smell – go home / stay home
  - b. Fever ( $\geq 100.4^\circ$ ) or chills- go home / stay home
  - c. Muscle or body aches – go home / stay home
  - d. Headache – go home / stay home
  - e. Shortness of breath or difficulty breathing – go home / stay home
  - f. Diarrhea – go home / stay home
  - g. Nausea or vomiting – go home / stay home
  - h. Persistent Cough – go home / stay home
  - i. Unexplained Fatigue – go home/ stay home
  - j. Sore Throat– go home/ stay home

### **STUDENT ENTRY PROCEDURE INTO BUILDINGS**

Students have missed more than a year of effective learning. Age-eligible students are encouraged to be vaccinated. Students must recognize symptoms and be able to communicate to parents when they do not feel well. Do not wait to come to school to report feeling ill. Following the entry protocol each day will eventually become a routine of the daily school experience. Students have a tremendous responsibility to ensure schools are not closed due to reckless behavior.

1. Entering the building.

NOTE: The schools eventually will install thermo-imaging scanners at each schools' entry ways. The imagers will automatically capture the temperature of students as they enter the schools.

  - a. As students enter the school building they are screened with no-touch thermometers and are required to sanitize their hands before entering.
  - b. The school will provide multiple entry ways for students to preven student from waiting and congregating. Please contact the school to determine which entry ways are available for students.
  - c. Students will stand on the marked spots while waiting for entry screening. Employees will monitor students and remind students of physical distancing
  - d. Mask are required, however mask breaks are provided periodically for students to remove mask following CDC guidelines.
    - i. During onsite learning students will be allowed to remove mask while seated in their area for a break, but are to replace the masks as soon as the break is over.
    - ii. No sharing of mask among students is allowed
    - iii. Mask will be worn when physical distancing is not possible
  - e. Students will remove masks to eat meals/snacks/drinks.
  - f. Anytime the student stands up from the desk they will wear their mask.

### **STUDENT DISPLAYING SYMPTOMS/ILLNESS OR POSITIVE FOR COVID-19**

1. Students participating in learning displays symptoms

- a. Immediately send the student to the isolation room. It is preferred the isolation room have a door that leads directly to the exterior of the building. Determine if siblings are present in the other schools and they shall be moved to the isolation rooms at their location. All siblings will be sent home.
  - b. Contact parents.
  - c. The parent will take the student home and any siblings from the same household.
  - d. If the family is unable to pick up the student the schools will contact the District Safety Coordinator
  - e. Health technician or delegated employee will provide guidance to the parent of the about the necessary procedure for the students to return to onsite learning.
  - f. Employees assigned to monitor the student will not be sent home unless symptoms appear. The District Safety Coordinator will provide additional guidance.
2. The isolation room will provide the following PPE: masks, gloves, gowns, face shield (optional), for both the employee and student, and thermometer. The isolation room will also have a phone and computer for communication purposes. A handheld radio is recommended. Student privacy is necessary if communication is made using the radio.
  3. Onsite learning monitors will observe and report any consistent health symptoms to the administrator.
    - a. Sneezing repeatedly.
    - b. Coughing is persistent.
    - c. Runny nose that will not stop.
    - d. Fever

Contact the administrator.

### **FOOD SERVICES ROLES AND RESPONSIBILITIES**

The food services department has the primary responsibility of providing a nutritious meal to students. Food preparation in the schools follow the guidelines of the U.S. Department of Agriculture (USDA) and the Center for Disease Controls (CDC).

1. Breakfast
  - a. Food services has determined the number of students the cafeteria may safely accommodate using physical distancing guidelines.
  - b. Tables have been set up to promote physical distancing.
  - c. Plexiglass screens are set on the tables to provide a safety barrier while students eat.
  - d. Disposable items will be used.
  - e. Each school has their own process in the location of where they will have the meal. The early childhood and elementary school students will return to the classroom to eat. MVHS will use the cafeteria, the courtyard, and the outdoor dining area.
2. Schools.
  - a. Each school will use the cafeteria based on occupancy of 50% or less.
  - b. Employees will be assigned to monitor students.
  - c. Schools will provide additional spaces for meals such as the gymnasium or other larger areas. Example: MVHS will use the cafeteria, the courtyard, and the outdoor dining area. KES may use the gymnasium.



