

NOVEMBER 2021

Flossmoor School Dist. 161



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mini Corn Dogs- 6each Jicama- 1/4 cup Green Beans- 1/2 cup Orange Mustard/Ketchup	2 Salisbury Steak with Gravy Baby Carrots- 1/4 cup Corn- 1/2 cup Applesauce Dinner Roll	3 BBQ Chicken Filet Sandwich Fresh Broccoli- 1/4 cup Mashed Potatoes- 1/2 cup	4 Turkey Ham & Cheese on Croissant Spinach Salad- 1 cup Grape Tomatoes- 1/2 cup Craisins Ranch Dressing/Mustard	5 Mac & Cheese with Turkey Ham Black Beans, 1/2 cup Peas, 1/4 cup Fresh Red Apple
8 Baked Chicken Leg Parsley Carrots- 1/2 cup Potato Salad- 1/4 cup Fresh Red Apple Sliced Bread	9 Beef Taco Meat-3oz Salsa Cup Corn- 1/2 cup Mixed Fruit Cup Brown Rice-1/2 cup Shredded Cheddar-1oz	10 Turkey Sloppy Joe Spinach Salad-1/4 cup Grape Tomatoes-1/2 cup Mandarin Orange Fruit Cup	11 NO SCHOOL	12 Veggie Chili Cucumber Slices-1/2 cup Fresh Red Apple Dinner Roll
15 Nacho Puff- 1 each Baby Carrots-1/2 cup Salsa Cup Diced Pears	16 Popcorn Chicken-10 pieces Cauliflower-1/4 cup French Fries-1/2 cup Tangerine Dinner Roll Ranch Dressing/Ketchup	17 Ravioli with Marinara Fresh Broccoli- 1/4 cup Mixed Vegetables-1/2 cup Applesauce Cup	18 Chicken Filet Sandwich BBQ Three Bean Salad-1/2 cup Baby Carrots-1/4 cup Diced Peach Cup Ranch Dressing/Mustard	19 Oven Roasted Turkey Corn-1/2 cup Mashed Potatoes-1/4 cup Banana Cornbread Muffin
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 Mini Corn Dogs- 6each Jicama- 1/4 cup Green Beans- 1/2 cup Orange Mustard/Ketchup	30 Swedish Meatballs Baby Carrots- 1/4 cup Corn- 1/2 cup Applesauce Dinner Roll			