

Head Lice Procedure for Trumansburg Central School District

- To better manage and to limit the spread of head lice infestations, the school nurse will notify the parent or guardian of any student who has been determined to have head lice by the end of that school day.
- Students will not be excluded from school but parents or guardians will be given the option of picking the student up early in order to perform the treatment procedure.
- The student will be instructed not to hug classmates or share personal items such as hats, brushes, accessories.
- The school nurse will instruct the parent or guardian to treat the student for head lice that night and will instruct them on how to treat head lice properly by giving information on the biology and life cycle of head lice and the most appropriate treatments to use according to the District Medical Director.
- When appropriate, the school nurse will notify parents or guardians of classmates to encourage them to check their students for head lice.
- The school nurse will use their discretion to determine the best plan of care for the individual student when they return to school. The school nurse will recheck the student for head lice if it is appropriate.
- Students will not be called to the health office daily for head lice checks. This makes some students feel singled out, self-conscious, and uncomfortable. Staff shall maintain the privacy of students identified as having head lice.
- If there is a persistent issue with the same student for more than 30 days, a note or visit summary should be obtained from the student's primary healthcare provider, showing that the student has been evaluated and is being treated for head lice.

A dimethicone-based treatment is strongly recommended to treat lice infestations. Dimethicone is a silicone-based polymer that lubricates the hair, making removal of nits and lice easier. The polymer also causes physical blockage of the respiratory system of the louse and has been documented as highly effective at killing head lice. No head lice resistance has been reported or is likely to occur with this product. There are several dimethicone-based products, available without a prescription online and in some pharmacies. Since it is an effective treatment (particularly when used in conjunction with manual nit removal), and non-toxic to people, many consider this an ideal first line treatment for head lice. Similar to other treatment protocols, the head should be inspected closely for 10 days, and a second treatment after 7 days is advised.

Examples of dimethicone-bas lice treatments include Dimethicone LiceMD gel, Rapunzel's Lice Neutralizer, Hedrin 4% Dimethicone Head Lice Lotion, KaPOW! Lice Attack Solution, Suave Kids Lice Removal Kit



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