August 11, 2021

- d. Staggered schedules will be used to ensure safe numbers of occupancy. Example: Lunch A, Lunch B.

### **PARENTS AND VISITORS**

Visitors shall not be allowed in the buildings without prior permission of the department administrator. This includes parents, family members, and contractors/vendors.

This procedure includes all outside organizations, programs, and departments using district facilities (NATIVE District, NN Self-reliance, NN Headstart, Critical Nurse Staffing, Inc., Roots Home Health Care, and Four Corners Healthcare). The Superintendent will consider approval for special circumstances.

Visitors are not allowed into any schools unless prior approval from the principal has been received. Appointments are necessary for all meetings. Clients of any non-district organizations, programs, and departments are not allowed into district facilities unless prior approval has been obtained from the Superintendent. Department managers of non-district organizations may contact the Superintendent. The Superintendent will consider approval for special circumstances.

1. Parents:
  - a. Zoom meetings are preferred
  - b. By appointment, only parents may visit with administration in an adequate space following physical distancing requirement.
  - c. Follow the school screening protocol for entry
  - d. Parents may visit teachers in-person by appointment only. Parents may work with the building principal to make arrangements.
2. Contractors, Vendors, others (Headstart, KBC renters)
  - a. Zoom meetings are preferred
  - b. Follow the school screening protocol for entry
  - c. By appointment only vendors may visit with department managers in an adequate space following physical distancing requirement and mask are worn. The entry screening form is necessary.
3. Employees visiting other buildings or departments
  - a. Zoom meetings are preferred
  - b. Appointments are encouraged
  - c. Follow the school screening protocol for entry
  - d. In-person meetings are allowed in adequate spaces, using physical distancing, and appointment for the meeting. Employees and visitors will wear mask.

### **SUMMARY**

The mitigation plan is an evolving document based on data, changes in public health order, executive orders and local conditions. The intent of this document is to provide guidance to employees, parents, families and students. The best intentions of plans is not the document, but the application of consistent behaviors based on the guidance provided in this document. All employees, parents, families and students have a role in creating a safe learning environment to keep our schools open.

**MEDICALLY FRAGILE EMPLOYEES.**

Human Resources assist employees to complete two forms: (1) Fitness for Duty form and (2) Reasonable Accommodation form. The forms request information and verification from their physician and allows for supervisor and employee to engage in an interactive process to agree on the reasonable accommodation that does not place a burden on the district.

**MEDICALLY FRAGILE STUDENTS.**

School principals will use the 504 Plan Process. The 504 Plan is a plan developed to ensure that a child who has a disability identified under the law and is attending an elementary or secondary educational institution receives accommodations that will ensure their academic success and access to the learning environment. The medically fragile student will have equal access to education through this process.

**POOL TESTING OF STUDENTS FOR COVID-19.**

Covid-19 testing of students will be weekly. Parents can opt in by submitting permission forms so their child can participate in the program. Screening of students using the recommended process by the AZ Department of health in partnership with Concentric by Ginkgo will be implemented. The screening uses a pool method. Pool testing involve mixing 5 to 25 samples together in a “pool” and then testing the “pool” all together. Results can be available in 24 hours. If a positive case is identified in the “pool” then indifucal test are needed to determine who was the positive case. Pool tests increases the number of people that can be tested with the same amount of resources.

**PLAYGROUNDS AND OUTDOOR ACTIVITY AREAS**

Playgrounds are currently off limits to school and community members.

ECE

KES

KMS

MVHS

**POWER OUTAGE – ELECTRICITY FAILURE**

Regarding safety and power outage. Ventilation in the school buildings is crucial.

The procedure for students in the event of an electrical power outage.

1. Move the students to an outside location after the power has been out for 15 minutes. Use the nearest exit doors similar to the fire drill exit. Bus drivers will be contacted to return to the work station at this time.
  - a. The Nash gym and beets gym is okay for a limited number of students. Open doors is necessary. Limit the number of students based on the District Safety Coordinator’s recommendation, however if it begins to get stuffy then move the student outside. Sitting under the school building awnings is recommended to stay out of the sun. Other shady areas are recommended. Continue to wear mask.
  - b. Student will take personal items with them so they do not have to return to the building.

