



Farmdale Elementary School
100 Winder Ave
Merced, CA 95341

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**LUS TSO CAI RAU KEV TSHAWB FAWB COV MENYUAM YAUS UAS TSI MUAJ MOB HAUV CALIFORNIA
(CALIFORNIA HEALTHY KIDS SURVEY)
TSEV KAWM THEEM PIB**

Nyob Zoo txog rau Tus Leej Niam Leej Txi lossis Tus Saib Xyuas,

Koj tus menyuam yuav raug hais kom tuaj koom nrog peb lub tsev kawm li Kev Tshawb Fawb Cov Menyuum Yaus Uas Tsis Muaj Mob Hauv California (California Healthy Kids Survey) uas raug txhawb nqa los ntawm Rooj Tsav Xwm Saib Xyuas Kev Kawm Hauv California. Qhov no yog ib qho kev tshawb fawb tseem ceeb heev uas yuav pab txhim kho ib ncig kev kawm ntawv ntawm lub tsev kawm, txhim kho kev kawm tiav thiab ua kom muaj kev noj qab nyob zoo dua qub thiab nyob kaj nyob huv hauv peb cov tub ntxhais hluas, thiab tiv thaiv cov teeb meem xws li kev siv tshuaj txhaum cai thiab kev siv dag zog ua phem. *Koj tus menyuam tsis koom nrog kev tshawb fawb no los yeej tau. Kev tuaj koom yog kev yeem dawb xwb thiab koj yuav tsum tso cai.*

Cov Ntsiab Lus Kev Tshawb Fawb. Kev tshawb fawb yuav suav sau tej xov xwm hauv cov kev txhawb nqa uas lub tsev kawm ntawv muab rau cov menyuam yaus; kev ua haujlwm sib txuas hauv lub tsev kawm ntawv; tag nrho ib puag ncig (climate) thiab kev nyab xeeb hauv tsev kawm ntawv; thiab cov cwj pwm uas muaj kev pheej hmoo tsis zoo xws li kev haus dej haus cawv, haus luam yeeb thiab haus tshuaj lwm yam.

Koj tuaj yeem saib daim qauv lus nug nyob rau hauv lub tsev ua haujlwm ntawm lub tsev kawm lossis nyob ntawm koj tsev ua haujlwm saib xyuas koog tsev kawm tus vev xaib <https://www.weaverusd.org/o/fes>

Tuaj yeem saib pom qhov ua tau los ntawm kev tshawb fawb ntawm tsev ua haujlwm saib xyuas koog tsev kawm rau ntawm www.wested.org/chks/reports uas yog ntaus lub npe tsev ua haujlwm saib xyuas koog tsev kawm.

Nws yog Kev Tsaus Siab Ua Pub Dawb. Cov tub ntxhais kawm tus uas txaus siab tuaj koom tshawb fawb raws li koj kev tso cai tsuas yog tuaj teb cov lus nug uas lawv xav teb thiab lawv tuaj yeem tsum tsis koom tau txhua lub sij hawm.

Nws yuav tsis raug qhia npe. Yuav tsis muaj kev sau npe nkag lossis muab lub npe ntaus nkag rau cov foos tshawb fawb lossis tej ntaub ntawv. Tag nrho cov kev tshawb fawb yuav raug ceev tseg kom zoo tsis pub lwm tus neeg paub.

Kev Tuav Tswj Dej Num. Kev tshawb fawb yuav raug ua rau hauv **11/15/2021-12/15/2021**. Nws yuav siv ib ntus sij hawm li thaum chav kawm ntawv siv thiaj yuav ua tiav (kwv yees li 50 feeb) thiab yuav raug ua nyob hauv koj tus menyuam tej chav kawm [regular 5th grade].

Farmdale Fox Creed- To be a Fox, Repeat in your mind: Be Safe, Be Responsible, Be Respectful, and Kind!



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Cov Kev Pheej Hmoo Tsis Zoo Uas Ntxim Li Yuav Muaj. Yuav tsis muaj kev pheej hmoo tsis zoo raug mob fab nrog cev rau koj tus menyuam. Tej zaum yuav muaj kev laj xav lossis txaj muag me ntsis xwb. Nyob rau 15 xyoo ntawm kev tshawb fawb yav dhau los tsis muaj ib tug neeg twg raug mob. Tsuas muaj me ntsis xws li tej thaum muaj ntsis meem txom txog cov lus nug xwb. Lub tsev kawm ntawv tsoom neeg ua haujlwm pab cuam fab kev pab tswv yim yuav muaj cov kws lis haujlwm los pab teb cov lus nug ntsig txog tus kheej yog koj muaj lus nug.

Ntsig Txog Xov Xwm Ntau Ntxiv. Kev tshawb fawb raug txhim kho los ntawm WestEd uas yog ib lub koom haum ua haujlwm kev kawm ntawv zej tsoom pab pej xeem sawd daws. Yog hais tias koj muaj lus nug ntsig txog qhov kev tshawb fawb no, lossis nug txog koj li kev muaj cai ces hu xov tooj rau lub tsev ua haujlwm saib xyuas koog tsev kawm ntawm

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Daim Foos Tso Cai Ntawm Niam Txiv Hauv CHKS

Thov caw ntaus cim rau qhov hauv qab no tias koj kam muab kev tso cai lossis tsis kam muab kev tso cai, es kos npe rau, thiab xa daim foos no rov qab tsis pub dhau peb hnuv mus rau tus xib fwb uas yais daim foos:

___ Kuv **muab kev tso cai** rau kuv tus menyuam tuaj koom hauv Kev Tshawb Fawb Rau Cov Menyua Yaus Uas Tsis Muaj Mob Hauv California.

___ Kuv **tsis muab kev tso cai** rau kuv tus menyuam tuaj koom hauv Kev Tshawb Fawb Rau Cov Menyua Yaus Uas Tsis Muaj Mob Hauv California.

Qauv Tes Kos Npe: _____ Hnuv Tim: _____

Kuv tus menyuam lub npe yog: _____ (Thov Caw Sau Nkag)

UA TSAUG RAU KEV SAU TIAV THIAB XA DAIM FOOS TSO CAI NO ROV QAB TUAJ