

What to Do After Receiving Test Results

Oklahoma Schools COVID-19 Prevention Program

Post-Testing COVID-19 Guidance for Parents

After your child participates in COVID-19 testing, you will be notified privately of their test results via the phone number on file with your school.

FOR A NEGATIVE RESULT

Approximately one hour after the test result is entered, a HIPAA-compliant text will be sent to the cell number on file of the student being tested (parent/guardian cell number for minors) with instructions on how to access the test result. Instructions also will be sent to the email address on file, which will include a link to a secure portal to access a letter from the Oklahoma Commissioner of Health.

FOR A POSITIVE RESULT

If a student tests positive, the school will notify the student or their parent/guardian by calling the number on file. Approximately one hour after the test result is entered into the State Infection Reporting System (SIRS), an email will be sent to the address of the parent/guardian on file with a link to a secure portal to access a letter from the Oklahoma Commissioner of Health.

- ☞ You may seek a confirmatory COVID-19 PCR test for the student through a health care provider, laboratory or local County Health Department. Additional testing is NOT required, however.
- ☞ Any additional testing should occur within 48 hours of the initial test.
- The PCR test results may take up to 72 hours to be reported to you.
- Please follow the information below while you wait for the PCR test results.

All positive COVID-19 tests will be reported to the Oklahoma State Department of Health (OSDH) through SIRS. OSDH will contact you at the phone number on file with your school by text message (866.730.6849) or phone call (405.522.0001). If you prefer to speak with OSDH directly prior to receiving a text message or phone call, you may call them at 405.522.0001.

Below, please see an example text message that is similar to what OSDH will send:

Example Text Message

[Client initials]; The Oklahoma State Department of Health (OSDH) needs to contact you regarding the monitoring of your health. I give consent to receive text messages from OSDH. I

Commented [BC1]: I think it would be more user-friendly if this were highlighted or framed to delineate the sections (negative results, positive results, and the strongly recommended section)

Commented [MM2R1]: Implemented that suggestion

Commented [MN3]: Is this a stand alone document? If so, can we put a header or title?

Commented [BC4R3]: agree

Commented [MM5R3]: Agree and added

Commented [KD6]: Need to get this in line with what is in the parent FAQ. I like this wording better. The other one makes it sound like they SHOULD get the PCR confirmatory test and I thought we only wanted them to do this if they were concerned about the validity of the rapid test result.

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understand that the information I provide is voluntary. If I withhold consent for text messaging, I understand I will be contacted via telephone. Please reply Yes or No.

We strongly recommend you do the following after receiving your positive test result to keep your family and those around you safe from COVID-19:

Notify close contacts. Tell anyone your child has been in close contact with about this positive test. Anyone who has come in contact with your child from two days before their symptoms start (or date of testing if they do not have symptoms) through 10 days after that date are possible exposed contacts who you should notify. The current CDC definition of a “close contact” can be found [here](#). Close contacts are recommended to stay home and away from public places and school (“quarantine”) for 10 days after their last date of contact with your child. They can choose to get tested 5-7 days after their last date of contact with your child, and if they are negative, they can exit quarantine on the 8th day after their last date of contact with your child.

Stay home and isolate for 10 days after symptoms start or, if no symptoms are present, 10 days following the date of test collection. Return to public places and school on day 11.

This program is supported by the Scientific Programs and Development Branch within the Division of Preparedness and Emerging Infections of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling **\$468,415,739.00** with 100 percent funded by Scientific

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