August 11, 2021

- c. It is recommended student have water if they are to be outside.
  - d. The teacher will provide hand sanitizer for students as a precautionary measure.
2. After an additional 15 minutes (30 minutes total), school will be called off for the day. Schools will begin contacting parents about school closures.
3. If the electrical power is restored within 30 minutes then wait for an all clear before re-entering the building. The power outage causes interruption of internet access that subsequently causes HVAC restoration to be dependent on internet restoration. The all clear will come from the District Safety Coordinator or the Operations Director.

It is often difficult to determine when the electrical power will be restored. Student and employee safety is the priority and this procedure is the best process to ensure safety.

## **APPENDIX**

Case Investigation Workflow (COVID-19)

Contract Tracing Workflow (COVID-19)

How to Collect an Anterior Nasal Swab Specimen for COVID-19 Testing

How to Collect a Nasal Mid-Turbinate Specimen for COVID-19 Testing

# Basics of Contact Tracing in Schools & School Staff Response

NN HCOC Community Mitigation Team

August 2021



# Key Questions (and outline)

1. What to do if an individual comes to school with symptoms
2. What to do if you learn that an individual who tests positive was in school
3. What to do if an individual has an exposure
4. How do these scenarios differ by vaccinated vs unvaccinated
5. What are the testing options



# Social Distancing in Schools

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- **School and Classroom Physical Distancing**
  - Promote at least 3-6 feet apart from one another
  - Maintain 6 feet and/or do activities outdoors if increased exertion/breathing
- **Eating and Lunch Breaks**
  - Masks off, so maintain 6 feet and/or do activities outdoors
- **Buses**
  - Masks on!
- **Cohorting**
  - Groups of students and staff who interact mostly only with each other to prevent potential COVID-19 spread.



Note: School guidelines change frequently; please check the most recent Navajo Nation school guidelines

**What to do if an  
individual comes to  
school with symptoms**

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# What to do if an individual comes to school with symptoms



## Immediately Isolate student

- Notify parents to pick them up and take them home



## Advise parent / guardian

- ASAP: Get tested for COVID-19 and notify school of result
- Get clearance letter from health care professional – must provide before returning to school.
- Confirm best phone number to be reached



## Return to school

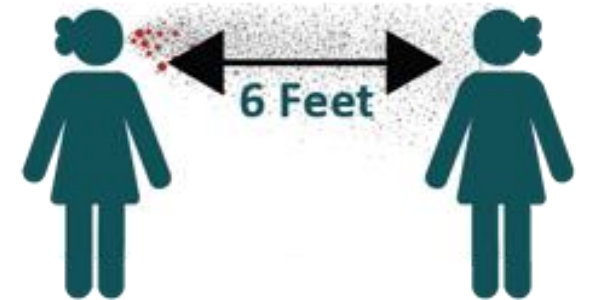
- Communicate internally to staff that student cannot attend school without clearance letter
- Allow student to return once clearance letter received



What to do if you learn that  
an individual who tests  
positive was in school



# REMINDER



## What's a "Close Contact"?

- Someone who was within 6 feet of a COVID-19 case for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes).
- Remember: people can spread COVID-19 **starting 2 days before they have any symptoms** (or, if no symptoms, 2 days before positive test collected) until they finish isolation. Ask about close contacts during that entire infectious period.

### Exception to Close Contact Definition – for Schools:

- Students who were within 3 to 6 feet of an infected student where **both students were engaged in consistent and correct use of well-fitting masks**; and other K–12 school prevention strategies (such as universal and correct mask use, physical distancing, and increased ventilation) were in place in the K–12 school setting.
- This exception only applies to students, not adults

# What to do if an individual who tested positive was in school



## Investigate

- Gather Key info from student, school staff, and parent
- When did symptoms start?
- Last day at school/work?
- Vaccination status
- Past positive (COVID positive in the last 90 days)?
- Identify all close contacts (work site/classroom, staff & students)



## Notify Close Contacts

- If unvaccinated: pick up, take home, and get tested ASAP
- If vaccinated and no symptoms: ok to stay in school; get tested 3-5 days after exposure.
- If vaccinated and symptoms: pick up, take home, and get tested ASAP
- If "past positive": ok to stay in school



## Isolate and Quarantine

- Positive case and any close contacts who are sent home
- Communicate internally that student cannot attend school without clearance letter
  - Student can return once clearance letter received




## Reporting

- Local public health authority: provide information on Case and Close Contacts
- Navajo Nation Health Exposure Portal within 24 hours
- Weekly public notification



What to do if an individual  
has an exposure (inside or  
outside of school)

A large yellow triangle is positioned in the bottom right corner of the slide, pointing towards the top right.

