

NOVEMBER 2021

West Harrison Community School

This institution is an equal opportunity provider

LUNCH

School Information:



6th-12th may have the option of salad bar. You must sign up by 9:00 a.m. Yogurt/ Cheese Stick is offered in place of the main dish for 6th -12th grade. 9-12 grade is offered extra fruits and vegetables to meet the USDA requirements. **Menu is subject to change without notice.**



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

All Grain Bread Items are Whole Grain Rich. A choice of 1% and Fat Free Milk is offered

MONDAY

Taquito/Salsa
Mexican Salad
Refried Beans
Fruit Fixings

1

TUESDAY

Chic" Penne
Caesar Sala/Calif. Cass.
Garlic Bread/Fresh Fruit

2

WEDNESDAY

National Sandwich Day
Uncrustable
Fresh Veggie Sticks
Juice Cup
WG Chips
Rice Krispy Treat

3

THURSDAY

Bosco Cheese Sticks
Pasta w/Sauce
Fresh Veggies
Fresh Fruit

4

FRIDAY

Mandarin Chicken
Spinach Salad
Stir Fry Veggies
WG Rice/WG Muffin
Pineapple/Watermelon

5

Tomato Soup/Crackers
Grill Cheese Sandwich
Fresh Veggie Sticks
Fruit Cup

8

Chicken Nuggets
Potato Smiles
Mixed Vegetables
Fruit Cup

9

Hot Ham and Cheese
Scallop Potatoes
Calico Beans
Fruit Cup

10

Veterans Day
Tator Tot Casserole
Green Beans
WG Dinner Roll
Fruit Fixings

11

Beef Philly Cheese Sandwich
Pickle Spear/Veggie Sticks
Cole Slaw
WG Doritos
Fresh Fruit Fixings

12

Beef and Noodles
Mash Potatoes/Peas
WG Bread
Fruited Jell-O
Fruit Fixings

15

Taco Salad w/Fixings
Refried Beans
Golden Corn
Taco Party Mix
Fresh Fruit

16

French Bread Pizza
Marinara Sauce
Very Veggie Salad
Fresh Fruit Fixings

17

Holiday Feast

18

Hamburger
French Fries
Bake Beans
Fruit Fixings

19

**No School
Fall Break**

22

**No School
Fall Break**

23

**No School
Fall Break**

24

**National Parfait Day
No School
Fall Break**

25

**No School
Fall Break**

26

Chili Pie w/Fritos
Simply Salad
Fresh Fruit Fixings
Peanut Butter Bar

29

Cheesy Noodles
w/Beef
WG Biscuit
Mixed Veggies/Celery Sticks
Fruit Cup

**MENU MAY CHANGE
DUE TO FOOD SUPPLY
SHORTAGE**

