



# BEAR TRACKS

OCTOBER 29, 2021

## UPCOMING EVENTS

### PARENT TEACHER CONFERENCES

November 9th and 10th

*Date and time of conference sent home today.*

### HOLIDAY

November 11th  
School not in session



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# Monroe Elementary School

Phone: (207) 525-3504  
Email: [mkreider@rsu3.org](mailto:mkreider@rsu3.org)

[www.rsu3.org](http://www.rsu3.org)

Fax: (207) 525-8599  
Email: [hstonge@rsu3.org](mailto:hstonge@rsu3.org)

## A NOTE FROM OUR PRINCIPAL

I can't believe it is already the end of October. The students and staff have settled into their new classrooms, their routines and finding creative ways to explore their academics. I am so proud of our school community how they have handled the challenges of navigating school during a pandemic. In a time that we, families, staff and children, are more than likely experiencing some kind of stress in our lives, I would like to remind us all to stop and smell the roses. I mention this as I truly believe our mental health is important. We ALL need to take time to stop and enjoy the things in life that make us happy; things that help us relax. We need to find the positive in this crazy time and use it to move forward; not to just survive our daily lives, but to thrive! Take time for a walk, read a book by a loved author, play a game with friends or family or just sit and enjoy the beauty of the changing season. And if you find yourself in need of help, please ask for it. Together we can accomplish great things! If you have any questions or concerns please contact the office. [mkreider@rsu3.org](mailto:mkreider@rsu3.org)

***Once a month you can take a look at what is happening in different classes here at Monroe Elementary.***

<p><b>Gardening</b> <b>Ms. Johnston</b> <a href="mailto:djohnston@rsu3.org">djohnston@rsu3.org</a></p>	<p>We continue to be out and about in our garden! With such a mild fall, we still have some kale and tomatoes growing in our garden! We recently planted garlic and a cover crop of winter rye in some of our raised beds. Students have also been investigating the spectacular six basic parts of a plant. Some classes did leaf rubbings and went on a seed hunt around our schoolyard. Ask your littles about the jobs of leaves and seeds!</p>
<p><b>Music</b> <b>Ms. Dupuy</b> <a href="mailto:jdupuy@rsu3.org">jdupuy@rsu3.org</a></p> 	<p>Music in October has flown by! We continued to focus on the importance of living our Monroe P.A.W.S. and used it to set goals for ourselves and our class. Students are working hard to try new things even if they are hard or we just don't want to do it and have had the opportunity to practice perseverance! I have truly enjoyed my time at Monroe!!</p> <p><b>Ms. Dupuy will be starting as a K-5 Interventionist for RSU3. We will miss her ideas, energy, sincerity, and care that she showed every student here at Monroe. We welcome Mr. Hernandez starting in November.</b></p>



**Monroe Elementary School and PTO,**  
*Ask to be a member for updates & info.*

**K/1**  
**Miss Cianchette**  
*lcianchette@rsu3.org*



The K/1 class has been learning about seasons and weather. In connection with the autumn season, we did pumpkin explorations! We measured the height of our pumpkins as well the distance around them. I think we had the most fun decorating our pumpkins! The class has been having a great time playing and learning together, and we take every opportunity to show our P.A.W.S!

**2/3**  
**Mrs. Norgang**  
*rnorgang@rsu3.org*

2/3 wrapped up our first social studies unit of the year on Wabanaki Peoples. Students learned about the history of Maine, including pre and post settlement. We learned about the four tribes that make up Wabanaki: Penobscot, Micmac, Maliseet and Passamaquoddy. Students created a weaving as a final project for this unit, here is Cameron showing off his finished weaving!



**4/5**  
**Mrs. Trask**  
*btrask@rsu3.org*

4/5 students have been working hard on their independent state of Maine learning projects. Some students have created posters, kahoots, slideshows, and handouts to present to the class. They are also making tremendous progress following the P.A.W.S. vision in class, and have enjoyed the school-wide rewards as well as the classroom rewards. Keep up the great work 4/5!

**PE**  
**Mr. Ballard**  
*tballard@rsu3.org*

PE is going great at Monroe. We are working on a variety of strength and conditioning skills. The energy from all the children is amazing, positive and contagious. I am proud of the effort, attitude and caring that the children give everyday in PE - great job let's keep it going



**Library ~ Mrs. Quimby ~ *aquimby@rsu3.org***

K/1 students created their own Creepy Carrots and Creepy Pair of Underwear after reading both stories by Aaron Reynolds. We had a great time because they are both silly and creepy at the same time! These will go home with students next week. We are working on ABC order with all students to learn about the way our library is organized, and older students are starting work on learning non-fiction organization. Many students are still checking out lots of new and fun books, challenging themselves and asking for different topics or genres they haven't