



Parker Jr. High

November
2021

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Toasted Cheese Sandwich Baked Beans Celery Sticks	2 Italian Meatball Sub Steamed Green Beans Romaine Lettuce	3 BBQ Chicken on Ciabatta Mashed Potatoes Gravy Steamed Corn	4 Breakfast Sandwich Choice Steamed Carrots Cucumber Slices Clementine Orange	5 Cheesy Italian Flatbread Broccoli Florets Red Peppers
8 Crispy Chicken Sandwich Roasted Cauliflower Romaine Lettuce	9 Pasta with Meat Sauce Rip Stick Breadstick Steamed Green Beans Romaine Lettuce	10 Toasted Cheese Sandwich Homemade Tomato Soup Cucumber Slices Baby Carrots	11 No School	12 Roast Turkey & Gravy Whole Grain Dinner Roll Mashed Potatoes Glazed Carrots
15 Pancakes Easy Egg Bake Breakfast Potatoes Celery Sticks	16 BBQ Chicken Sandwich Steamed Carrots Broccoli Florets	17 Soft Beef Tacos Refried Beans Salsa	18 Cheese Pizza Romaine Lettuce Cucumber Slices	19 Hot Turkey Ham & Cheese Sandwich Roasted Cauliflower Baby Carrots
22 No School	23 No School	24 No School	25 Happy Thanksgiving!	26 No School
29 French Toast Breakfast Potatoes Baby Carrots	30 Hotdog on Whole Grain Bun Baked Beans Cucumber Slices			

PRICES

EXTRA INFO

Assorted Fruits available daily
Milk (1% White, Fat Free White and Fat Free
Chocolate) available daily

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
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