# What to do if an individual has an exposure (inside or outside of school)



## Advise parent / guardian

- ASAP: Take student home, get tested for COVID-19 and notify school of result
- Get clearance letter from health care professional – must provide before returning to school.
- Confirm best phone number to be reached



## If positive test result

- Complete steps in previous slide




## Return to school

- Communicate internally to staff that student cannot attend school without clearance letter
- Allow student to return once clearance letter received



How do these scenarios differ by vaccinated vs unvaccinated?

A yellow right-angled triangle is positioned in the bottom right corner of the slide, pointing towards the top-left.

# If You are Exposed to Someone with COVID-19



Unvaccinated  
(or partially  
vaccinated)

Quarantine for full 14 days  
after last exposure

Testing recommended



Fully  
Vaccinated  
(2 weeks after 2<sup>nd</sup> dose  
Pfizer/Moderna, or 2  
weeks after J&J)

May be allowed to return  
to school if they do not  
have any symptoms

Testing recommended 3-5  
days after exposure, or  
ASAP if symptoms

- Individual recommendations depend on healthcare provider / contact tracing team
- Always require a letter from a health care professional to return to work or school



# What To Do If...

...you are exposed to someone with symptoms of or confirmed COVID-19.

Do you have symptoms?

NO

Yes

You need a PCR test 3-5 days after exposure regardless of vaccine status.

AND

If fully vaccinated:\*

Wear mask indoors in public for 14 days after exposure or until test result is negative.

If not fully vaccinated:

Quarantine for 14 days\*\* and watch for symptoms.

- You need a PCR test regardless of vaccine status.
- Contact your healthcare provider.
- Isolate from others in your home - use a separate bedroom, bathroom, utensils, and avoid common areas of the home as much as possible.

\*Contact your local health provider on whether you can return to school\*



# Communication tips

## Need-to-know

- Reassure all staff / parents that anyone who has been exposed will be notified and oriented on what do to
- For any COVID-19 case, don't need to notify those who were not exposed

## Protect confidentiality

- Don't use names
- For internal communication about clearance letter, don't need to specify if the individuals was a close contact or case
- If someone is diagnosed through school, let them know that school is required to share information with public health authorities; this is in order to make sure that person and people close to them get the resources they need to stay safe

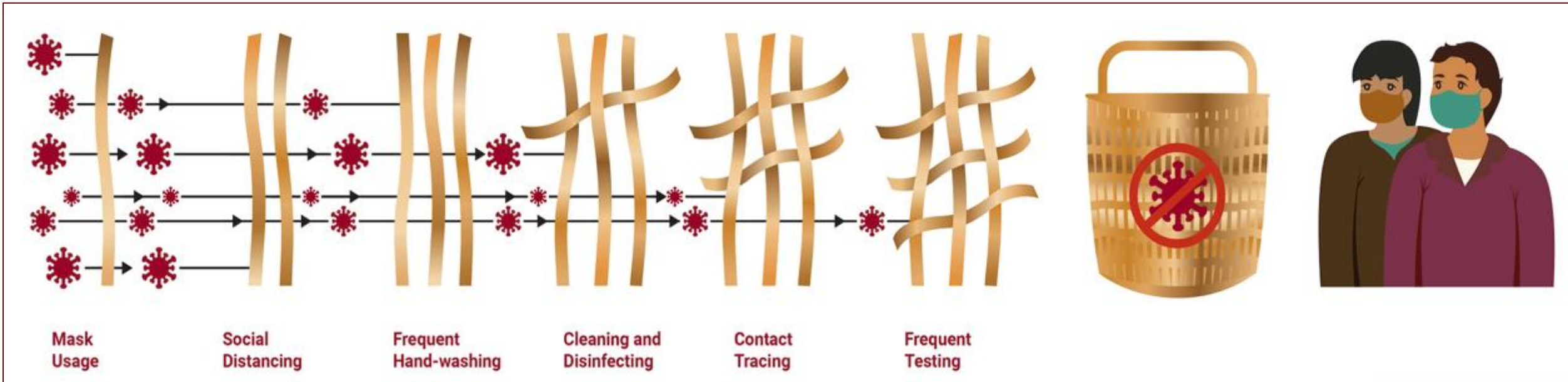


<https://keepcalms.com/p/don-t-panic-keep-calm-and-carry-on-learning/>

**What are the testing  
options**

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# Testing: Another layer we weave into the basket to keep our schools safe

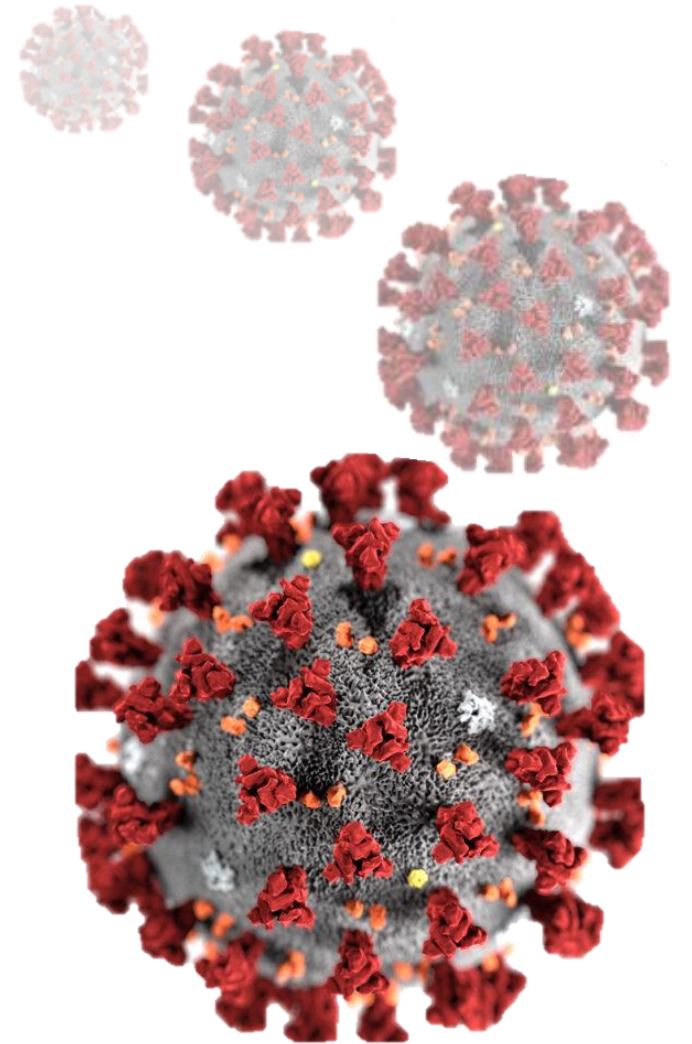


# Navajo Nation COVID-19 Safe Schools Framework

Strategy	Setting & Description		Frequency based on transmission level				
			Critical/Very High	High	Substantial	Moderate	Low
<b>Screening Testing</b> (Options are in the Additional Information section)	Classroom	Regular testing of teachers, staff, and students	Recommended 1-2x per week for teachers/staff/students			Optional 1x per week for teachers/staff	
		Sports	Low and Intermediate Risk	Recommended 1x per week		Optional 1x per week	
	High Risk		Recommended 2x per week		Optional 1x per week		

# COVID Testing

- Testing can help determine if a person has COVID, but testing is not perfect
  - Positive results: **very** accurate
  - Negative results: less accurate, may be **false negative**
- The virus must develop enough in the respiratory system to be detected
- Who should be tested?
  - Anyone with possible COVID symptoms
  - Anyone around someone with COVID
  - Anyone who would like a test



# Viral Testing Options

## PCR

- Most accurate
- Results in 1-3 days
  - Sometimes can be done in hours depending on lab

## Antigen

- Less accurate; more accurate if patient has symptoms
- Results in <1 hour
- May have home testing option in the near future





# REMINDER

What's the best way to prevent COVID?

Get **VACCINATED!**



# Resources

Navajo HCOC Safe Schools Community of Practice – Wednesdays 3pm

- Join Zoom Meeting  
<https://jh.zoom.us/j/92172260922?pwd=ZWVFSzE1QVN2WmJna0d1WGVtMmloZz09>

Navajo Department of Health Safe Schools Framework

- <https://www.navajoreopening.navajo-nsn.gov/COVID-19-Safe-Schools-Framework>
- <https://www.navajoreopening.navajo-nsn.gov/COVID-19-Safe-Schools-Framework/School-Exposures>

Johns Hopkins Center for American Indian Health

- <https://caih.jhu.edu/schoolresources/>

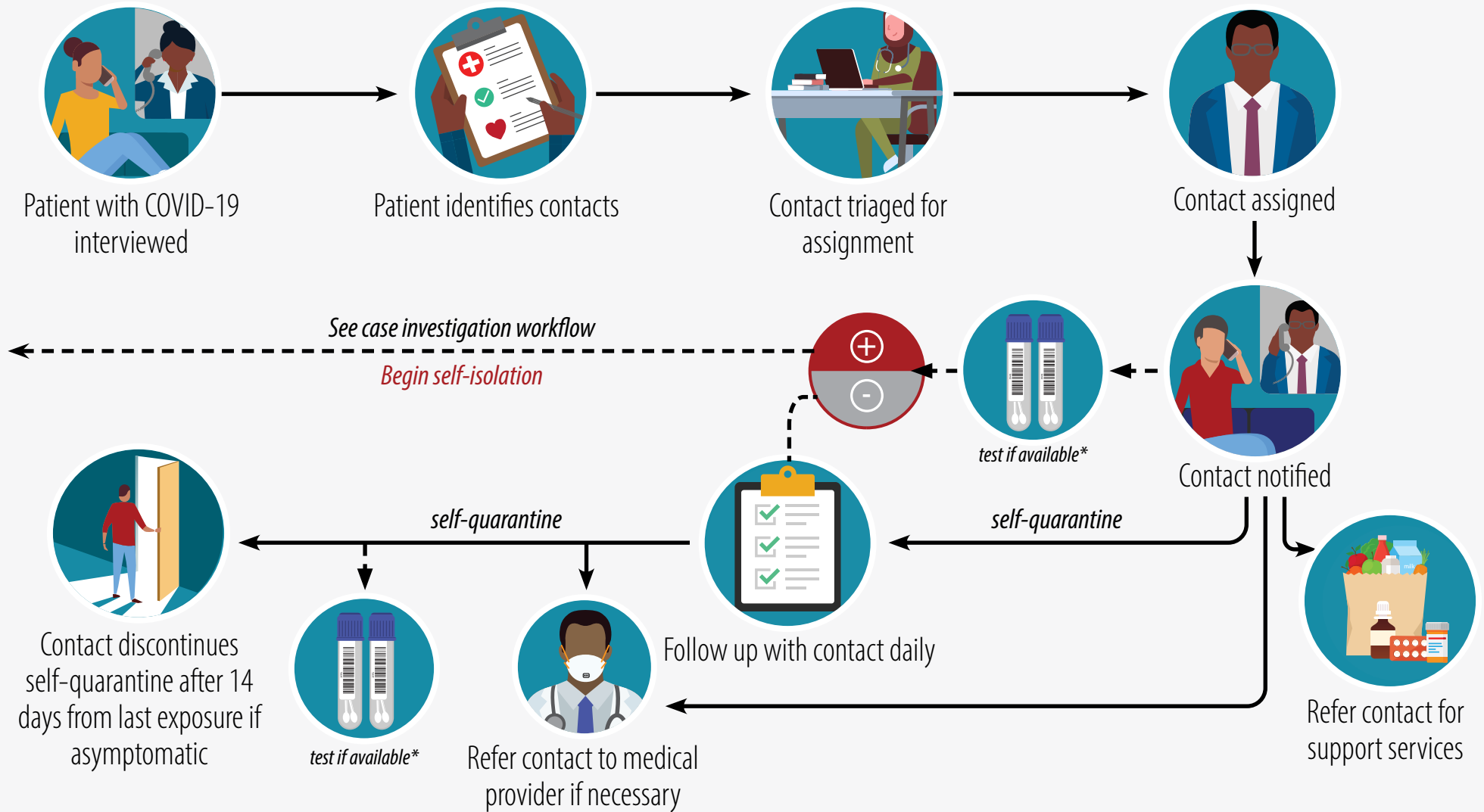
Center for Disease Control School Guidance

- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html>



# CONTACT TRACING WORKFLOW (COVID-19)

Accessible version <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/contact-tracing.html>



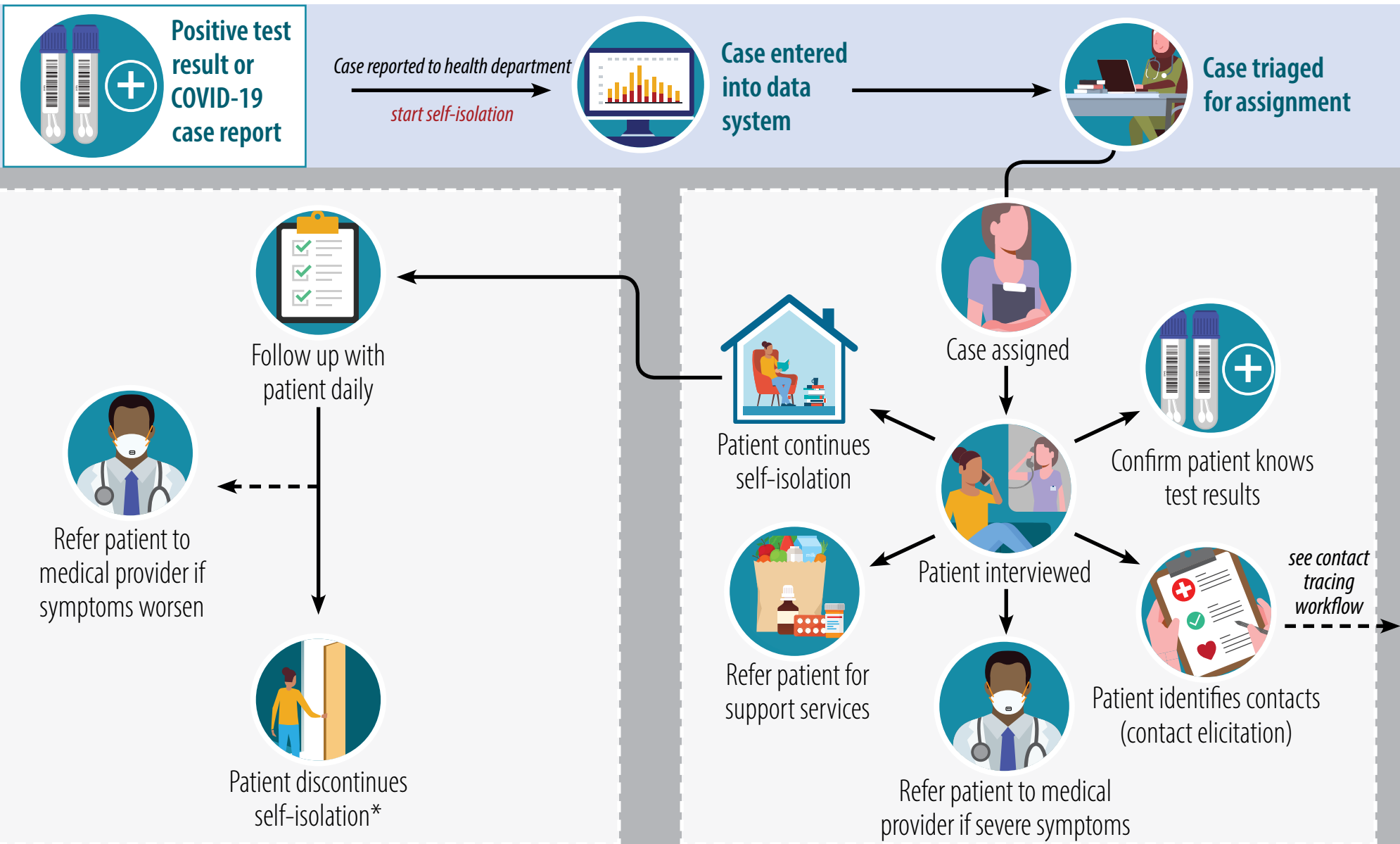
\*if contact tests positive or develops COVID-19 symptoms, case investigation is necessary.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

# CASE INVESTIGATION WORKFLOW (COVID-19)

Accessible version <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/investigating-covid-19-case.html>



\* The decision to end self-isolation should be made in context of local circumstances. Strategies based on symptoms, time, and test results can result in different time frames.



[cdc.gov/COVID19](https://cdc.gov/COVID19)